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The Guardian, Week of November 5, 2018

Wright State University Student Body

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WEEKLY HOROSCOPES
NOVEMBER 5, 2018
BY SARAH CAVENDER

NOVEMBER 5-9

ARIES – You are made of lava dear Aries. So when someone says “the floor is lava” on Thursday, melt into the floor. You have won the floor is lava game for now and always.

TAURUS – You are made of turkey bacon Taurus. If you are a vegan I am sorry. You are what you don't eat in this situation.

GEMINI – Gemini you are made of apple slices and nutella. Sweet and healthy.

CANCER – You are made of tears cancer. You're so emotional please get a grip.

LEO – You are made of sunshine Leo. Shine bright like a diamond should be your go to song this week.

VIRGO – You are made of bleach and Clorox wipes dear Virgo. You really need to stop cleaning things, it's starting to affect your health breathing all those products.

LIBRA – You are made of medium roast coffee Libra. Always so full of energy and eye twitches.

SCORPIO – You are made of nirvana Scorpio. You also smell like teen spirit so you might need a shower.

SAGITTARIUS – You are made of snow globes and jewelry box music Sagittarius. It's cute and eerie at the same time.

CAPRICORN – You are made of Olive Garden breadsticks and salad dressing Capricorn. Maybe you should chill on the OG for a bit.

AQUARIUS – You are made of wildflowers Aquarius. Keep blooming and growing your beauty.

PISCES – You are made of ocean waves and sandy beaches Pisces. We are all jealous of your wandering heart.

LAST WEEK'S SPORTS RESULTS
NOVEMBER 5, 2018
BY ARIAN MCNEIL

Several sports were in action this past week, with solid performances all around. Women's Soccer, Men's Basketball, Men's Soccer and Women's Volleyball all hosted home games. The Men's Tennis team traveled to Cleveland State for an Invitational this past weekend.

Women's Soccer loses to Detroit Mercy 0-2

The Women's Soccer team ended their season on Monday Oct. 29, losing to Detroit Mercy in a Horizon League Quarterfinal Match. The game was hard fought, with the Raiders taking five shots on goal throughout the entirety of the game. After the first half, the match remained scoreless but it did not remain that way with Detroit Mercy coming out to play in the second half. Detroit Mercy managed to score two goals within a matter of minutes to win the game 2-0 and advance in the tournament.

Women's Volleyball defeats Oakland

It was an easy day for the Volleyball team when they hosted Oakland on Oct. 31. The Raiders cruised to a 3 set to none victory. The set scores were 25-21, 25-19 and 25-16. Sophomore Celia Powers had 13 kills and Freshman Lainey Stephenson had 31 assists. The win puts the team at 13-12.

Men's Basketball wins exhibition game

The Men's Basketball team hosted Notre Dame College on Oct. 31 for an exhibition game to kick off the season. The Raiders won 86-51. The team opens the season Nov. 7 against Western Carolina.

Men's Soccer comes out on top

The Men's Soccer team hosted Milwaukee Nov. 2 for their final Horizon League game. It was Senior Night for the Raiders and they came out with a strong 4-0 win against Milwaukee. This win gives the Raiders the Horizon League Title and sets Wright State up for hosting the Horizon League Tournament.

Men's Tennis travels to Cleveland State

The Men's Tennis Team competed in the Cleveland State University Viking Invitational this past weekend. The Raiders had a tough go at it on the first day of competition. In the main draw only Javier De La Villa won a singles match, defeating Youngstown State in a close three setter. The

Raiders had a few more wins on the second day of the tournament, with everyone competing in the losers bracket, or backdraw. The men had 5 singles wins and 3 doubles wins.

WWSU RADIO – THE MORNING AFTER SHOW
NOVEMBER 5, 2018
BY ARIAN MCNEIL

WWSU Radio has a variety of radio shows throughout the week; one that should be getting students' attention is The Morning After with Skip Carter. The Morning After is your one-stop shop for sexual health, mental health, relationship issues and advice and it is on the air every Thursday night from 7 to 8 p.m.

