The Guardian, Week of December 23, 2019

Wright State Student Body

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‘Tis the season for all things holly and jolly dear astrologers. But is it? The moon is centering in on someone’s relationship sector this week. Read your weekly horoscopes to see if it’s you.

**ARIES**

The world needs more people as brave as you dear star child. The moon is focusing in on how you view yourself this week. Let the holiday season result in deeper reflections. Something amazing will happen to you in a bookstore this week. We aren’t sure what exactly but the stars show it’s wonderful. Will you find $200? Will you find the best book of your life? The possibilities are endless.

**TAURUS**

The world needs more people as brave as you dear star child. The moon is focusing in on how you view yourself this week. Let the holiday season result in deeper reflections. Something amazing will happen to you in a bookstore this week. We aren’t sure what exactly but the stars show it’s wonderful. Will you find $200? Will you find the best book of your life? The possibilities are endless.

**GEMINI**

The world needs more people as brave as you dear star child. The moon is focusing in on how you view yourself this week. Let the holiday season result in deeper reflections. Something amazing will happen to you in a bookstore this week. We aren’t sure what exactly but the stars show it’s wonderful. Will you find $200? Will you find the best book of your life? The possibilities are endless.

**CANCER**

The world needs more people as brave as you dear star child. The moon is focusing in on how you view yourself this week. Let the holiday season result in deeper reflections. Something amazing will happen to you in a bookstore this week. We aren’t sure what exactly but the stars show it’s wonderful. Will you find $200? Will you find the best book of your life? The possibilities are endless.
LEO

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VIRGO

The world needs more people as brave as you dear star child. The moon is focusing in on how you view yourself this week. Let the holiday season result in deeper reflections. Something amazing will happen to you in a bookstore this week. We aren’t sure what exactly but the stars show it’s wonderful. Will you find $200? Will you find the best book of your life? The possibilities are endless.

LIBRA

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SCORPIO

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SAGITTARIUS

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CAPRICORN

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AQUARIUS

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PISCES

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Wright State searches for a new slogan
Natalie Cunningham
December 23, 2019

Over the summer, Wright State University began the search for a new slogan. Wright State created an online submission form for new slogan ideas.

The goal of the new slogan was to poll students, faculty, staff and community members to design a slogan that was specific to what it means to be a Raider, according to Dayton Daily News.

The new slogan has not been chosen yet and is still being selected and designed.

One slogan that was suggested is being planned to use for an upcoming advertising campaign.

This advertising campaign is still waiting to receive finalized budget funding, according to Seth Bauguess and Mark Anderson, director of communications and director of marketing, respectively.

“We are still in the process for a university tagline. I do not have a current timeline as it has slipped in priority but will move forward again in the future,” said Anderson. “Our next step will be to survey all constituents including all alumni on multiple of the top candidates for further feedback and refinement.”

The new slogan and new advertising campaign will be put into effect in the future.

“Right Here. Right Now. Wright State” is being used currently.

Previous slogans used by the university were:

- Changing Lives
- Pioneers of Potential
- The New U
- Success Within Your Reach
Holiday gifts that won’t break the bank
Alexis Wisler
December 23, 2019

Want to get the special people in your life great gifts but don’t have the funds for expensive, elaborate ones? Here are some gift ideas that won’t break the bank but will still put a smile on everyone’s face.

Hand Painted/DIY Christmas Ornaments

Go to your local craft store and buy a plain ornament and some paint and get creative. This is a perfect, inexpensive gift to give to parents or grandparents; they will love the personalized ornament that they can hang on their tree and appreciate every year.

Personalized Picture Frame with Favorite Picture

For close friends, pick out a plain picture frame and print out your favorite picture of the two of you. Decorate the frame however you want either with paint, stickers, glitter and anything else creative. Your friend can display the cute picture of you two in a frame that is one-of-a-kind.

Spa Night Kit

Perfect for the person in your life who loves a good self-care day. Pick out a cute basket or bin and fill it with everything needed for an at-home spa night. Things to include are face masks, bath bombs or bubble bath soap, lip scrub and maybe even a calming-scented candle.

