

2021

The Effect of Circadian Clock Modulation on Cisplatin Cytotoxicity

Nadeen Nibal Ahmad Anabtawi
Wright State University

Follow this and additional works at: https://corescholar.libraries.wright.edu/etd_all



Part of the [Pharmacology, Toxicology and Environmental Health Commons](#)

Repository Citation

Anabtawi, Nadeen Nibal Ahmad, "The Effect of Circadian Clock Modulation on Cisplatin Cytotoxicity" (2021). *Browse all Theses and Dissertations*. 2470.
https://corescholar.libraries.wright.edu/etd_all/2470

This Thesis is brought to you for free and open access by the Theses and Dissertations at CORE Scholar. It has been accepted for inclusion in Browse all Theses and Dissertations by an authorized administrator of CORE Scholar. For more information, please contact library-corescholar@wright.edu.

**THE EFFECT OF CIRCADIAN CLOCK MODULATION
ON CISPLATIN CYTOTOXICITY**

A thesis submitted in partial fulfillment
of the requirements for the degree of
Master of Science

By

NADEEN NIBAL AHMAD ANABTAWI

Pharm.D. University of Jordan, 2014

2021

Wright State University

WRIGHT STATE UNIVERSITY

GRADUATE SCHOOL

April 27, 2021

I HEREBY RECOMMEND THAT THE THESIS PREPARED UNDER MY SUPERVISION BY Nadeen Nibal Ahmad Anabtawi ENTITLED **THE EFFECT OF CIRCADIAN CLOCK MODULATION ON CISPLATIN CYTOTOXICITY** BE ACCEPTED IN PARTIAL FULFILLMENT OF THE REQUIREMENTS FOR THE DEGREE OF Master of Science.

Michael G. Kemp, Ph.D.
Thesis Director

Jeffrey B. Travers, M.D., Ph.D.
Chair, Department of
Pharmacology and Toxicology

Committee on Final Examination:

Michael G. Kemp, Ph.D.

Ravi P. Sahu, Ph.D.

Yong-Jie Xu, M.D., Ph.D.

Barry Milligan, Ph.D.
Vice Provost for Academic Affairs
Dean of the Graduate School

ABSTRACT

Anabtawi, Nadeen Nibal Ahmad. M.S., Department of Pharmacology and Toxicology, Wright State University, 2021. THE EFFECT OF CIRCADIAN CLOCK MODULATION ON CISPLATIN CYTOTOXICITY.

Cisplatin is a DNA damage-based chemotherapeutic drug widely used to treat various types of cancers; however, the treatment's toxicity restricts its efficiency. Studies have shown that the circadian rhythm controls the DNA damage response and affects the repair pathways of cisplatin-induced DNA damage. Circadian clock modulation, therefore, has been proposed to be a potential mechanism for enhancing cisplatin tolerability. Here we used clock-enhancing molecules to evaluate the effect of pharmacological clock modulation on cisplatin cytotoxicity. Using cultured human cell lines, cisplatin cytotoxicity was found to be attenuated following treatment with circadian-enhancing molecules KS15 and SR8278. Moreover, the protein and mRNA levels of cell cycle and apoptosis regulators, as well as clock-controlled genes, were modified in response to KS15 and SR8278. Those molecules were also able to enhance cisplatin-induced DNA adducts removal and induce G1-phase cell cycle arrest. Our findings suggest that the use of circadian clock modulators has promising implications for improving cancer care and treatment outcomes.

TABLE OF CONTENTS

1	INTRODUCTION.....	1
1.1	Cisplatin.....	1
1.2	Circadian Clock.....	4
1.3	Circadian Clock and Chemotherapy.....	7
1.3.1	Clock control of DNA repair.....	7
1.3.2	Clock control of DNA damage checkpoints.....	8
1.3.3	Clock control of apoptosis.....	9
1.4	Circadian Clock Modulation.....	9
1.5	Purpose and Significance.....	14
2	MATERIALS AND METHODS.....	15
2.1	Materials.....	15
2.2	Cell Culture.....	15
2.2.1	Cell Growth.....	16
2.2.2	Cell Passage.....	16
2.2.3	Cell Count.....	16

2.3	Cell Survival Assay.....	16
2.4	Bio-Rad Protein Quantification Assay	17
2.5	Protein Immunoblotting	17
2.6	RNA Purification.....	18
2.7	Reverse Transcriptase Quantitative PCR (RT-qPCR)	19
2.8	DNA Isolation	20
2.9	DNA Immunoblotting.....	21
2.10	Flow Cytometry.....	21
2.11	Statistical Analysis	22
3	RESULTS	23
3.1	Clock-enhancing molecules reduce cisplatin cytotoxicity in U2OS cells	23
3.2	KS15 and SR8278 improve U2OS cell survival in a dose-dependent manner.....	28
3.3	KS15 and SR8278 reduce cisplatin cytotoxicity in HaCaT cells.....	33
3.4	KS15 and SR8278 do not impact cisplatin cytotoxicity in A549 cells	36
3.5	KS15 and SR8278 modulate the expression profile of clock-controlled genes.....	39

3.6	KS15 and SR8278 modestly reduce cisplatin apoptotic response in U2OS cells.....	44
3.7	KS15 and SR8278 improve cisplatin-DNA adduct removal in U2OS cells.....	46
3.8	KS15 and SR8278 induce G1-phase cell cycle arrest and inhibit cell cycle progression.....	48
4	DISCUSSION and CONCLUSION	52
5	SUPPLEMENTAL MATERIAL	57
6	REFERENCES	60

LIST OF FIGURES

Figure 1.1: The structure of cisplatin and its mechanism of action.....	3
Figure 1.2: The molecular mechanism of the circadian clock.....	6
Figure 3.1: Clock-enhancing molecules improve U2OS cell survival	25
Figure 3.2: KS15 and SR8278 combination significantly increases cisplatin IC50 value in U2OS cells	26
Figure 3.3: KS15 and SR8278 combination significantly improve U2OS cell survival.....	27
Figure 3.4: KS15 and SR8278 improve U2OS cell survival in a dose-dependent manner.....	30
Figure 3.5: KS15 and SR8278 significantly increase cisplatin IC50 value in U2OS cells in a dose-dependent manner.	31
Figure 3.6: Clock-enhancing molecules have no significant effect on U2OS cell viability in the absence of cisplatin.....	32
Figure 3.7: KS15 and SR8278 improve HaCaT cell survival rate in a dose-dependent manner	34
Figure 3.8: KS15 and SR8278 combination significantly increases cisplatin IC50 value in HaCaT cells in a dose-dependent manner	35
Figure 3.9: KS15 and SR8278 do not impact the A549 cell survival rate.....	37

Figure 3.10: KS15 and SR8278 have no significant effect on cisplatin IC50 value in A549 cells	38
Figure 3.11: KS15 and SR8278 significantly increase mRNA levels of XPA and Wee1 in U2OS cells.....	41
Figure 3.12: KS15 and SR8278 increase the protein expression of XPA and Wee1 in U2OS cells	42
Figure 3.13: KS15 increases the protein expression of XPA and Wee1 in HaCaT cells	43
Figure 3.14: KS15 and SR8278 modestly reduce cisplatin apoptotic response in U2OS cells	45
Figure 3.15: KS15 and SR8278 improve cisplatin-DNA adducts removal in U2OS cells	47
Figure 3.16: KS15 and SR8278 significantly induce G1-phase cell cycle arrest.	50
Figure 3.17: KS15 and SR8278 inhibit cell cycle progression by increasing the protein expression of p21	51
Figure 5.1: Optimizing concentrations, combinations, and timing of treatments.. ..	57
Figure 5.2: Testing different concentrations and combinations of KS15 and SR8278.....	59

LIST OF TABLES

Table 1.1: Clock-Enhancing Molecules13

Table 3.1: Effect of KS15+SR8278 treatment on U2OS cells sensitivity to cisplatin.....29

LIST OF ABBREVIATIONS

A549, Lung adenocarcinoma human cells

ANOVA, Analysis of variance.

BMAL, Brain and muscle aryl hydrocarbon receptor nuclear

BSA, Bovine Serum Albumin

cDNA, Complementary DNA

Clock, Circadian clock

Cry, Cryptochrome

DMEM, Dulbecco's modified Eagle's medium

DMSO, Dimethyl sulfoxide.

DNA, Deoxyribonucleic acid

E-Box, Enhancer box

EDTA, Ethylenediaminetetraacetic acid

F-12K, Kaighn's Growth Medium

FBS, Fetal bovine serum

gDNA, Genomic DNA

HaCaT, Immortalized human keratinocytes

IC50, Half maximal inhibitory concentration

mg, milligram

min, minute

ml, milliliter

mRNA, messenger RNA.

MTT, Methylthiazolyldiphenyl-tetrazolium bromide

NER, Nucleotide Excision Repair

PAGE, Polyacrylamide gel electrophoresis

PARP, Poly (ADP-ribose) polymerase

PBS, Phosphate buffered saline

PCR, Polymerase chain reaction

Per, Period

PI, Propidium iodide

qPCR, Quantitative PCR

RNA, Ribonucleic acid.

ROR, Related orphan receptor

rpm, Revolutions Per Minute

RT-PCR, Reverse transcription PCR

SCN, Suprachiasmatic nucleus

SDS, Sodium dodecyl sulfate

SEM, Standard error of the mean

TBST, Tris-buffered saline + 0.1% Tween

TTFL, Transcription-translation feedback loop

U2OS, Human bone osteosarcoma epithelial cells

µg, microgram

µM, micromolar

v/v, volume/volume

XPA, Xeroderma pigmentosum complementation group A

ACKNOWLEDGEMENT

I would first like to thank my advisor, Dr. Michael Kemp, whose expertise was invaluable in formulating the research questions and methodology. I am extremely grateful for your insightful guidance that helped me to sharpen my thinking and brought my work to a higher level. Besides my advisor, I would like to thank Dr. Ravi Sahu and Dr. Yongjie Xu for serving on my committee and for their continuous feedback. I would also like to give special thanks to all members of the Kemp Lab and to the entire Pharmacology and Toxicology Department at the Wright State University. Finally, I would like to thank my family and friends for their support and tremendous understanding throughout my years of study, and I must express my very profound gratitude to my husband and my son who always provide me with unfailing support and continuous encouragement. This accomplishment would not have been possible without your unconditional love and support. Thank you.