The host, Skip Carter, is a licensed clinical health counselor and sexual health expert and deals in relationships.

"I am a licensed clinical counselor but that's not why my clients come see me. They come see me because I specialize in sexual health and I'm also a forensic counselor," said Carter. "You take any type of relationship issue one is experiencing on campus, I deal with it."

Carter's show is geared towards the students of Wright State, offering his services to those who call in or email questions. The goal of the show is to benefit students and to be a great resource for those who need it.

"Someone on campus that this show could benefit would be those who are transgender, questioning their sexuality, participate in alternative relationships, those who have experienced sexual trauma, jealousy and much more," said Carter.

The Morning After show comes at a time when the STI rate is of epidemic proportions and society is faced with a generation that is low in sexual literacy.

"There are people on campus that need this information and don't know how to get it and I want the radio show to be a great resource for those people. I want the show to be fun loving, educational and interactive. I want people to call and be reassured you are normal," added Carter.

The Morning After is back on the air Nov 8 at 7 p.m.

"You'll want to tune in because it's everything you want to know about monogamy and nonmonogamy," explained Carter.

The number to call into the show is (937) 775-5555 or questions can be emailed to themorningafterradioshow@gmail.com.

UAB STRESS RELIEVER
NOVEMBER 6, 2018
BY SRUTHI TENKAYALA

Is that 3,000-word paper weighing down on you? That upcoming, tricky final stressing you out? Not to worry! Head down to the Rathskeller room on Dec. 4 for the University Activities Board (UAB) Stress Reliever event, with fun activities to help you relax. The Stress Reliever will be held in the Student Union Atrium from 11 a.m. to 3 p.m.

“Our goal with the event is to let students relieve anything that may hinder their ability to get through finals week successfully,” said Cody Pack, UAB Director of Campus Events. “There is a variety of things to do, like massage therapy, painting and smashing plates.”

Two rooms are designated for different kinds of activities; loud activities like bubble wrap and plate smashing will take place in the Rathskeller room, while quiet and relaxing activities like massage therapy and painting are in the Student Union Atrium.

“The plate smashing became a hit as soon as it happened. Students write things on plates that stress them out or they are angry about and smash them,” said Pack. “Along with that, we will be having three massage therapists coming and doing sessions for the duration of the event. Students will have the opportunity to sign up for 10-minute slots throughout the event.”

Canvases and paint will be provided as well, so students can paint anything they want and take it home.

UAB has been hosting this event for over five years now, and safe to say, it is a pretty popular event. Students and staff are welcome; plus, it is a free event with snow cones. What’s not to love?

“Students love to prepare for their finals week and having fun is one of the best ways to do that,” said Pack. “We want the students to be able to relax and get ready for finals week in a fun way, one that they will remember.”

UNIVERSITY ADMINISTRATION AND UNION BOTH CLAIM THAT TALK OF A STRIKE IS
PREMATURE
NOVEMBER 6, 2018
BY LUCAS GONZALEZ

Last Monday, administration and the faculty union received a report from a Fact Finder, an independent third party tasked with reviewing unresolved issues in contract negotiations between the two parties.

The report showed that the Fact Finder sided with the administration's proposals on the majority of issues.

Following its release, both administration and the faculty union released separate statements responding to the Fact Finder report.

At a Nov. 1 meeting, The Board of Trustees voted unanimously to accept the report, indicating that administration believes it should be incorporated into the next three-year faculty contract.

"The trustees felt that approving this report was in the best interest of our students and the university and it will help Wright State move forward," President Cheryl Schrader said in a press release. "I think both parties would have preferred to have negotiated a longer settlement."

The faculty union responded to the report by releasing a recommendation to reject it. "The Fact Finder was clearly influenced by the hyperbolic arguments made by the administration's labor attorney, arguments that President Schrader and members of the Board walked back at the most recent Board of Trustees meeting," the recommendation reads.