Movie Night Kit

A movie night kit is perfect for someone who enjoys spending time with you because you can use the kit together. Fill it with bags of popcorn, fuzzy socks, their favorite drink and their favorite movie. After the holidays, the two of you can watch the movie together while wearing cozy socks and munching on buttery popcorn.

Personalized Keychain

Almost everyone has a set of keys that they carry with them. Buy or make a personalized key chain that they can carry with them everywhere and be reminded how much you care about them every time they
see it. Several websites allow you to customize different items, or you can get creative and take a trip to your local craft store to make your own.

Personalized Playlist

Think: the modern-day mixtape. Whether you burn the songs onto a CD or simply just share a Spotify playlist with them, a personalized playlist is the perfect, and nearly free, gift to remind someone that you care about them. Fill it with songs that make you think of them, songs you both love and songs you think they will like. The thought put into this gift will speak volumes of your love for them.
‘I’ll kill you’: Person leaves MVSU bench to confront students
News Team
December 23, 2019

Warning: story includes obscenities

Editor’s note: A player was previously named in the original copy of this story which was removed due to a possible identification error. Our team is working to find out more and will update accordingly.

On Tuesday, December 17, the Men’s Basketball team defeated Mississippi Valley State University (MVSU) 92-50. This put the Raiders at 9-3 and the Delta Devils at 0-10.

Guard, Tanner Holden (2) was named Player of the Game with 19 points and eight rebounds; he also had four assists and two steals. Forward, James Manns (23) also scored 19 points and eight rebounds. Forward, Grant Basile (21) led the team in rebounds and blocks, with 14 and three, respectively.

MVSU’s Guard, Michael Green (1) was charged with two technical fouls and ejected, and one technical foul was charged to Head Coach Lindsey Hunter.

The intensity of the game found itself leaving the court and into the stands. During the first half, a heated and ultimately threatening confrontation took place in the student section.

A few minutes into the game, a member of MVSU traveling with the team, who was not dressed for the game, left the bench and court to confront the student section.

“Hey b—— if you don’t shut the f—— up I’ll beat the f—— out of all y’all. I’ll kill you,” said the player, repeatedly, according to witnesses.

The player then held up his hand in the shape of a gun to Wright State student Erik Austin’s head, according to witnesses.

According to students in the section, it is unclear what caused the player to leave the bench. Prior to him approaching the student section, a group of students were chanting the name of the coach’s wife.

“I am proud of our student section and how everyone remained calm. Having a player come off the bench and shove me with a gun hand gesture in the head, I am proud no one retaliated, myself included,” said Austin, president of the Rowdy Raiders, a student organization dedicated to cheering and organizing students at sporting events.
Where was security?

“This player used inappropriate gestures relating to a gun and verbally made threatening comments to our student section. We had a few girls move up to the top to watch the remainder of the game because they were scared of what this player did,” said Lucio Lombardo, vice president of the Rowdy Raiders.

The player then returned to the bench, past a nearby Ohio Entertainment Security guard, who called over two Wright State University Police Department (WSUPD) officers.

“During this incident, that player walked past the cop who was supposed to be occupying their side of the bench. This player expresses his rage on us, and walked back to the bench like nothing has happened. I think something should be done about this incident with the athletic departments and the NCAA,” said Lombardo.

For the remainder of the game, the player sat on the bench with his team while a WSUPD officer stood beside the student section.

It has been less than six months since Wright State student, Megan Betts, was gunned down in the Oregon District shooting which left nine people dead and 27 wounded. Threats around gun violence have recently been taken with a much more strict approach.

In September, a professor at Wright State was escorted off campus after talking about obtaining a gun in a text. According to WSUPD, she “said something to the effect of obtaining a gun with no direct threats stated followed by laughing emojis from someone else and then two lengthy messages.” She was placed on paid leave.

“What we’re going to do from this point on is find the chant that made people mad, and cut it out,” said Mathis Amadon, member of the Rowdy Raiders.

On Saturday, Dec. 21, the Washington Wizards’ Isaiah Thomas was suspended for two games after entering the stands and verbally confronting fans, according to ESPN.