1 INTRODUCTION

1.1 Cisplatin

Cisplatin is a platinum-based chemotherapeutic drug widely used to treat various types of cancers, including lung, breast, esophageal, ovarian, and pancreatic cancers. Despite its efficacy, cisplatin's clinical use is limited by its cytotoxicity to various tissues, such as renal toxicity, ototoxicity, myelosuppression, and gastrointestinal toxicity (1–3). These side effects could restrict cisplatin's efficiency and lead to therapeutic failure. For example, nephrotoxicity is a dose-limiting side effect, and it is one of the leading causes of treatment discontinuations, accounting for 25–30% of cisplatin-based chemotherapy discontinuations (4). Cisplatin exerts its effect by crosslinking with DNA purine bases and forming bulky DNA adducts (**Figure 1.1**); consequently, it induces cellular apoptosis and cell cycle arrest (4–6). The severity of cisplatin's toxicity and its efficacy are highly influenced by forming bulky DNA lesions. Those lesions are primarily repaired by the NER (Nucleotide Excision Repair) system to minimize the cisplatin-induced DNA damage. In addition to the DNA adduct formation and repair, other factors modulate cisplatin therapy, such as apoptosis pathway, drug uptake, and cellular efflux (7–9).

One promising strategy for enhancing cisplatin's tolerability and treatment outcomes is chronochemotherapy, which involves administering the chemotherapeutic agent at particular times of the day to optimize efficacy and reduce side effects (10). This suggests administering medications when healthy cells are least susceptible to toxicity, and cancer cells are more vulnerable to the drug's effects. It has been reported that platinum-

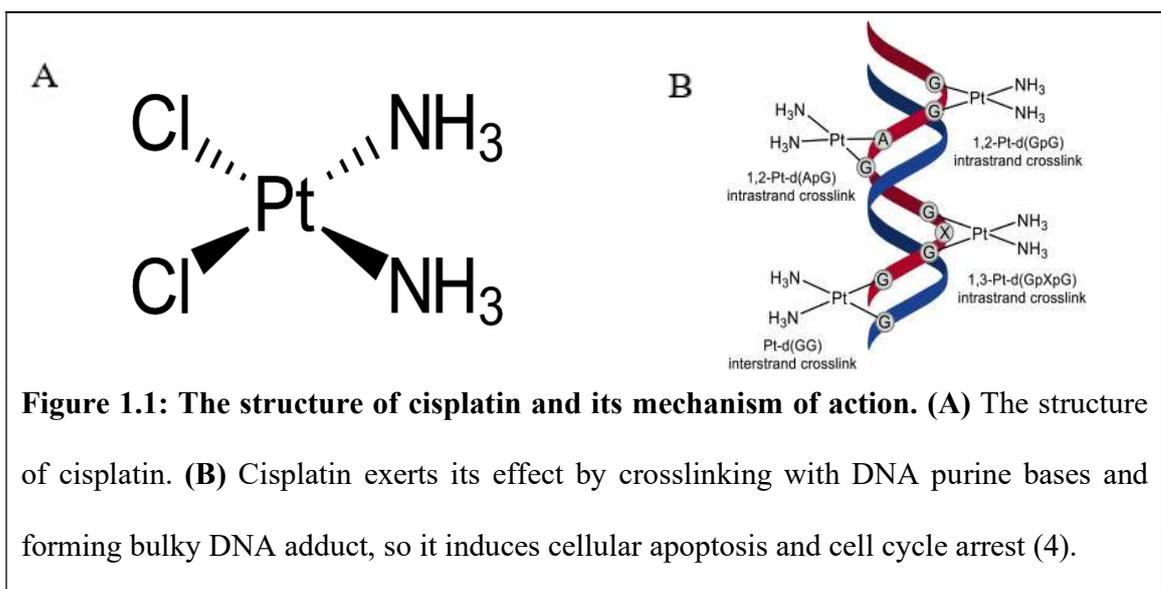
based chemotherapeutic agents, including cisplatin, are good candidates for chronochemotherapy, and their toxicities could be modulated by changing the time of administration (11–13). For example, in patients with metastatic colorectal cancer, platinum drugs given in the afternoon were found to have substantially fewer adverse effects than traditional chemotherapy regimens (14). Furthermore, a randomized controlled trial evaluating the tolerability of cisplatin between lung cancer patients receiving regular doses and patients receiving chronotherapeutic doses found that the rate of leucopenia, neutropenia, and gastrointestinal toxicity in the chronotherapy group is significantly lower than in the regular chemotherapy group (15). Better chemotherapy tolerance observed with chronomodulated regimens has been associated with higher patients' survival and better quality of life.

In animal models, it has been shown that tolerance of platinum-based chemotherapy is influenced by administration time. Evening doses of oxaliplatin resulted in three times more tolerance than morning doses in a sample of mice treated with the drug for colorectal cancer (16). Similarly, in a melanoma mouse model, cisplatin renal and blood toxicities were less severe in the evening treated mice compared to the morning treated ones (17). In rodent models, more than ten classes of anticancer medications demonstrated significant differences in effectiveness or tolerance depending on the time of administration (11).

Although chronotherapeutic outcomes of cisplatin administration have been observed in animal models and human subjects, the molecular mechanism for these findings has only recently been explored. The latest evidence has shown that the circadian regulation of the NER system is responsible for cisplatin toxicity chronomodulation. The activity of Xeroderma pigmentosum complementation group A (XPA), an essential protein

in the NER pathway, is regulated by the circadian clock in both mice and humans. The circadian oscillation of XPA influences the repair of cisplatin-DNA adducts by the NER system, and as a result, it modulates the associated cisplatin toxicity (18, 19). It has been reported that nucleotide excision repair activity in the mouse cortex was found to be the highest in the afternoon/evening hours and the lowest in the night/early morning hours (20). Similarly, there was an increased rate of cisplatin-DNA adduct removal via NER in the evening compared to the morning in melanoma mouse models and human subjects (17).

Although the concept of chronomodulation of anticancer agents is well supported in clinical trials and animal studies, the clinical application is not completely established yet. A proposed approach of implementing chronochemotherapy in cancer treatment is based on computational modeling targeting cell cycle phases and DNA repair pathways (21). Additionally, regulation of the circadian clock through bright light therapy has been investigated to increase chemotherapy tolerability in some cancers (22). However, there has not been much research done on using pharmacological modulation of the circadian clock to optimize chemotherapy efficacy and toxicity.



1.2 Circadian Clock

The circadian clock (from the Latin *circa* meaning "about" and *dies* meaning "day") is a molecular time-keeping system that controls the 24-hour cycle of several behavioral and biological functions. The discovery of the circadian system dated back to 1729 when Jean-Jacques d'Ortous de Mairan observed a 24-hour periodicity of the *Mimosa* plant leaves' movement even without light stimulation. This indicates that the biological clock rhythm is endogenously controlled despite the absence of stimuli (23). Then several observations were reported to support the hypothesis that both animals and plants exhibit a particular circadian behavior. However, the mechanism of circadian rhythm remained unknown until the first clock mutation in *Drosophila melanogaster* was identified by Ron Konopka and Seymour Benzer, which was a mutation in the *period (Per)* gene (24). More clock genes involved in circadian timing were subsequently identified, and the basis of the molecular mechanism of the circadian clock was eventually established. In 2017, Jeffrey C. Hall, Michael Rosbash, and Michael W. Young were awarded the Nobel Prize in Physiology or Medicine for their effort in discovering the molecular mechanism controlling circadian rhythms. They independently cloned the *per* gene and conducted their experiments between the 1970s and 1990s (25).

In mammals, the circadian system is generated centrally by the master clock in the suprachiasmatic nucleus (SCN) of the anterior hypothalamus, which in turns regulates subsidiary clocks in peripheral tissues. Peripheral clocks play a crucial role throughout the body regulating the circadian expression of various genes, called clock-controlled genes, involved in a wide range of cellular and physiological functions (26, 27). At the molecular level, the circadian clock is composed of transcription-translation feedback loops that

regulate 24-hour based oscillations of several clock components (**Figure 1.2**). At the core loop, a heterodimer complex known as CLOCK-BMAL1, a transcriptional factor that binds to a specific DNA sequence within the promoter region called E-box, turns on the expression of specific clock-controlled genes. Two of the gene products that are known to be regulated by the CLOCK-BMAL1 complex are the *Cryptochrome (Cry)* and *Period (Per)* genes. After translating the *Cry* and *Per* mRNAs in the cytosol, the CRY and PER proteins then re-enter the nucleus and interact with each other to block CLOCK-BMAL1 expression. The CRY and PER proteins' stability are regulated by different ubiquitin ligases that can induce protein degradation. At the stabilizing loop, *Bmal1* gene transcription is regulated by REV-ERBs and RORs, which are nuclear receptors that either suppress or activate *Bmal1* gene transcription. They are also considered targets for the CLOCK-BMAL1 complex. The interaction between the two loops ensures a robust regulation of the circadian clock output and provides a 24-h oscillation of the clock components (28–30).

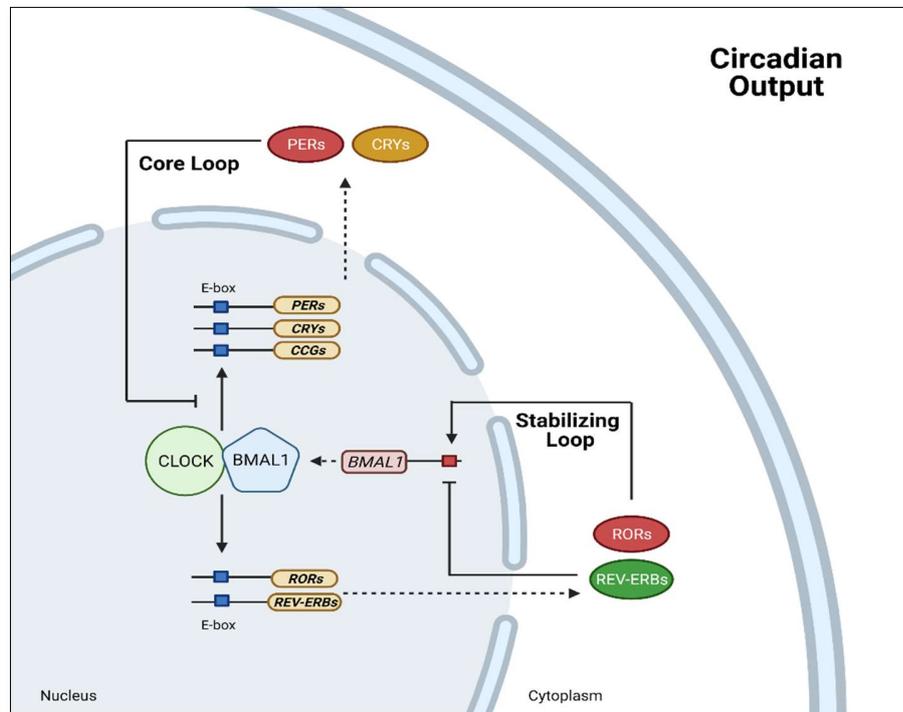


Figure 1.2: The molecular mechanism of the circadian clock. The circadian clock is composed of two interacting transcription-translation feedback loops. The core loop consists of the CLOCK-BMAL1 complex that regulates the transcription and translation of *Per* and *Cry* and other clock-controlled genes. In the other loop, *Bmal1* expression is regulated by REV-ERBs and RORs, which are nuclear receptors that either suppress or activate *Bmal1* gene transcription, and they are also considered targets of the CLOCK-BMAL1 complex. Adapted from Cha HK, et al. (2019) Small Molecule Modulators of the Circadian Molecular Clock With Implications for Neuropsychiatric Diseases (28).