The union must now formally vote on the report. Voting will be open until 5 p.m. on Wednesday. Three-fifths of the of the union's membership would have to vote against the report in order to officially reject it.

After voting is completed, the vote must be certified by the State Employee Relations Board (SERB) of Ohio. After it has been certified, the union may share the results of their vote.

If the union accepts the report, then its language will be adopted into the next three-year faculty contract. Should they vote to reject the report, contract negotiations must continue.

The two parties can either reach an agreement amongst themselves or the administration may impose its last best offer, at which point the union has said they would initiate the process to go on strike.

If it comes to that point, the union must give both the university and SERB ten days' notice of their intent to strike. Negotiations may resume at any point within that time. After that period has passed, the union reserves the right to go on strike.

If a strike does occur, both parties will have to resume negotiations, according to Martin Kich, president of the faculty union. "There would be no reason not to sit down and negotiate during that ten-day period," he said.

There is no set date by which the union could strike, should they choose to do so. It will depend on the stance that both sides take once votes are reported, according to Kich. "At this point, nobody actually has a date," he said.

Kich has said before that the faculty do not want to go on strike. "Even if you strike, you have to come back to the table and settle a contract," Kich said. "I think that there are reasonable compromises available here."

Representatives from both the union and administration have said that talk of a strike is premature at this point.

"Even talking about a strike is not helpful to the university," Kich said. "We would like to sit down and work out something that we think is fair to faculty and that is not doing serious damage to the long-term earnings of our members or serious damage to the academic mission of the institution."

"It is indeed still premature to talk of strike especially with the parties considering a fair and equitable compromise from a mutually chosen, independent arbitrator with three decades of experience," said Wright State spokesman Seth Bauguess.

"No matter what happens, Wright State University has a duty to its students to plan for all potential outcomes and continue operating for its students. Our students' success and their progress toward their goals, including their graduation, is now and will always be our highest priority," Bauguess said.

ORGANIZATION SPOTLIGHT: UNIVERSITY ACTIVITIES BOARD
NOVEMBER 6, 2018
BY SHADDIA QASEM

Throughout the year, Wright State's University Activities Board (UAB) hosts many events, such as Welcome Week and Fall Fest, open to all Wright State staff, students and faculty to take part in and enjoy. Consisting of 10 executive board members and 15-20 team members, everyone involved works hard to plan and execute each event on campus.

"UAB is the premiere programming board here on campus for students run by students. We plan things such as campus events, off campus events, homecoming and spirit week and major events at the Nutter Center," said Dana Reed, UAB's president.

UAB is responsible for events and activities such as Fall Fest, The Price is Wright, Hypnotist Joshua Seth and Homecoming, as well as a trip to Young's Dairy that was free for students.

"We have also collaborated with many different organizations this semester as well. We have an event called Board Game Binge on Nov. 20 from 11 a.m. to 3 p.m. in the Student Union. We also have an excursion to the Columbus Zoo on Dec. 1 for students," said Reed.

The UAB team includes a Director of Major Events, Director of Excursions, Director of April Craze, Director of Campus Events, Director of Marketing and Director of Campus Spirit.

"Each director [oversees] each type of activity we do. For example, Director of Campus Events plans our on-campus events such The Price is Wright or Board Game Binge. Director of Excursions plans our events off campus such as our trip to Young's Dairy. Director of Major Events brings acts to the Nutter Center. Director of Marketing makes our marketing and runs our social media. Director of April Craze plans April Craze that is held on the last Friday of classes in the spring semester to celebrate the year coming to an end. Director of Campus Spirit plans events during homecoming week like the homecoming bonfire on campus. They also plan events during Spirit Week in February," said Reed.

With the vast amount of work that goes into making events happen on and off campus, do not take this organization for granted.