According to the National Collegiate Athletic Association (NCAA) publication “2019-20 NCAA Men’s Basketball Rules and Interpretations,” a player or substitute has committed an unsportsmanlike act, specifically a Class A Unsporting Technical Infraction, for “leaving the playing court and going into the stands when a fight may break out or has broken out (flagrant noncontact infraction.)”
Bench personnel has committed an unsportsmanlike act for “using profanity or language that is abusive, vulgar or obscene,” according to the publication.

Coach Hunter is a former NBA player for the Detroit Pistons. He played during the night of the most infamous basketball brawl in history, the 2004 Malice at the Palace. A fight broke out involving fans and players of the Indiana Pacers and the Detroit Pistons.

MVSU’s Athletic Director was contacted twice; no one was available for comment.

Wright State athletics were contacted for comment and have yet to respond.

The Wright State Guardian also reached out three times to the NCAA.

We will update this story when a response has been given.
Movie Talk: “The Rise of Skywalker”
Trey Brown
December 24, 2019

It doesn’t matter what I say about this movie, it’s “Star Wars.”

“Star Wars” has been a cultural phenomenon ever since the release of the original film way back in 1977. Characters like Luke Skywalker, Leia Organa, Han Solo, Chewbacca, the list goes on. What other franchise can attest to so much iconic real estate?

Well, many actually.

My real question is though, is “Star Wars” taken too seriously? Is there too much time and effort spent theorizing about something that is completely made up? I know, I’m that guy. Sorry.

Consider for a moment how much buzz there is right now for “Rise of Skywalker.” For the second time in a row, a ”saga” film has been met with divisive thoughts, and more rhetoric on what “Star Wars” should be. All it takes is a quick google search to see all the attention that the film is getting right now.

At the time of this writing, Rey (Daisy Ridley) is a trending topic. For many fans, her lineage was central to the plot of the so-called sequel trilogy of “Star Wars” films. I won’t spoil anything from “The Rise of Skywalker” here but I will say that this question is answered in the film, and it’s definitely a topic of discussion amongst fans at the moment.

With the decision to reveal Rey’s lineage as being central to its plot, “The Rise of Skywalker” retcons “The Last Jedi,” and makes that film seemingly unimportant to the overall narrative.

In “The Last Jedi,” audiences are told that Rey’s parents didn’t matter and that she came from nothing, making the force more random in who it selects as a wielder. That discrepancy between the two films sums up the overall issue with Disney’s iteration of “Star Wars” media. They lack a clear direction.

J.J. Abrams was chosen to direct “The Force Awakens,” which released in 2015. Rian Johnson was then chosen to write and direct the sequel “The Last Jedi,” with Abrams being tasked to direct the finale “The Rise of Skywalker” after a few shakeups (i.e. Colin Trevorrow.)

The plan to allow different directors for each movie in the trilogy sounds good at first, when you consider the varying perspectives that get a chance to be heard. However, with so many perspectives on where the story should go, one has to wonder if Kathleen Kennedy (president of Lucasfilm) would’ve been better off giving the keys to just one driver.
Talking about “Star Wars” used to be more fun, now it’s a competition to see who’s right, instead of a discussion about the epic nature of it all. Personally, all of the hype surrounding the film has me burnt out from reading about it.

All I can say is that “The Rise of Skywalker” is just a movie, it’s all made up. It’s alright to dislike the direction that it or its sequel siblings take, but it doesn’t have to take up so much of our effort and energy.
Point Guard Skyelar Potter enters the transfer portal
Makenzie Hoeferlin
December 24, 2019

After a successful freshman year in WSU basketball, Skyelar Potter has begun the transferring process.

Potter was a 2018 Kentucky All-Star player his senior year at Warren Central High School in his hometown Bowling Green, Ky.

He then joined WSU's basketball team and made headlines his freshman year, surprising both the coaching staff and opposing teams with his athleticism.

According to wsuraiders.com, Assistant Head Coach Clint Sargent was very impressed by Potter at that time.