1.3 Circadian Clock and Chemotherapy

The effect of genotoxic chemotherapeutic drugs like cisplatin on cancer cells is determined by the cellular response to DNA damage, which includes DNA repair, DNA damage checkpoints, and apoptosis. Since the circadian clock is known to regulate these responses, it is predicted that it will also affect the effectiveness and toxicity of chemotherapy.

1.3.1 Clock control of DNA repair

There are various DNA repair mechanisms, including nucleotide excision repair (NER), base excision repair (BER), mismatch repair (MMR), and double-strand break/crosslink repair. Out of those pathways, the NER system appears to be directly regulated by the circadian clock due to the circadian oscillation of XPA, the rate-limiting factor in the NER pathway that plays a significant role in cisplatin-induced DNA adducts repair. In mouse models, XPA transcription, XPA protein level, and excision activity all have shown a daily rhythm that increases during the evening and decreases during the early morning. Consequently, the removal rate of cisplatin-DNA adducts also exhibits circadian rhythmicity that follows a similar manner (18–20). Furthermore, XPA transcriptional levels and NER activity were higher and did not oscillate in *Cry* knockout mice, implying that the oscillation of NER activity and the XPA transcription is dependent on the circadian clock (18). Additionally, clock control of the NER system has previously been demonstrated in multiple tissues, including the kidney, which is the primary site of cisplatin's toxicity, making this finding clinically crucial in terms of cisplatin tolerability (17). Since the cell's ability to repair bulky DNA lesions influences the magnitude of

cisplatin's toxicity and efficacy, controlling DNA repair mechanisms by the clock is expected to affect cisplatin therapeutic outcomes.

1.3.2 Clock control of DNA damage checkpoints

The evidence suggests that the clock controls the cell cycle by regulating the DNA damage checkpoints, which are the regulatory points within the cell cycle that hold the cycle progression when damage is detected within the DNA (31–34). There are multiple checkpoints through the cell cycle, G1/S checkpoint, which prevents DNA-damaged cells from starting S phase, intra-S checkpoint which stops late replication initiation; S-M and G2/M checkpoints which prevent starting mitosis phase to give the cell enough time for DNA repair before division. The circadian clock has been shown to control cell-cycle events' timing and efficacy by regulating cell-cycle-related genes involved in the checkpoint signals. In mouse liver cells and fibroblasts, the clock has been shown to control the G1/S checkpoint by regulating the cyclin-dependent kinase inhibitor protein p21, which was positively regulated by the CLOCK-BMAL1 gene (35). Moreover, the additional cyclin-dependent kinase inhibitor p20, which controls the G1/S transition of the cell cycle, has also been discovered to be a highly rhythmic gene (36). The circadian clock controls not only G1/S but also G2/M checkpoint through regulation of Wee1 expression profile. Wee1 is a clock-controlled gene that acts as a negative regulator of mitosis and plays an essential role in G2-M transition. Wee1 mRNA, protein, and kinase activity levels have all been elevated in *Cry* deficient mice, indicating that it is positively regulated by the clock (37). Although cisplatin is not a cell cycle-specific chemotherapy, cells tend to be most sensitive to it in the G1 phase and least sensitive in peak DNA synthesis, with a decrease in sensitivity as cells enter the S phase (38). Moreover, when cisplatin-induced DNA

adducts are detected, cyclin-dependent kinase inhibitor proteins like p21 and Wee1 are induced, and cells are arrested in either G1 or G2 phases (39). Therefore, cisplatin cytotoxicity would be affected by the circadian regulation of the cell cycle and DNA damage checkpoints.

1.3.3 Clock control of apoptosis

Cisplatin's anti-tumor activity is primarily mediated by DNA damage-induced apoptosis. Following the DNA damage recognition, cisplatin is believed to activate the p53 protein (40). p53 is a tumor suppressor protein that plays an essential role in DNA damage-induced apoptosis, and it upregulates the expression of pro-apoptotic genes in response to genotoxic stress. It has been shown that cryptochrome mutation in mice sensitized p53 mutant cells to apoptosis, suggesting a connection between the circadian clock and apoptosis (41). Moreover, it has been observed that *Per2* downregulation resulted in decreased p53 mRNA expression and lower apoptotic activity in human oral squamous cell carcinoma (42). Since these findings indicate a correlation between the circadian clock and p53-apoptosis, it is to be expected that the clock would affect the cisplatin's cytotoxicity.

1.4 Circadian Clock Modulation

Disruption of the internal circadian clock by external factors such as shift work, jetlag, misaligned sleep-wake cycle, or irregular food intake has been linked to many diseases, including cancer, metabolic, and mood disorders (43–45). Additionally, since the clock controls various cellular functions and signaling pathways, which are often targeted by cytotoxic anticancer agents, a positive correlation has been established between a robust circadian rhythm and the therapeutic response to chemotherapeutic drugs (46–48). As a result, the value of a balanced circadian rhythm is becoming more commonly recognized,

and the discovery of clock modulation strategies that maintain a stable circadian rhythm has rapidly evolved.

At the molecular level, a robust circadian rhythm can only be achieved if the quantities, localization, and activity of clock-related genes and proteins are accurately regulated. Understanding the molecular mechanism of circadian regulation of chemotherapy cytotoxicity is being used to develop behavioral and pharmacological approaches targeted to enhance the circadian output and improve cancer treatment outcomes. To begin, behavioral interventions in feeding-fasting, sleep-wake, or light-dark cycles were used to maintain a stable circadian timing. It has been shown that keeping a regular eating and sleeping schedule will support having a consistent circadian cycle and minimizing clock disruption (49, 50). Bright light therapy has been proposed to protect against circadian rhythm desynchronization and investigated to prevent chemotherapy and radiotherapy side effects in cancer patients, such as fatigue and oral mucositis (51–53). However, such intervention has not been widely adopted and is still being investigated in a clinical trial titled "The Effects of Light Therapy to Treat Cancer-related Side Effects" expected to be completed in 2024 (54).

The second approach for circadian clock modulation is chronotherapy, which aligns the drug administration time with the internal circadian cycle that gives the best efficacy and least side effects. This suggests administering medications when healthy cells are least susceptible to toxicity, and cancer cells are more vulnerable to the drug's effects. Chemotherapeutic agents have been investigated as targets for chronochemotherapy, and research has shown that treatment with cisplatin, oxaliplatin, doxorubicin, and fluorouracil was significantly affected by circadian drug administration, with substantial differences in

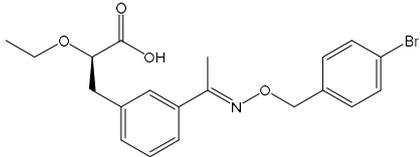
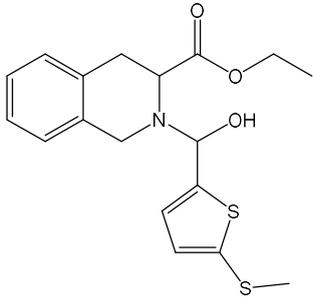
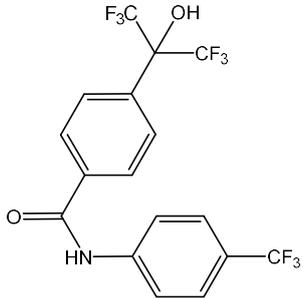
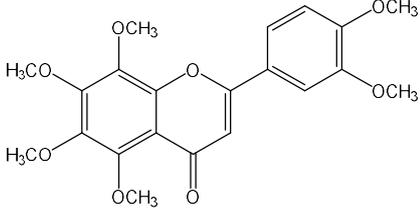
adverse side effects and therapeutic outcomes (10, 55, 56). In the United States, one chronotherapy clinical trial is being conducted in the field of cancer therapeutics titled "A Randomized Feasibility Study Testing Temozolomide Chronotherapy for High-Grade Glioma," which is scheduled to be completed in 2022 (57). Nonetheless, it remains challenging to broadly incorporate the principle of chronotherapy in clinical settings, and concerns have been raised about the practical applications of chronotherapy in routine patient care (58, 59).

Considering the limitations of the above-mentioned circadian modulation approaches, strategies to pharmacologically regulate the clock have been developed over the past few years. Since the circadian clock components have natural ligands that often enhance their functions, small molecules have been designed to target several clock components and their regulators. Those molecules can offer a novel therapeutic approach for circadian rhythm-related diseases and could be combined with existing treatment modalities for efficacy and safety improvement. Pharmacological targets for circadian rhythm enhancement include CRYs, REV-ERBs, and RORs, which are key regulators in the molecular circadian clock (60, 61) (**Table 1.1**).