Make sure to stay in the loop and watch for upcoming events by following the UAB on social media; you do not want to miss out on the opportunity to have a free, fun time on campus!

"We are on Facebook, Instagram and Twitter. On Facebook we are Wright State University Activities Board. On Instagram and Twitter we are @WSUAB," added Reed.

SPORTS: WEEKEND AT A GLANCE
NOVEMBER 7, 2018
BY ARIAN MCNEIL

The remaining fall sports, as well as basketball, will be in action this upcoming weekend. Here is what's to come in Raider athletics:

* Thursday, Nov. 8: Men's Soccer

Men's Soccer is hosting the Horizon League Tournament and plays in the semi-finals of the tournament at 4 p.m. If they win, they will play again on Nov. 10.

* Friday, Nov. 9: Cross Country, Volleyball, Women's Basketball

Cross Country competes in the NCAA Regionals in Indiana.

Volleyball hosts Cleveland State at 6 p.m. in the Nutter Center.

Women's Basketball is playing in Las Vegas at 9 p.m. against the University of Nevada, Las Vegas.

* Saturday, Nov. 10: Volleyball, Men's Basketball

Volleyball hosts Youngstown State at 4 p.m. in the Nutter Center.

Men's Basketball travels to Murray State for a game starting at 7 p.m.

VIRUS RESEMBLING POLIO IS ON THE RISE
NOVEMBER 7, 2018
BY MIKE FALLEN

Doctors and pathologists are scratching their heads over outbreaks of a new virus. The virus is called enterovirus D68, or EV-D68, and in some cases, it appears to exhibit polio-like symptoms.

Enteroviruses are often intestinal and transmitted via the anal-oral route but EV-D68 is different. In most cases, it appears to be mainly a respiratory illness transmitted instead through coughs and sneezes. EV-D68 is often seen to be biologically similar to Rhinoviruses, the type of viruses associated with the common cold.

A study published in *The Lancet*, a leading medical journal, in November 2015 claims that in 2014, EV-D68 caused, “widespread severe respiratory illness across the USA, disproportionately affecting those with asthma. This unexpected event underscores the need for robust surveillance of enterovirus types, enabling improved understanding of virus circulation and disease burden.” The 2014 outbreak was localized mostly in Kansas City, Missouri, Chicago, Illinois and Aurora, Colorado.

The outbreak in Illinois saw a doubling of reported cases of respiratory illnesses in 2014, and the study found that about 46 percent of tested cases were confirmed as EV-D68-positive. Other enteroviruses and rhinoviruses were identified at a rate no higher than 4 percent. Eighty-three percent of the reported cases were children younger than 12, over half of those cases occurred in patients with a history of asthma or other airway diseases.

The disease, if it is contained to the respiratory track, is not often fatal. However, there have been a few cases of EV-D68 coinciding with a rare paralyzing disease called acute flaccid myelitis. According to a study from the *American Thoracic Society Journal*, 12 children infected with EV-D68 died during the 2014 outbreak.

This is, in part, why the disease has been called “polio-like,” and why it has attracted national media attention. In the November 2015 study, the authors were careful to note that “the contribution of EV-D68 to this neurological illness is not clear and the cause of AFM is still being elucidated.”

Another study published in *The Lancet* in January 2015 suggests that, “the possibility of an association between enterovirus D68 and neurological disease in children.” The jury is still out on the epidemiology of EV-D68.

According to an NBC news report, it is becoming increasingly likely that EV-D68 is the culprit. It is possible that the virus has changed to affect symptoms of paralysis more often, according to

the NBC report. Although the epidemiology of EV-D68 is tricky for scientists to pin down, there is no doubting that since 2014, it has been on the rise.

DAYTONS NOT DEAD: PITA PIT
NOVEMBER 8, 2018
BY MIKE FALLEN

Dayton is full of young entrepreneurs eager to take on riskier ventures and put in the necessary work to get them off the ground. Dain Peters is no exception. Peters, 22, is planning to open a Pita Pit at 1047 Brown St., Dayton.