“At the guard spot, he (Potter) is probably the best athlete I’ve had the opportunity to either play with or coach,” said Sargent.

Now, Potter has entered the transfer portal to begin the process of transferring out of WSU.

The transfer portal is an online interface that helps compliance officers and student-athletes effectively and seamlessly transfer from one school to another.

So far, Potter has not accepted any positions at other schools but has received an offer from Northern Kentucky University (NKU).

Despite leaving WSU, Potter has received tremendous support on Twitter regarding his “next chapter” from family, friends and fellow players.

Potter took to Twitter to announce his transferring and express his gratitude for everything that Wright State did for him.

“First off, I would like to thank Wright State for the opportunity to play for them and grow as a player and a person,” said Potter. “Thank you to the coaching staff, fans, and my teammates for a great year and a half. I will never forget the things you guys have done for me. With that being said, I am entering the transfer portal and looking for a new home!”

Potter received many messages and replies in response to his tweet in support of his decision.
Potter’s teammate, freshman Tanner Holden, sent his best regards to Potter over Twitter saying, "Good luck brotha much love!"

Many more have done the same, wishing him good luck on his next journey.

Although Potter is sure of the transfer out of WSU, he has not yet shared where he is planning to begin his next chapter.
Celebrations in the month of December
Marissa Couch
December 25, 2019

Different religious and secular celebrations occur all through the month of December. Every family embraces their traditions around the holidays, but might not be aware of the history they are celebrating.

**Hanukkah**

Hanukkah is the Jewish celebration of the rededication of the second temple in Jerusalem. This came after Judaism was outlawed by the king.

The celebration began on Dec. 22 and continues through Dec. 30 this year.

Commonly referred to as the menorah is actually the hanukiah, the candle fixture that holds the nine candles. Eight of them represent the nights of Hanukkah, while the ninth is used to light the others.

There are eight nights of Hanukkah because the original story tells that the Jewish soldiers only had enough oil to light a candle for the night, but it ended up lasting for eight days.

**Kwanzaa**

Kwanzaa is an African celebration of life, celebrated Dec. 26 until Jan. 1, the start of the New Year.

Each day of Kwanzaa represents a different principle, translated from Swahili. On each day, the families will get together and light one candle on the Kinara, followed by discussing the principle of the day.

The days in order are: unity (umoja), self-determination (kujichagulia), collective work and responsibility (ujamma), purpose (nia), creativity (kuumba) and the final day, faith (imani).

The kinara holds seven candles, a black one in the center, three red on the left and three green on the right. The first one to be lit is black, and then alternating with the red and green on the following days.
Christmas

Before Christmas, the celebration began as an acknowledgment of the Winter Solstice, the longest night of the year. This was a Pagan celebration. Due to the cold weather, many people were found celebrating indoors, knowing that the longest days were behind them.

It was later established that Dec. 25 was the anniversary of Jesus of Nazareth’s birth, even despite not actually knowing the certain date of his birth. It was believed that placing Christmas on the 25th day would encourage the absorption of the pagan holiday.

Western churches use a different calendar, a Gregorian Calendar, while eastern churches use the Julian Calendar, which is 13-14 days behind the Gregorian Calendar.

Greek and Russian orthodox churches celebrate Christmas 13-14 days after Dec. 25.

Both churches celebrate Epiphany or Three Kings Day 12 days after their own respective Christmases, which is the day believed that the three wise men visited Jesus in the manger.

Christmas wasn’t included as a federal holiday in American until 1870.
Travel playlist/top music of the decade
Shaddia Qasem
December 25, 2019

With Christmas coming up soon, highways and airports will be packed with the hustle and bustle of eager travelers. Although traveling can be fun, traveling long distances can get a little monotonous.

One of the best ways to conquer the monotony is to create a playlist to listen to on your journey. Since this decade is coming to an end, here is a list of great music to listen to during your travels:

“I Lived” – One Republic

This 2014 beauty is an inspirational song that tells its listeners to seize the day and appreciate the little things. With words and an instrumental that is powerful enough to give you goosebumps, this is one of the best songs to listen to when you are traveling.