CRYs are among the common core clock proteins targeted by small molecules. CRYs are potent repressors for the clock-controlled gene transcription activated by the CLOCK-BMAL1 complex. Research has shown that a CRY inhibitor, KS15, enhances the circadian output by inhibiting the repressive effect of CRYs on CLOCK-BMAL1 transcriptional activity (62, 63). KS15 usage in cancer was investigated on MCF-7 human breast cancer cells, and it was discovered that it significantly reduced breast cancer cell proliferation and improved responses to doxorubicin and tamoxifen (64). RORs, which are

nuclear receptors that activate *Bmal1* gene transcription, is another target for circadian rhythm modulators. RORs agonists, such as SR1078 and Nobiletin, have been shown to enhance the amplitude and duration of circadian output (65, 66). Research has shown that SR1078 treatment resulted in p53 stabilization and apoptosis induction in liver cancer cells (67). Moreover, down-regulation of RORs has been observed in various types of cancers, like breast, ovarian, and prostate cancer, suggesting that RORs agonists are potentially valuable for cancer management (68). Finally, REV-ERBs antagonism could be targeted to enhance the circadian rhythm output. SR8278, which is the only antagonist discovered so far, inhibits the transcriptional repression activity of REV-ERBs, thereby activating *Bmal1* gene transcription and enhancing circadian output (69). REV-ERBs activation has been shown to cause apoptosis, and it has anti-proliferative effects in human breast and gastric cancer cells (70, 71). Furthermore, several molecules with other targets are also being investigated and with the increasing number of studies, clock-enhancing molecules will not only be valuable research tools for further understanding the circadian clock regulation of cancer, but they will also provide novel therapeutic interventions for clock-associated diseases, including cancer prevention and treatment.

Table 1.1: Clock-Enhancing Molecules (72).

Clock Enhancing Molecule	Structure	Molecular Target	Action
KS15		CRY Inhibitor	Enhances CLOCK-BMAL1 transcriptional activity
SR8278		REV-ERBs Antagonist	Activates <i>Bmal1</i> gene transcription
SR1078		RORs Agonist	Activates <i>Bmal1</i> gene transcription
Nobiletin		RORs Agonist	Activates <i>Bmal1</i> gene transcription

1.5 Purpose and Significance

Cisplatin is a widely used chemotherapeutic agent for the treatment of various types of cancers. However, cisplatin's clinical use is limited by its cytotoxicity to off-target healthy tissues such as renal toxicity, ototoxicity, myelosuppression, and gastrointestinal toxicity. These side effects could restrict cisplatin's efficiency and lead to therapeutic failure. One promising strategy for enhancing cisplatin tolerability and treatment outcomes is circadian rhythm modulation that improves the cellular response to cisplatin-induced DNA damage. Among the circadian clock modulation strategies, there has not been much research done on using pharmacological modulation of the circadian clock to optimize chemotherapeutic use. Therefore, this project aims to test the hypothesis that the circadian modulation via clock-enhancing molecules can be used to improve cisplatin tolerability. Specific aims are to:

1. Define the impact of clock-enhancing molecules on cell viability post cisplatin treatment.
2. Characterize the changes in expression of clock-controlled genes and proteins that arise after exposing the cells to clock-enhancing molecules.
3. Identify the functional consequences of clock-enhancing molecules on DNA repair and cell cycle progression.

2 MATERIALS AND METHODS

2.1 Materials

Clock-enhancing molecules used were KS15 (Glaxo laboratories), SR8278 (Sigma S9576), SR1078 (Calbiochem 557352), and Nobiletin (Sigma N1538) and all were prepared as 10 mM stock solutions in 100% dimethyl sulfoxide (DMSO; Fisher Chemical), stored at -20^o C, and diluted before each experiment with culture media. Cisplatin (Sigma) was prepared as a 3 mM stock solution in phosphate-buffered saline (PBS; HyClone), stored at -20^o C, and diluted with medium before each use. DMSO was used as a vehicle in all experiments at a final concentration of 0.1% (v/v). Methylthiazolyldiphenyl-tetrazolium bromide (MTT) reagent was used in cell viability assay, and it was dissolved in complete culture media at a concentration of 0.25 mg/ml.

2.2 Cell Culture

Since the individual mammalian cells maintain their circadian rhythmicity under a tissue culture environment (73), three cell lines were used as a model system throughout the project. U2OS cell line (Human Bone Osteosarcoma Epithelial Cells), which has robust circadian rhythmicity and has been widely used as an *in vitro* model to investigate clock genes modulation. A549 cell line (Adenocarcinomic Human Alveolar Basal Epithelial Cells), which is a model of non-small cell lung cancer, and HaCaT cell line (Human Epidermal Keratinocyte Cells), which has the basal cell characteristics and can respond to circadian rhythm modulators.

2.2.1 Cell Growth

Both U2OS and HaCaT cell lines were cultured in high glucose Dulbecco's Modified Eagle Medium (DMEM; HyClone) containing 10% fetal bovine serum (FBS; HyClone) (v/v), 2 mM L-glutamine (Gibco), 100 units/ml penicillin (Gibco), and 100 ug/ml streptomycin (Gibco). The A549 cell line was cultured in F-12K medium (Gibco) with 10% FBS, 100 units/ml of penicillin, and 100 ug/ml of streptomycin. All cells were preserved in a humidified atmosphere of 5% CO₂ at 37°C.

2.2.2 Cell Passage

Cells were passaged when they reached 80-90% confluency by aspirating the media from the plate and adding 5 mL of 1X PBS to wash away any remaining media. Then 1.5 mL of Trypsin-EDTA 1X (Gibco) (0.25% for HaCaT and 0.05% for U2OS and A549 cells) was added to each plate and incubated for 5-10 minutes. Then, 5 mL of media added to each plate to neutralize the trypsin, and 1 ml of cell suspension transferred to a new plate with 10 ml of fresh media.

2.2.3 Cell Count

Before splitting to the new plates, cells cultured for survival assays were counted using Trypan Blue staining (Gibco) and a Countess II Automated Cell Counter (ThermoFisher) to ensure an equal number of cells were cultured in each plate which then grown for the same duration to maintain consistency.

2.3 Cell Survival Assay

Cells seeded in 96-well plates at a density of 3×10^3 to 5×10^3 per well and incubated in 100 μ l media for 48 hours in the presence or absence of the clock-enhancing

molecules and cisplatin. After incubation, media was aspirated and cells were treated with 100 μ l of methyl-thiazolyl diphenyl-tetrazolium bromide (MTT) containing medium by adding 1.25 ml of 5 mg/ml MTT stock solution to 23.75 ml of medium (for 0.25 mg/ml MTT final concentration). After incubation at 37^o C for 4 hours for the U2OS cell line and 1 hour for HaCaT and A549 cell lines, media was removed and MTT crystals were solubilized in 100 μ l of DMSO. Absorbance from each well was detected at 570 nm using the Synergy H1 spectrophotometer (Bio-Tek). Relative cell viability was calculated by taking the average value of 3 replicate wells and normalizing to the non-treated wells.

2.4 Bio-Rad Protein Quantification Assay

The total protein concentration loaded in western blot experiments has been determined by Bio-Rad assay. BSA standards prepared by adding 0, 1, 2, 3, 4, and 5 μ l of 2 mg/ml BSA to six microcentrifuge tubes containing 800 μ l of PBS, and samples prepared by adding 4 μ l of the cell lysate to 496 μ l of PBS. Then, 200 μ l and 100 μ l of Bradford reagent were added to the BSA standards and samples, respectively. After well mixing and vortexing, absorbance was detected at 595 nm using the Bio-Tek plate reader.

2.5 Protein Immunoblotting

Cells were grown to 60-80% confluency in 6-well culture plates and then treated with DMSO, KS15, SR8278, or a combination of KS15+SR8278 in the absence or presence of cisplatin at different concentrations. After 24 hours, cells were harvested and then resuspended by adding 100 μ l of Triton X-100 lysis buffer. Cells were disrupted by vortexing, and then soluble lysates were obtained by maximum-speed centrifugation. Total protein concentration was determined via the Bio-Rad protein assay, and equal amounts of

protein were separated on 8% SDS-PAGE. Then, proteins were transferred to nitrocellulose membranes stained with 0.5% Ponceau S to ensure that equivalent amounts of protein were loaded. Blots were then washed 2-3 times with TBST (Tris-buffered saline containing 0.1% Tween-20) and incubated in 5% non-fat milk in TBST for 15 minutes to block irrelevant proteins. After washing and blocking steps, blots were incubated overnight at 4^o C with the primary antibodies probing for Actin at 1:5000 dilution (Bethyl A300-485), XPA at 1:1000 dilution (Santa Cruz Biotechnology sc-28353), Wee1 at 1:1000 dilution (Santa Cruz Biotechnology sc-5285) or for cleaved PARP at 1:2000 dilution (Cell Signaling 9542S) in TBST. The blots were next washed four times with TBST and probed with HRP-coupled anti-mouse or anti-rabbit IgG (Invitrogen by Thermo Fisher) secondary antibodies for one hour at room temperature. After multiple washes with TBST, either Clarity Western ECL substrate (Bio-Rad) or SuperSignal West Femto substrate (Thermo Scientific) were dispensed onto the blots according to the expected signal intensity. Finally, the chemiluminescence was detected by the Molecular Imager Chemi-Doc XRS+ imaging system (Bio-Rad), and the Image Lab (Bio-Rad) densitometry was used for band intensity quantification and normalization.

2.6 RNA Purification

Cells were grown to 60-80% confluency in 6-well culture plates and then treated with DMSO, KS15, SR8278, or a combination of KS15+SR8278. After 24 hours, cells were harvested as cell pellets and RNA was purified using RNeasy[®] Plus Micro Kit (Qiagen). Cell pellets were first homogenized in 350 μ l Buffer RTL Plus by pipetting up and down several times. To eliminate the genomic DNA, the lysate was transferred to a gDNA Eliminator column placed in a 2 ml collection tube and centrifuged for 30 seconds

at 10,000 rpm. The flow-through was saved to be mixed with an equal volume of 70% ethanol and transferred to an RNeasy MinElute spin column placed in a 2 ml collection tube then centrifuged for 15 seconds at 10,000 rpm. The column was washed with RW1 buffer, then with RPE buffer and 80% ethanol and centrifuged after each wash. To dry the column membrane before eluting the RNA, the column was centrifuged with an open lid for 5 minutes at full speed. Finally, RNase-free water was added to the center of the column, which was centrifuged for 1 minute at maximum speed to elute the RNA. To ensure equivalent quantities of RNA were reverse transcribed to cDNA, NanoDrop One spectrophotometer (Thermo Fisher) was used for RNA quantification, and 260/280 ratios were determined to be between 1.8-2.0.