Opening the Pita Pit will be the realization of a dream he has had since he was 12. He was born and raised in Washington and first ate at Pita Pit when he was 12. Since then, it has been his goal to open a Pita Pit. He moved to Dayton when he was 15, at which point Pita Pit had not come to Dayton yet. He graduated from Covington High School and decided to skip college to pursue his entrepreneurial ambitions.

The space he is moving into will be next door to Bourbon Street Grill & Cafe. He is combining two separate spaces which once housed a Piercology, a jeweler and a salon. His store on Brown St. is close to both the University of Dayton and Premier Health – he hopes to attract customers from both.

Peters first inquired about becoming a franchisee of Pita Pit around two years ago. They told him how much it would cost and what was expected of a franchisee. He was already in the process of saving money to buy a franchise, and about a year later, he approached them again with the money to start. Pita Pit flew him out to their headquarters in Idaho and interviewed him.

“They liked my attitude more than anything. I have a good work ethic. They were impressed that I had stuck with it for a year and finally came up with the money,” said Peters. They gave him a call before his flight back home the next morning and gave him the go ahead. He found out then that he was going to be the youngest franchisee in America.

Peters comes from a long line of entrepreneurs. His grandfather worked at Hobart in Troy for 45 years. His twin uncles opened their own construction contracting business. “I guess it’s in our genes to work hard,” said Peters.

When WHIO shared a post on Facebook about him opening the store, he noticed a few comments remarking about him being a “silver-spoon baby.” He felt that could not be further from the truth. He saw those comments as defeatist. “I wish people knew that you don’t have to be a silver-spoon baby to work hard to realize your dreams,” Peters said.

The opening date of the Pita Pit is still up in the air. Construction is scheduled to be complete about a week or two before Christmas. Peters and the franchise are currently discussing whether they want to open a week before Christmas and the holidays or if they want to wait until after the holiday season to open. The store will open sometime from December to January, according to Peters.

DAYTON JEWISH COMMUNITY COMMEMORATES VICTIMS OF PITTSBURGH SYNAGOGUE SHOOTING

NOVEMBER 8, 2018

BY LUCAS GONZALEZ

Last Tuesday, the Jewish community of Dayton gathered to show support for those who lost their lives in a recent shooting at a Pittsburgh synagogue.

The event was coordinated by The Jewish Federation of Greater Dayton, a nonprofit based in Centerville, and the rabbis of Temple Israel, a synagogue located in downtown Dayton.

“The purpose was to give people the space to grieve, to be together, to show solidarity and to discuss hope for the future,” said Cathy Gardner, CEO of the Jewish Federation of Greater Dayton.

Community partners including law enforcement, county administration and Young Women’s Christian Association (YWCA) of Dayton lit candles to celebrate the memory of each shooting victim, according to Gardner.

Rabbis and other spiritual leaders spoke with community members about the importance of holding onto hope. “It was beautiful. One of the rabbis said, ‘I have hope because from the tiniest light, you can dispel darkness,’” Gardner said. Churchgoers also sang Hatikvah, the Israeli national anthem, which is translated to “the hope” in English.

About 1,100 people attended last week’s community gathering. Attendees included members of an LGBTQ church, the Young Women’s Christian Association of Dayton and people from the Muslim community.

On Oct. 27, a gunman opened fire at the Tree of Life Congregation Synagogue in Pittsburgh, Pennsylvania. The attack lasted for 20 minutes before the gunman was apprehended by law enforcement. In that time, eleven people were killed and six others were injured.

The shooting marks the deadliest attack committed against Jews in the history of the United States.

Those who lost their lives were brothers David Rosenthal, 59, and Cecil Rosenthal, 59; Richard Gottfried, 65; Jerry Rabinowitz, 66; Irving Younger, 69; Daniel Stein, 71; Joyce Feinberg, 75; husband and wife Bernie Simon, 84 and Sylvan Simon, 86; Melvin Wax, 88; and Rose Mallinger, 97.