“Club Can’t Handle Me” – Flo Rida

This 2010 dance hit is the best way to get everyone in the group hyped up. Although it’s best to jam together to this song on a road trip, it is still great if you are traveling by plane. Traveling by plane isn’t as fun as a road trip, so this song will surely spice up the airways.

“Run Away With Me” – Carly Rae Jepsen

This 2015 feel good anthem will have you singing your heart out and blasting the volume. There are some songs that take you to other worlds, and this is one of them; it will lift spirits and get you even more excited to get to your destination.

“CAN’T STOP THE FEELING!” – Justin Timberlake

This 2016 hit will have everyone of all ages dancing. As soon as the song starts, you will feel it in your bones; you just have to start moving! If you have an early morning travel time and you can’t shake off the sleepiness, this is one of the best songs to wake you up and get you going. It’s like caffeine for your ears.
“Castle on the Hill” – Ed Sheeran

Perfect for rolling your windows down and throwing your arms out, this 2017 sensation will put you through all types of emotions. This song will cook up strong feelings of nostalgia and take you on a trip down memory lane. Whether you are excited about your destination or not, “Castle on the Hill” will put you in a great mood either way.

“100 Bad Days” – AJR

In 2019, AJR blessed us with a magnificent anthem song to absolutely lose yourself in. When you listen to “100 Bad Days,” you will feel invincible and on top of the world. This is another one of those songs that transport you to another world. It is also a great motivation to not let the little things get to you, you will be okay; sometimes we need to remember that during the holidays.
As we are nearing the end of a decade, it’s important to look back on the past several years and learn from our successes and mistakes.

Let’s take a walk down memory lane and remember the biggest fashion trends throughout the decade.

**Feathers in the hair**

Looking back on the more bohemian side of fashion in 2010-2011, we find the infamous hair feather. Recall the ill-fashioned days of middle school when it seemed like almost everyone was sporting a feather. Channeling the vibes of Pocahontas, you most likely joined in on the fun. Who knows? Maybe it might make an appearance in 2020.

**Tiny sunglasses**

Regular sized sunglasses to protect your eyes from the sun? No thanks. “Fashionably” small sunglasses to achieve coolness? Yes, please! Somehow, starting around the time of 2017-2018, almond-shaped eye “protectors” were a thing; and might still be. It’s up to the people to trash that trend or keep it alive and thriving. Either way, Dwight Schrute would be ashamed!

**The man bun**

Making its debut in 2010 is the ruggedly graceful man bun. With its common appearance throughout the decade, it seems that this trend is ‘hair’ to stay. Of course, this all depends on whether or not guys are willing to grow out their hair to achieve this look. To bun or not to bun? That is the question.

**Distressed jeans**

Whether it be minimal or extreme distressed jeans, these pants are a commitment. Seemingly beloved to many jean-wearers, this is most likely not a trend that will be going away any time soon. With popularity throughout the 1980s, 2000s and now, ripped jeans have definitely become a staple in the young man/woman’s ensemble. Either way, an intentional or accidental rip in your jeans are in style!
Wedge sneakers

You either love them, or you hate them – there is no in-between. This infamous wedge look has made its way throughout the past several decades, making its unfortunate return in 2012. There’s no question that sometimes, we all want to dress up our more laid-back outfits. But, wedge sneakers? Not the answer. This is, most definitely, a trend that should stay locked in the darkest corner of your closet, never again to see the light of day.
Living in the villas of St. Mary
Roxanne Roessner
December 25, 2019

Students at the Wright State Lake Campus are able to live on campus in the apartments located West of the main building.

The Knapke Villa, East Villa and West Villa consist of townhouse-style apartments that have a view of Grand Lake St. Marys

What does housing on Lake Campus include?

There are two different layouts for the Lake Campus Housing Villas. Each apartment has a kitchen and two bathrooms. Each bedroom comes with a twin XL bed, a desk with a desk chair, and a two-drawer dresser. The double bedrooms contain twice the amount of what the singles have in them.

The four-bedroom plan can house six students. There are two bedrooms on each floor. The apartments have one single bedroom and one double bedroom on each floor.