2.7 Reverse Transcriptase Quantitative PCR (RT-qPCR)

Five hundred nanograms of purified RNA were reverse transcribed to cDNA using a QuantiTect Reverse Transcription Kit (Qiagen). The desired volume of RNA was added to small PCR tubes, and RNase-free water was used to bring the volume up to 12 μ l. Then, 2 μ l of 7X genomic DNA wipe-out buffer was added, and the samples were incubated at 42°C for 2 minutes in the Eppendorf Thermocycler. 6 μ l of the master mix (consists of 4 μ l RT buffer, 1 μ l primer, and 1 μ l RT enzyme) were added for each sample which was then incubated for 15 minutes at 42°C and 3 minutes at 95°C in the Eppendorf Thermocycler. PCR reactions were made using 2X TaqMan Fast Universal PCR Master Mix and TaqMan probes targeting XPA (Hs00902270), Wee1 (Hs01119384), and beta-2-microglobulin (B2M) (Hs0187842) (Applied Biosystems). Bio-Rad CFX96 Real-Time PCR Detection System was used to run the PCR reaction using an initial 3 min melting step at 95°C followed by 40 cycles of 95°C for 10 s and 55°C for 30 s. The $\Delta\Delta$ Ct method

was used to calculate fold changes in gene expression using B2M as an internal housekeeping gene.

2.8 DNA Isolation

Cells were grown to 80% confluency in 6-well culture plates and then treated with DMSO or a combination of KS15+SR8278 in the absence or presence of cisplatin at different concentrations. Cells were harvested as cell pellets at 2 and 24 hours post cisplatin treatment, and then genomic DNA was purified using GenElute Mammalian Genomic DNA Miniprep Kit (Sigma). Cell pellets were first suspended in 200 μ l of Resuspension Solution and 20 μ l of RNase A solution added to get RNA-free genomic DNA. Then to lyse the cells, 20 μ l of the Proteinase K added to the sample, followed by 200 μ l of Lysis Solution. Homogenous mixture was ensured by vortexing, and then samples were incubated at 70 °C for 10 minutes. GenElute Miniprep Binding Column was prepared by adding 500 μ l of the Column Preparation Solution and then centrifuging at 12,000 rpm for 1 minute. Samples were transferred into the column after mixing with 200 μ l of 100% ethanol and well vortexing, then centrifuging at \geq 6500 rpm for 1 minute. The column was then washed twice with 500 μ l of Wash Solution and dried by centrifuging for 3 minutes at full speed. Finally, the DNA was eluted by adding 200 μ l Elution Solution and centrifuging at \geq 6500 rpm for 1 minute. To ensure equivalent quantities of DNA were loaded onto the dot blot apparatus, NanoDrop One spectrophotometer (Thermo Fisher) was used for DNA quantification, and 260/280 ratios were determined to range between 1.8 and 2.0.

2.9 DNA Immunoblotting

A hundred nanograms of isolated DNA was loaded in each well in triplicate, and samples were prepared by diluting the DNA in molecular biology grade water and heating at 95-100°C to denature the DNA. Samples were neutralized on ice, then an equal volume of 2M cold ammonium acetate (pH 7.0) was added to each sample, followed by vortexing and centrifuging at maximum speed for few seconds. The prepared samples were loaded onto a nitrocellulose membrane placed onto the dot blot apparatus (BRL Hybri-dot Vacuum Manifold), and pre-wet with 6X saline-sodium citrate (SSC) buffer. Then, gentle suction filtration was applied, and the membrane was baked at 80°C for 30 minutes, blocked with 5% non-fat milk in TBST, and incubated with primary antibodies targeting cisplatin modified DNA 1:10000 dilution (CP9/19; Abcam ab103261), or single-stranded DNA 1:5000 dilution (Millipore MAB3034). The membrane was next washed four times with TBST and probed with HRP-coupled anti-mouse (Invitrogen by Thermo Fisher) or anti-rat IgG (Abcam) secondary antibodies for one hour at room temperature. After multiple washes with TBST, Clarity Western ECL substrate (Bio-Rad) was dispensed onto the membrane. The chemiluminescence was detected by the Molecular Imager Chemi-Doc XRS+ imaging system (Bio-Rad), and the Image Lab (Bio-Rad) densitometry was used for dots' intensity quantification and normalization.

2.10 Flow Cytometry

To analyze cell cycle distribution by quantifying DNA content, cells were grown to 60-80% confluency in 6-well culture plates and then treated with DMSO, KS15, SR8278, or a combination of KS15+SR8278. After 24 hours, cells were harvested by trypsinization and centrifuged at 1500 rpm for 5 minutes. Then after washing with PBS,

cells were fixed overnight with 70% ice-cold ethanol at -20°C. Fixed cells were washed with PBS, centrifuged at 4000 rpm for 5 minutes, and resuspended with propidium iodide (PI) staining solution. The PI staining solution was prepared by adding 1 µl of 10 mg/ml RNase A and 5 µl of 10 mg/ml propidium iodide to 1 ml of PBS. Cells were properly resuspended in 1 ml of the staining solution and analyzed for DNA content using an Accuri C6 flow cytometer. Cell cycle distribution was determined after appropriate gating of cell populations in FL-2-area of PI fluorescence.

2.11 Statistical Analysis

Statistical differences between groups were evaluated using either Student's t-test, one-way, or two-way ANOVA tests followed by Dunnett's post-hoc test for multiple comparisons. Data were considered statistically significant at P-values less than 0.05 and are interpreted as mean \pm standard error of the mean (SEM). Outliers were excluded from datasets, and graphs were created using Graph Pad Prism (version 9.0).

3 RESULTS

3.1 Clock-enhancing molecules reduce cisplatin cytotoxicity in U2OS cells

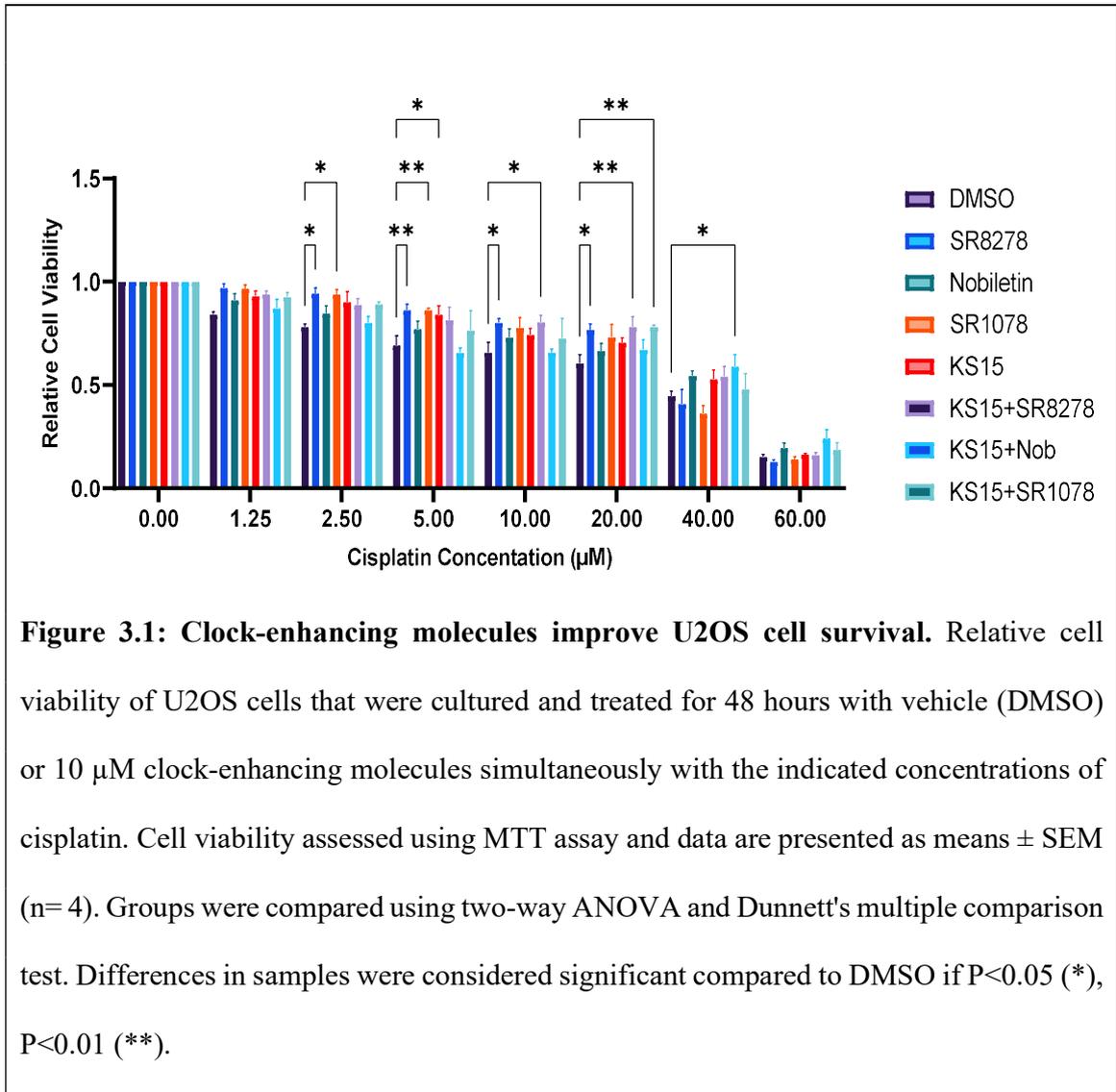
To analyze the effect of the clock-enhancing molecules on cisplatin cytotoxic effect in U2OS cells, an MTT assay was performed to assess changes in cell viability. The circadian clock has been shown to control cisplatin-induced toxicity in mouse and human models (17); therefore, it was hypothesized that using specific clock-enhancing molecules to enhance the circadian output could improve the response to cisplatin-induced DNA damage. To test this hypothesis, U2OS cells were plated into 96-well plates then treated with CRY inhibitor KS15, the REV-ERB antagonist SR8278, or the ROR agonists SR1078 and Nobelitin and then exposed to different concentrations of cisplatin (1.25, 2.5, 5, 10, 20, 40, 60 μ M). In addition to testing the clock-enhancing molecules individually, combinations of these molecules were also investigated. Since both REV-ERB inhibition and ROR stimulation increase BMAL1 expression and function (74–76), combining them with the CRY inhibitor KS15 can result in additional protection from the cisplatin cytotoxic effect.