The suspect has been identified as Robert Bowers, 46. He has been charged with 44 counts, including hate crimes, murder and obstructing religious practices. He has pled not guilty. Prosecutors are seeking the death penalty against Bowers.

Information from the event organizers with the Jewish Federation of Greater Dayton was forwarded to the campus community by Gary Dickstein, interim vice president for Student Affairs at Wright State.

“At this emotionally devastating time, the Jewish Federation of Greater Dayton stands resolutely with the Jewish community of Pittsburgh. We reaffirm our duty, as fellow Jews, to support our brothers and sisters in this harrowing time,” the email reads.

President Cheryl Schrader also addressed the attack in an email to campus. “It is with a heavy heart that I write to you about the senseless acts of violence at Pittsburgh’s Tree of Life Synagogue this weekend, as well as in Kentucky, where two African Americans were slain at a grocery store,” Schrader wrote.

“We stand in solidarity with our students, faculty, staff, families, alumni and community whose beliefs or cultures have made them a target for violence,” Schrader wrote. “Know that discrimination of any kind will never be tolerated at Wright State.”

Schrader concluded the email by inviting the campus to participate in a community vigil and Kristallnacht lecture, “As we reflect on these events, let us recommit ourselves to an inclusive and accepting community where all feel safe to learn and grow.”

CAREER CORNER: NEGOTIATING YOUR SALARY

NOVEMBER 8, 2018

BY SRUTHI TENKAYALA

Negotiating your salary with your new employer feels like playing a game of Minesweeper; you do not know how to avoid stepping on a mine. Will you lose the job before you even get it? Are you allowed to negotiate? Will your employer think you are greedy? The answer to all of this is no. In fact, negotiating is normal and sometimes welcomed. So, no, you will not blow your leg off while asking for a higher salary.

“The older you are and the longer you’ve been in the workforce makes you more likely to negotiate than younger people,” said Kelly Jenkins, Career Advisor. “Younger people are sometimes just grateful to be given a job opportunity.”

People think they will lose the opportunity for negotiating, but the most that will happen is a refusal or a counter offer. “Interviewing is costly, and if they found the right person, they’re not going to take away the offer,” said Jenkins.

Certain positions are going to expect you to negotiate; say, a business-related job like sales. Since salespeople are known for bargaining, accepting your initial salary without discussion can work against you.

“If you don’t, some are going to be happy, because they can get away with not paying you as much,” said Teri Stebbins, Career Advisor. And some positions have a fixed salary, so there is no room for negotiations. Depending on the job, every salary situation is different.

It is always a good idea to benchmark your salary beforehand. Benchmarking helps you determine the right job title and a reasonable salary target. Have a target that is a little higher than the offered salary and a minimum target which still covers your bills. So, while your initial salary request may be rejected, you can still work towards that minimum budget.

Researching market conditions, like competition or what affects your field, can help you benchmark. Sites like Glassdoor or salary.com are good resources.

Another important thing to know is when you can begin negotiating. Always do it after the offer has been extended and before you accept the job. “They’re going to extend an offer to you, so you can’t say ‘I accept’ and then negotiate,” said Jenkins. “And you should never discuss money or benefits in the interview itself, before the offer comes,” added Stebbins.

While negotiating, stand your ground while being positive and flexible. Try not to let emotion play into your argument and use facts from your research to strengthen your points. Keep in mind that your employer should be satisfied with the outcome as well, so try to come up with a win-win solution. Asking for some time to work out a solution is fine too.

After an offer, move towards negotiating your benefits, such as monetary, near-monetary and non-monetary benefits. Bonuses, medical insurance, vacation time and travel assignments are a few examples.

While salary negotiating is a part of the hiring process, people are hesitant to ask for a salary that is worth the position. Bottom line, you need to be comfortable with being persistent.