The five-bedroom plan is able to house five students. Each student in this plan has their own room.

Four bedrooms are located upstairs while the fifth is on the lower floor along with the living room.

Apartments are fully furnished with a full kitchen that has a refrigerator, electric range, microwave, dishwasher, double bowl sink, and garbage disposal.

The living rooms have a couch, two armchairs, a television stand, and an end table.

The dining room comes with a table, four chairs, and three bar stools.

What are the villas?

Students are able to have one vehicle per resident at the Lake Campus Housing Villas.

The apartments can fit 96 students according to Tiffany Hamilton, community coordinator at the Lake Campus.
“During a typical year, they are 80 percent to 90 percent full. Most of our students sign up for housing for both fall and spring semesters. However, we do offer housing during summer semesters too,” said Hamilton.

The advantages of living on campus include a short two-minute walk to campus.

According to Hamilton, “this enables students to easily meet at school for study groups, attend office hours, schedule with advisors and go to tutoring sessions. Really, anything to support a student’s education is just a skip away.”

The apartment-style layout of the Lake Campus Housing provides the unique college experience that students would have at a larger campus without the 20-minute walk to classes.

Costs, options and what to know:

The cost of living on campus in the Lake Campus Housing Villas for double occupancy bedrooms is $5,030 for an academic year and single occupancy rooms cost $6,900.

Both costs include all utilities, cable, and Wifi and are able to be paid by using financial aid, much like the system for the student’s WSU tuition bill.

To apply for Lake Campus Housing or for more information, visit Housing under Campus Life on WINGS Express.
Festive festivities this season
Marissa Couch
December 26, 2019

After doing extensive research over the jolly festivities occurring during the month of December, I had to experience them for myself. To fully immerse oneself into the holiday spirit, a full-fledged itinerary of writing to Santa, testing Christmas cookies and seeing all the holiday lights is necessary.

A Carillon Christmas

The drive into Carillon Park is magical in itself as the park-goers bask in the light of the illuminated monument. (It helps that this part is free).

After paying to get in, you have the option to visit Santa and Mrs. Clause first or head outside to experience all the history that the park has to offer.

Upon the first stop into the Newcom Tavern, one of the oldest buildings in Dayton, you're met with interesting history tidbits of the first settlers in Dayton. This building housed festive stationery for children to write letters to Santa, as well as a period actor to explain the history of the building.

The attractions to follow were in a similar fashion, where the park-goer receives a history of the site as well as a taste of the holidays. Some of these stops included gingerbread cookies from a brick oven, hot cider and printing holiday cards.

Light Up Middletown

In reference to campus, Middletown is a little bit of a drive but if you're looking for an intentionally festive drive, this is the place to be.

Entry is based on donation, in which you may feel inclined to give generously at the sight of the displays. Cars enter through a tunnel of colored lights before following the trail of lights.

The light displays consist of themes, such as the 12 days of Christmas and different classic holiday movies. You may spot the Grinch, your favorites from “The Wizard of Oz,” or even Santa himself on a jet ski.

This attraction is located in Smith Park which is seven acres long, and does go quickly when in a moving vehicle. The lights are mesmerizing, but the duration seems to fall a little short. After all, time flies when you’re having fun.
MetroParks Ice Rink

It doesn’t get more festive than twirling around on the ice with a view of the river. That is, if you can bring yourself to let go of the wall.

After paying to get in and lacing up my skates as tight as I could, I made it around the rink once before throwing in the towel.

I enjoyed the atmosphere of the rink much more from the ground, rather than the ice. Watching more experienced folk zip around the rink was fascinating and did make me a bit envious that I lack that sort of coordination.

Overall, I enjoyed this experience much more from an observer’s perspective simply because I’m not the Olympic skater type.

The rink does offer trainers for children to use, which I believe they should look into providing for adult usage as well. (For my own sake).
Updated December 26:

Wright State Athletics, Assistant Athletic Director for Communications, Nick Phillips, released a statement regarding the incident that took place at the Dec 17 game.