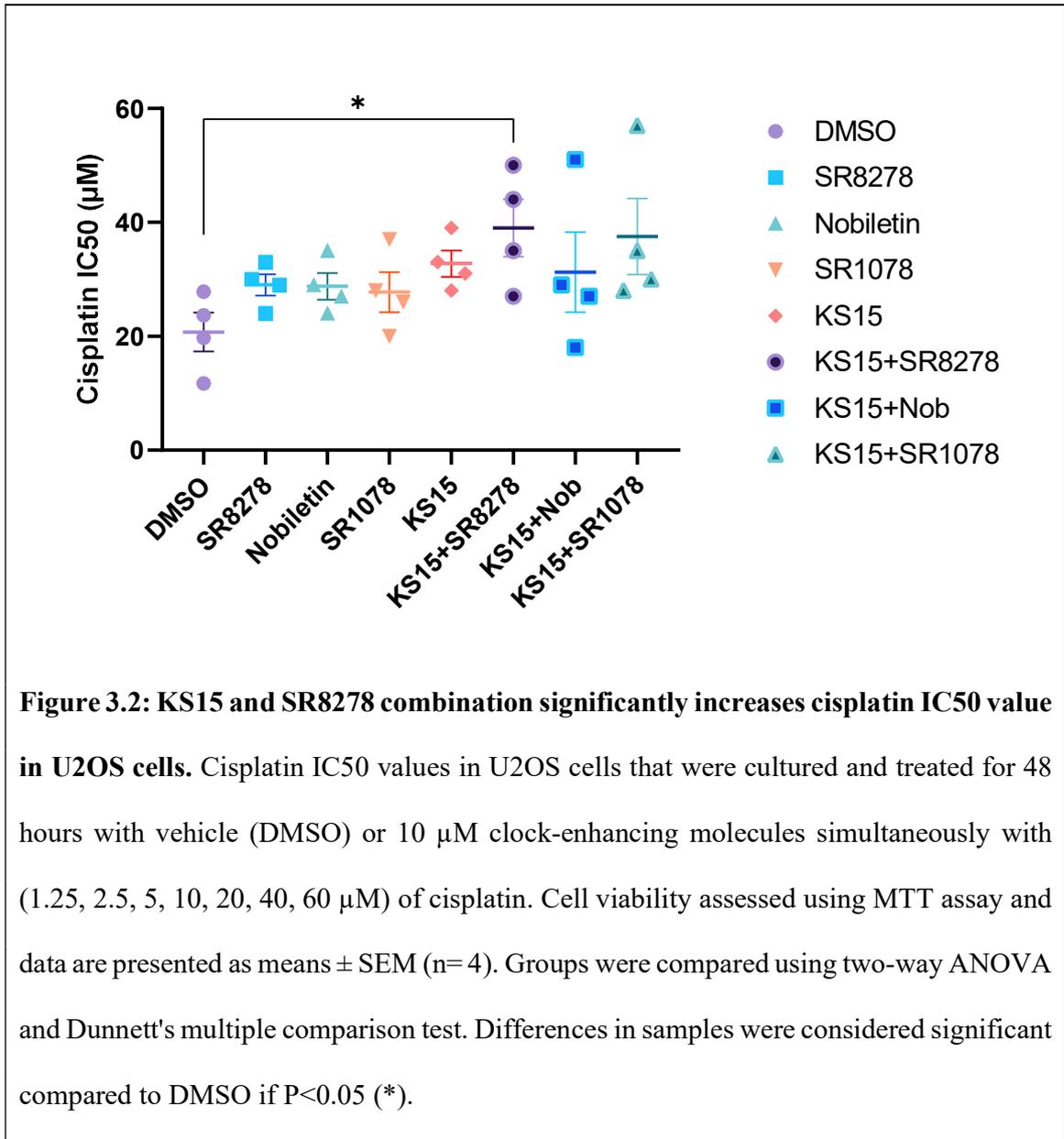
Several experiments were conducted to optimize the timing of drug treatment in relation to cisplatin exposure and maximize the effect on treated cells (Supplemental Material **Figure 5.1**). The most significant effect was observed when cells were treated with 10 μ M of circadian clock modulators, exposed simultaneously to cisplatin, and then incubated for 48 hours before MTT assays were performed to analyze the viability of the remaining cells. Therefore, conditions were fixed to 48 hours of simultaneous treatment with cisplatin and circadian modulators for all future experiments. Results revealed that

clock-enhancing molecules improve U2OS cells survival rate compared to DMSO (**Figure 3.1**).

To further examine how cisplatin cytotoxicity would change in response to clock-enhancing molecules treatment, cisplatin IC₅₀ (Half maximal inhibitory concentration) values were determined in the presence and absence of individual clock-enhancing molecules and their combination as previously described. U2OS cells were grown to confluence and then treated with a range of cisplatin concentrations (1.25, 2.5, 5, 10, 20, 40, 60 μ M) in the presence of 10 μ M clock-enhancing molecules or DMSO. Cells were exposed to the treatments for 48 hours before cell viability was detected by MTT assay. As shown in **Figure 3.2**, co-treatment with KS15+SR8278 significantly increased the IC₅₀ value of cisplatin from 20.74 μ M for DMSO treated group to 39 μ M for the group treated with KS15+SR8278. These results indicate that higher cisplatin concentration was needed to achieve the same cytotoxic effect compared to DMSO. Thus, KS15 and SR8278 combination protects U2OS cells against cisplatin cytotoxicity.

Furthermore, dose-response curves for cisplatin were generated to compare the response rate of U2OS cells treated either with KS15+SR8278 or DMSO. Cells were exposed to different cisplatin concentrations (1.25, 2.5, 5, 10, 20, 40, 60 μ M) and treated with either DMSO or 10 μ M circadian clock modulators; then cell viability was evaluated by MTT assay. As displayed in **Figure 3.3**, treatment with clock-enhancing molecules KS15+SR8278 did shift the cisplatin dose-response curve to the right with a significant difference in cell viability compared to DMSO. These curves demonstrated that in response to KS15+SR8278, U2OS cells were less sensitive to cisplatin cytotoxicity.





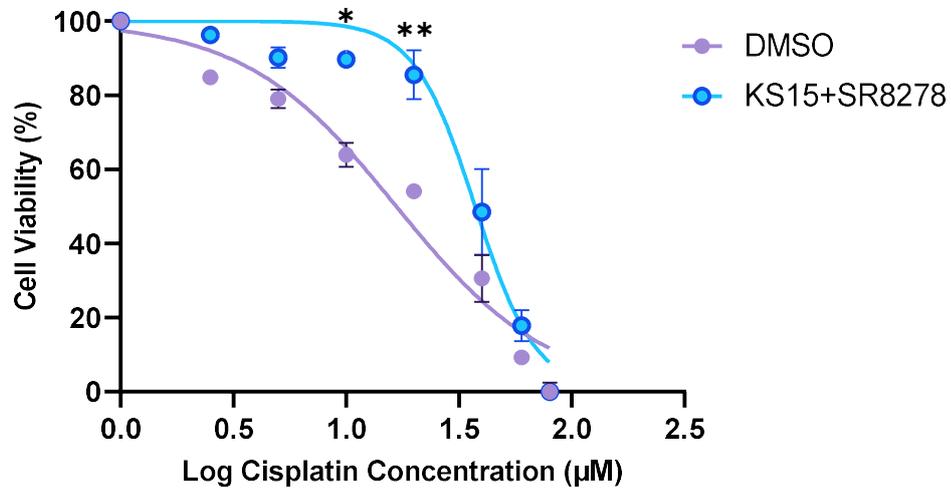


Figure 3.3: KS15 and SR8278 combination significantly improve U2OS cell survival.

The dose-response curve of U2OS cells that were cultured and treated for 48 hours with vehicle (DMSO) or 10 µM clock-enhancing molecules simultaneously with 1.25, 2.5, 5, 10, 20, 40, or 60 µM cisplatin. Cell viability was assessed using MTT assays, and data are presented as means \pm SEM (n= 4). Groups were compared using one-way ANOVA and Dunnett's multiple comparison test. Differences in samples were considered significant compared to DMSO if $P < 0.05$ (*), $P < 0.01$ (**).

3.2 KS15 and SR8278 improve U2OS cell survival in a dose-dependent manner

To optimize the dose that enhances the cellular response of U2OS cells to cisplatin, different concentrations of KS15 and SR8278 were used to generate dose-response curves and calculate cisplatin IC₅₀ values. Cells were cultured to confluency and treated for 48 hours with vehicle (DMSO) or clock-enhancing molecules in the presence of various cisplatin concentrations (1.25, 2.5, 5, 10, 20, 40, 60 μ M). KS15 was tested at 10, 20, and 50 μ M either alone or in combination with 10 μ M SR8278. As demonstrated in **Figure 3.4.A**, KS15 improved the U2OS cell survival rate in a dose-dependent manner, and the maximum response was seen at 50 μ M. Also, the experiment revealed that combining SR8278 with KS15 had resulted in a greater increase in cell viability compared to treating with SR8278 alone (**Figure 3.4.B**).

Consistent with these results, a similar effect was observed on cisplatin IC₅₀ values where a higher concentration of KS15 and the combination with SR8278 had resulted in a significant increase in cisplatin IC₅₀ values (**Figure 3.5**). These results indicate that in response to KS15+SR8278, a higher concentration of cisplatin was needed to achieve the same cytotoxic effect compared to DMSO, and thus the U2OS cells were less sensitive to cisplatin cytotoxic effect (**Table 3.1**).