WRIGHT STATE STUDENT AND MUSICIAN PASSES AT 23
NOVEMBER 9, 2018
BY MIKE FALLEN

Wright State senior music major Hayden Chance Jackson, 23, of Springfield passed away on Monday, Oct. 22. Jackson was born June 2, 1995 in Xenia.

Jackson's passion was gospel music. He picked up the piano at a young age and quickly showed promise, earning the nickname "Maestro." At 13 years old, he became a minister of music at a local church, according to his obituary.

He was the recipient of numerous awards for his talents. He founded and directed the H. C. Jackson and God's Vision choir. He was invited to speak before Ohio Legislature about the necessity of musical education. He won the Omega Psi Phi International Talent Hunt Competition three years in a row. He was awarded "Instrumentalist of the Year" by the 2018 Kingdom Image Awards. Jackson's rare combination of technical skill, compassion and a desire to bring people together in worship will be missed but not forgotten. He leaves behind an extensive history of achievements.

He lives on in the memories of his parents; his grandmothers, Joan Fite-Moore, Evangelist Dorcas Jackson and Eva Withrow; his sisters Brooke M. McCormick and Lindsey Jackson and brothers Jordan Johnson and Kevin Jackson II; his nephews, Edward and Elijah McGee; his godson, Jaxon Johnson; his niece Eleesa McCormick; his aunts Lori (Curtis) Easley, Lynnene (Jeffrey) Smith, Joie (Gary) Collins and Patrice (Ellsworth) Senior; his uncles Luther (Kathryn) McCormick, Dr. Kent Jackson and Kerry Jackson, according to obituary.

Hayden's parents wrote in his obituary, "God has prepared you a mansion and special room for your grand piano. I'm sure you're playing Daddy's favorite song... or directing that massive holy choir with Mom's favorite wand." Jackson's funeral service was held on Wednesday, Oct. 28. More information is available in his obituary.

RHOCK YOUR BODY EVENT
NOVEMBER 9, 2018
BY SHADDIA QASEM

Every once in a while, it is nice to be reminded that you are loved and accepted for the person you are. It is important that we encourage each other to embrace our genuine selves. Luckily, Wright State has organizations on campus that are dedicated to doing just that.

The Xi Xi Chapter Sigma Gamma Rho Sorority, Inc. is hosting its RHOck Your Body event, a confidence clinical dedicated to helping women love and appreciate the value in themselves.

“[RHOck Your Body will have] an open discussion to talk about the things that make us insecure. Then we dance, [with the help of] a choreographer showing us the moves, and remind one another how we’re beautiful in our own ways,” said D’Ache Rankin, president of Sigma Gamma Rho Sorority, Inc. “[We also] make an empowerment bracelet,” added Rankin.

What’s also great about this event is that it is open to the public and it is free.

Sigma Gamma Rho Sorority, Inc.’s mission is to enhance the quality of life for women through community service and civil and social action.

“Our motto is ‘Greater Service, Greater Progress’. We always end our week with community service; anything we can get our hands on. We do park cleanups, we go to the homeless shelters and pass out meals and we have mentoring programs with the youth, so we try to reach out to our lower clubs like teenagers. We also have rosebuds, which are elementary school children. Even if we can take an hour out of our day to go and read with them or spend time with them [is great],” said Rankin.

Sigma Gamma Rho Sorority also has their founders week coming up on Nov. 12, which includes a whole week of events.

“[Founders week includes] prancing and African dancing on Tuesday, which is partnered with the African Student Union, meet the Poodles [sorority members] on Wednesday, a paint and sip event and a bone marrow table to raise awareness on Friday,” Rankin said.

Follow Sigma Gamma Rho Sorority, Inc. on Instagram @xixi_poodles and on OrgSync to be informed of upcoming events they will be hosting.

RHOck Your Body will be held on Nov. 16 in Studio C in the Student Union from 7-9 p.m.