“The incident that took place during last Tuesday’s game was both surprising and unfortunate, as we have never had an incident of this nature occur in nearly 30 years of Wright State athletics at the Nutter Center. We are thankful that the incident did not escalate and our students did not respond when provoked. Once we became aware of the incident, both Wright State police and athletic department staff were stationed in the area for the remainder of the game. We are currently reviewing all security protocols to prevent incidents like this from happening in the future.”

Mississippi Valley State University has yet to respond for comment.
With 2020 just around the corner, it's a good time to look at some of the changes Wright State University has gone through within the last 10 years.

**Enrollment**

In the fall of 2010, the total student population of WSU was 19,793. After just nine years, this number has fallen to a total population of 13,742.

Although the university's enrollment has fallen, WSU is slowly but surely on its way to a more diverse campus.

In 2010, the percentage of students that registered with Asian descent was at 3 percent. Now, almost 10 years later, it has risen to 3.5 percent. The percentage of Hispanic students was as low as 2 percent but has now risen to 3.4 percent.

Currently, the total minority enrollment at WSU is at 21.2 percent.

**International Students**

International students are also a changing factor as 2019 comes to a close. In 2010, there were a total of 630 international students attending WSU on student visas; 64 total countries were represented.

As of 2019, there are 597 total international students with 59 different countries being represented.

With this fall in enrollment of students in general as well as international students, WSU has some catching up to do.

**Changes since 2010**

Ten years doesn't seem like a lot, but when put it into perspective, many things can happen in such a span of time.
In the past nine years, Wright State has gone through three presidents, transitioned from quarters to semesters, and gone to an official tobacco-free campus as of 2017.

In 2012, WSU changed from a quarter based calendar to a semester-based calendar.

The Veteran and Military Center opened in 2014 to give assistance to the many veteran and military students attending WSU.

The Student Success Center opened in 2015 and provided students with lots of wide open study space and support for writing and math.

In 2016, Tom Hanks visited Wright State to dedicate the Tom Hanks Center for Motion Pictures as well as to give a speech to the community.

In 2017, Cheryl B. Schrader became the University’s seventh president and the university’s first woman president.

In January of 2019, Wright State University experienced one of the longest strikes at a public university in U.S. history. It lasted nearly 20 days and the university is still feeling the effects.

Now, as 2019 is coming to a close, Wright State University has another decade to make history.
How to stay healthy while traveling
Shaddia Qasem
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It is no secret that traveling weakens your immune system, leaving you susceptible to getting sick quickly.

Since traveling season has begun, it is best to prepare yourself for closed-in plane or train rides, changing weather conditions, lack of sleep and so on.

Here are five tips on how to stay healthy while traveling:

First-aid travel kit

When traveling, you never know what things you will be exposed to, so it is important to have a first-aid travel kit. Whether you buy the kit ready to go or you make your own, it should include items such as cold and flu medication, antibiotics, band-aids, motion sickness patches/pills and ointments.

Sleep

This might be an obvious, but often people lose sleep by staying up all night packing and going to bed very late or waking up early for a flight. Losing sleep breaks down our immune system even more. Make sure to prepare yourself ahead of time and get the sleep you need before leaving.

Boost your immune system

Armor up your immune system before putting it through the ringer, especially when flying or taking a train. Before and during your trip, make sure to get as much vitamin C as possible. Whether it be through oranges or a supplement such as Emergen-C, this will help your immune system fight off the incoming germs.

Stay hydrated

When traveling, it’s easy to forget to drink a good amount of water, especially if it isn’t readily available to you. Along with the sugary and bubbly drinks you will treat yourself to, make sure to drink just as much fresh water as you can. Keep a pack of waters with you, both in your car or hotel, to have with you as well as a reusable bottle to fill if possible.
Don’t touch your face

This is probably one of the most difficult things to remember not to do. Most people touch their face out of habit without realizing. Although you shouldn’t do this when you are out in public anyway, it is especially important when traveling. To remedy this, wash your hands as much as possible and always have hand sanitizer on your person. That way, if you do touch your face, the impact won’t be as bad.