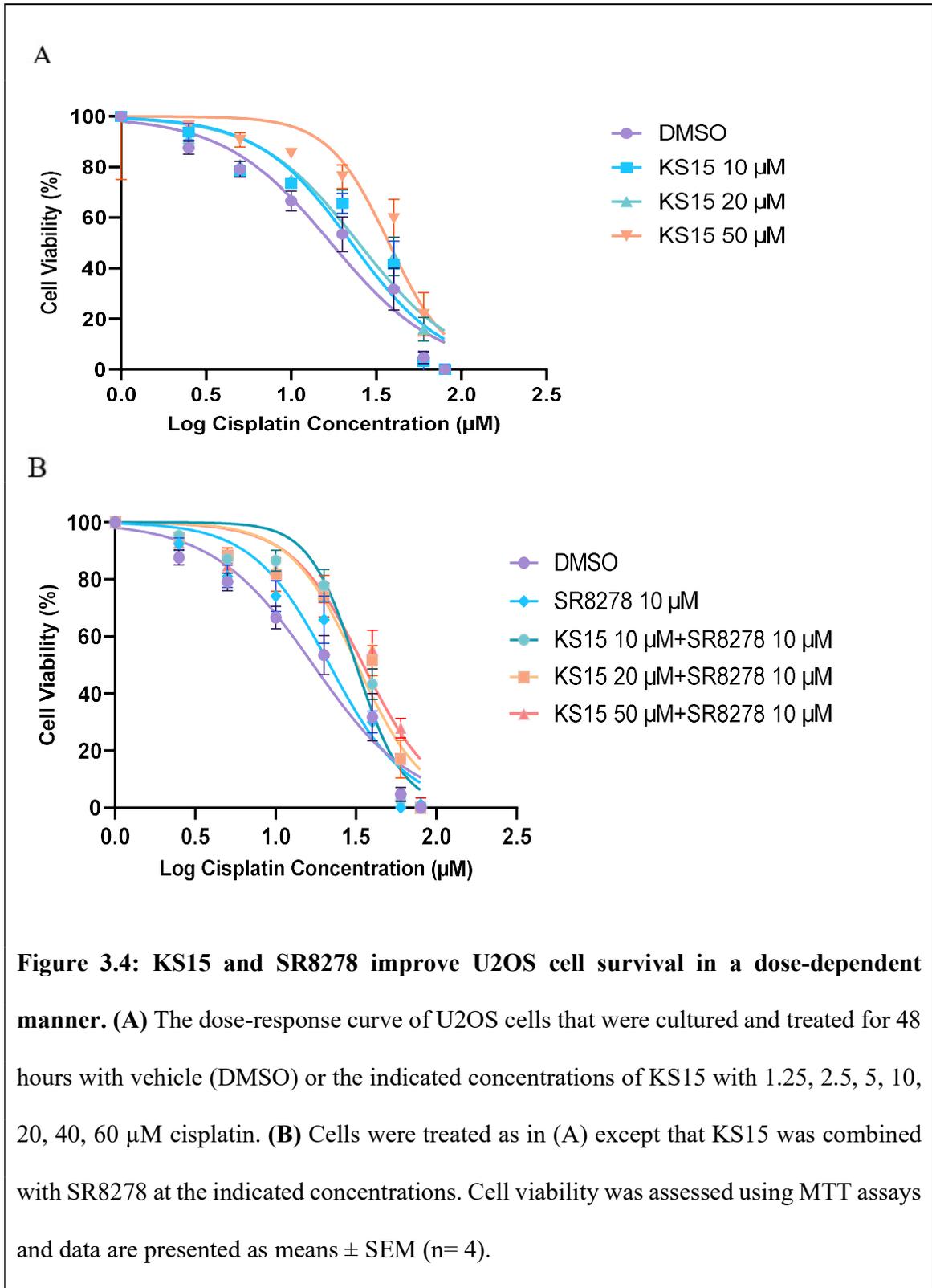
Moreover, to investigate whether the clock-enhancing molecules influence U2OS cell viability in the absence of cisplatin, cells were cultured to confluency and treated for 48 hours with vehicle (DMSO) or circadian clock modulators. Concentrations tested were 10, 20, and 50 μ M of KS15 either alone or in combination with 10 μ M SR8278. As

illustrated in **Figure 3.6**, KS15+SR8278 have no significant effect on U2OS cell viability when they were not exposed to cisplatin.

In addition to the above experiments that were testing the increasing concentration of KS15 (10, 20, and 50 μM) with a fixed concentration of 10 μM SR8278, other concentrations were investigated using fixed KS15 concentration at 10 μM with an increasing concentration of SR8278 (10, 20, and 50 μM). Similar observations were reported where KS15 and SR8278 improve U2OS cell survival in a dose-dependent manner (Supplemental Material **Figure 5.2**).

Table 3.1: Effect of KS15 and SR8278 treatment on U2OS cells sensitivity to cisplatin.

Treatment	Cisplatin IC50 (μM)	Treatment	Cisplatin IC50 (μM)
DMSO	24	10 μM SR8278	29.3
10 μM KS15	35.6	10 μM KS15 + 10 μM SR8278	44.5
20 μM KS15	36	20 μM KS15 + 10 μM SR8278	45.6
50 μM KS15	43.4	50 μM KS15 + 10 μM SR8278	48.7



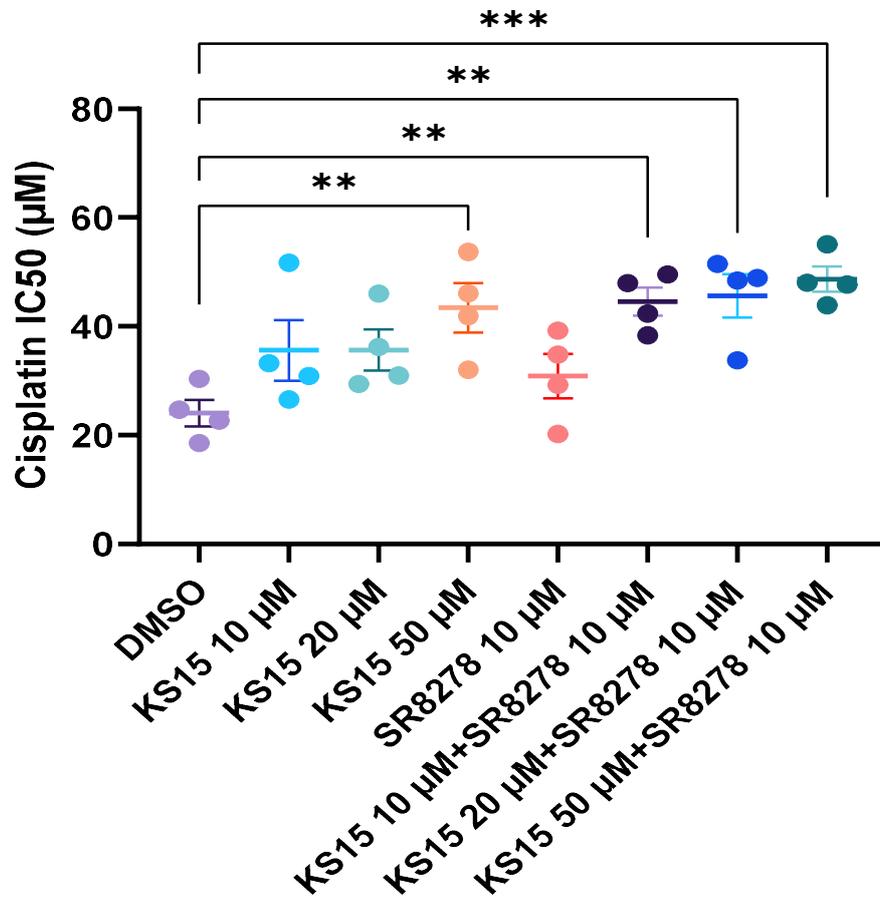


Figure 3.5: KS15 and SR8278 significantly increase cisplatin IC50 value in U2OS cells in a dose-dependent manner. Cisplatin IC50 values in U2OS cells that were cultured and treated for 48 hours with vehicle (DMSO) or the indicated concentrations of KS15 and SR8278 with 1.25, 2.5, 5, 10, 20, 40, 60 µM cisplatin. Cell viability was assessed using MTT assays and data are presented as means ± SEM (n= 4). Groups were compared using one-way ANOVA and Dunnett's multiple comparison test. Differences in samples were considered significant compared to DMSO if P<0.05 (*), P<0.01 (**), P<0.001 (***).

