kHealth: A Personalized Healthcare Approach for Pediatric Asthma

Utkarshani Jaimini  
*Wright State University - Main Campus, jaimini.2@wright.edu*

Hong Y. Yip  
*Wright State University - Main Campus*

Revathy Venkataramanan  
*Wright State University - Main Campus, chandrasekaranvenkataramanan.2@wright.edu*

Dipesh Kadariya  
*Wright State University - Main Campus*

Vaikunth Sridharan  
*Wright State University - Main Campus, sridharan.7@wright.edu*

*See next page for additional authors*

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Authors
Utkarshani Jaimini, Hong Y. Yip, Revathy Venkataramanan, Dipesh Kadariya, Vaikunth Sridharan, Tanvi Banerjee, Krishnaprasad Thirunarayan, Maninder Kalra, and Amit Sheth

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kHealth: A Personalized Healthcare Approach for Pediatric Asthma

U Jaimini¹, H Y Yip¹, R Venkataraman¹, D Kadariya¹, V Sridharan¹, T Banerjee¹, K Thirunarayan¹, M Kalra², A Sheth¹*

¹ Ohio Center of Excellence in Knowledge-enabled Computing (Kno.e.sis), Wright State University, Dayton, OH, ² Dayton Children Hospital, Dayton, OH

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kHealth

A knowledge enabled analytical framework for continuous monitoring of chronic disease, its progression, and the patient’s health.

kHealthDash (secure, anonymized cloud hosted RT monitoring/analysis)

Visualize Multimodal Data Streams & Patient Data for Correlation Analysis interpreted with the help of knowledge graph (relevant medical knowledge)

Findings (subset)

From the ongoing trial involving pediatric asthma patients, based on 110 patients out of 150 study cohort, with over 75% patient compliance:

❖ At Cohort Level: (1) 36.6% of the children’s asthma was Very Poorly Controlled, 25.6% was Not Well Controlled, and 37.8% was Well Controlled. (2) Among the Very Poorly Controlled, 30% were Highly Compliant towards their controller medication intake suggesting their re-evaluation for change in medication/dosage, but 50% were Poorly Compliant and candidates for more timely intervention to improve compliance to mitigate their situation.

❖ At Personal Level: (1) For 28% of the patients deployed in winter - Particulate Matter (PM2.5) was the major contributor for 80% of them. (2) For 21% of the patients deployed in spring - pollen was the major contributor for 63% and PM2.5 for 19% of them. (3) 18% of the patients deployed in Fall - pollen and PM2.5 was the major contributor for 29% and 21% of them, respectively. (4) For 7% of the patients deployed in summer - PM2.5 and Pollen were the major contributors for 40% and 20%, respectively.

❖ Insights for Augmented Personalized Health: Strategies for Self Monitoring, Self Appraisal, Self Management, and/or Intervention.

Acknowledgement

kHealth Kit for Pediatric Asthma involves multi-sensors collecting personalized multimodal data streams (clinical notes, mHealth application, PGHD and outdoor environmental observations); > 30 parameters involving up to 1852 data points/day, collected throughout 1 or 3 month patient participation

Questions investigated (Goals)

❖ Can we assess the asthma control level, determine vulnerability, and medicine compliance for a patient?
❖ Can we understand the causal relationship between the asthma symptom and possible factors responsible for it?
❖ Can we reduce the number of asthma attacks through continuous monitoring of the patient’s health condition?