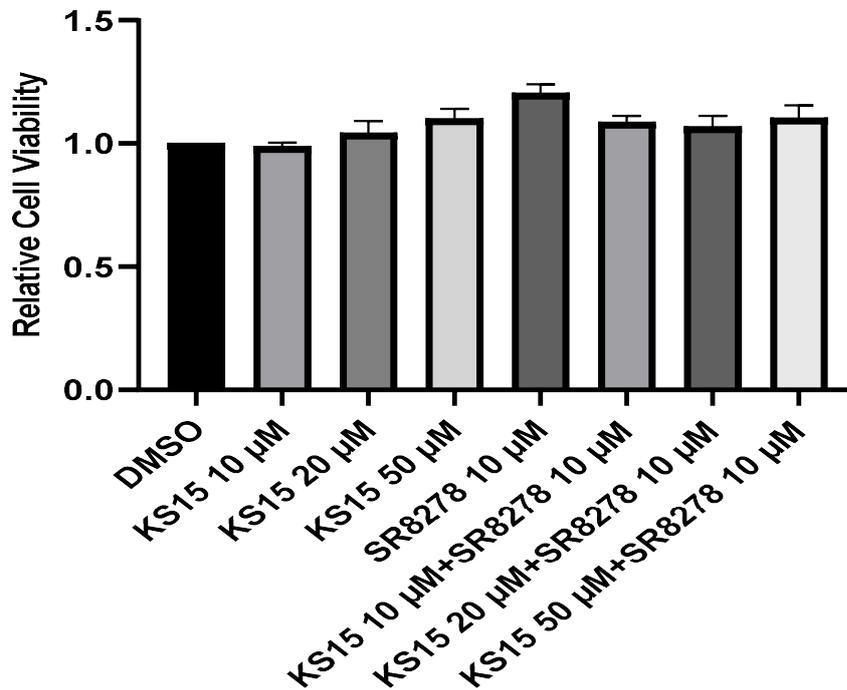


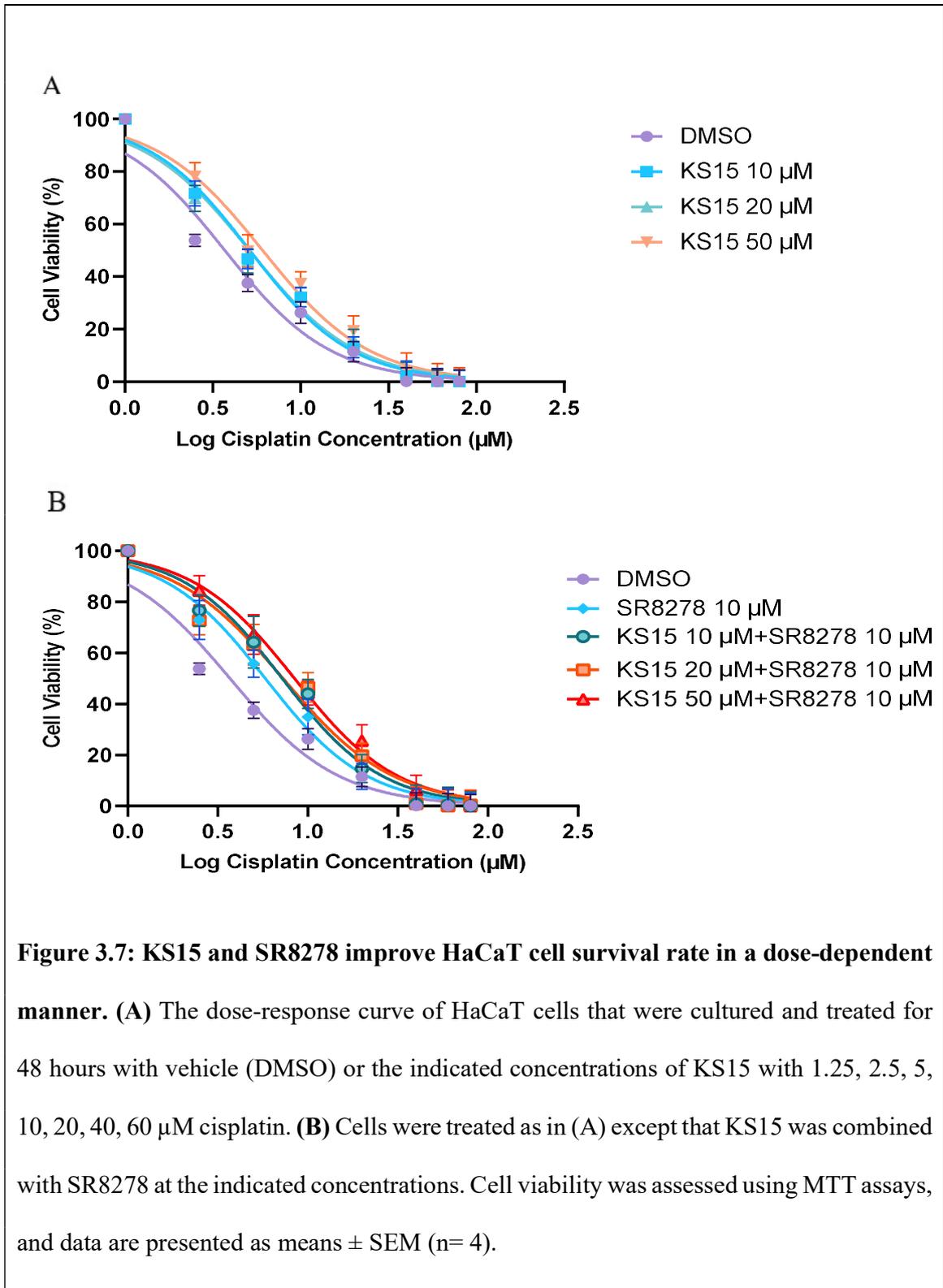
Figure 3.6: Clock-enhancing molecules have no significant effect on U2OS cell viability in the absence of cisplatin. Relative cell viability of U2OS cells treated with the indicated concentrations of KS15 and SR8278. Cells were cultured and treated for 48 h with vehicle (DMSO) or clock-enhancing molecules, and cell viability was assessed using MTT assays. Data are presented as means \pm SEM (n= 4), and groups were compared using one-way ANOVA and Dunnett's multiple comparison test. No significant difference was detected compared to DMSO.

3.3 KS15 and SR8278 reduce cisplatin cytotoxicity in HaCaT cells

An MTT assay was used to evaluate changes in HaCaT cell viability to investigate the impact of clock-enhancing molecules on cisplatin cytotoxicity using other cell lines. HaCaT cells were grown to confluency in 96-well plates and then treated with KS15 and SR8278 at various concentrations in the presence of cisplatin (1.25, 2.5, 5, 10, 20, 40, 60 μM). After 48 hours, the cell viability was evaluated and used to create dose-response curves and determine cisplatin IC₅₀ values.

KS15 was tested at concentrations of 10, 20, and 50 μM either alone or in combination with 10 μM SR8278. As demonstrated in **Figure 3.7.A**, the HaCaT cell survival rate was improved by KS15 in a dose-dependent manner, and the 50 μM concentration had the maximum effect. In addition, when SR8278 was combined with KS15, a greater increase in cell viability was observed compared to SR8278 alone (**Figure 3.7.B**).

A similar effect was detected on cisplatin IC₅₀ values, where treating HaCaT cells with 50 μM KS15 combined with 10 μM SR8278 resulted in a substantial increase in cisplatin IC₅₀ values from 5.2 μM for the DMSO group to 21.2 μM for the group treated with 50 μM KS15+ 10 μM SR8278 (**Figure 3.8**). These findings suggest that, in response to KS15+SR8278, a higher concentration of cisplatin was required to get the same cytotoxic effect compared to DMSO, and thereby the HaCaT cells were less susceptible to cisplatin cytotoxicity.



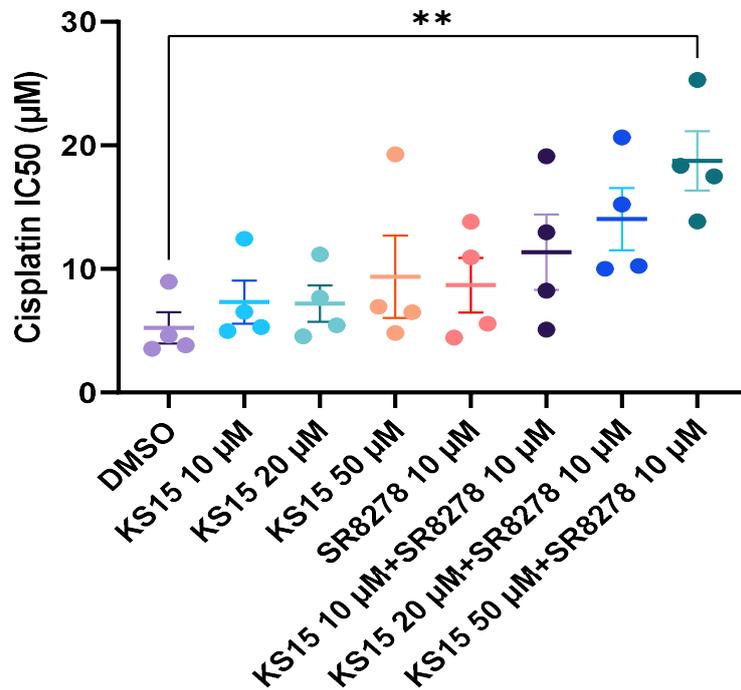
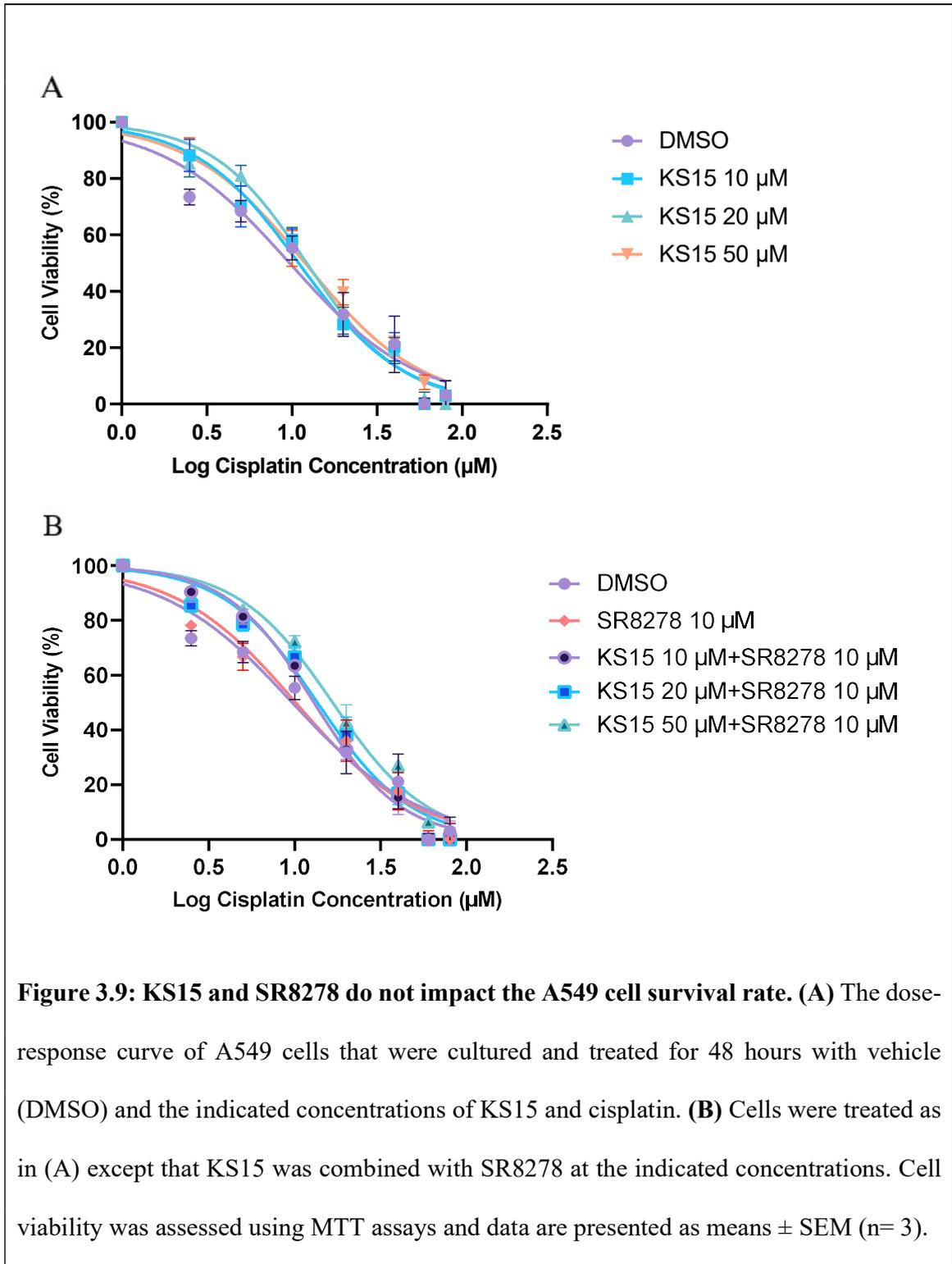


Figure 3.8: KS15 and SR8278 combination significantly increases cisplatin IC50 value in HaCaT cells in a dose-dependent manner. Cisplatin IC50 values in HaCaT cells that were cultured and treated for 48 hours with vehicle (DMSO) or the indicated concentrations of KS15 and SR8278 with (1.25, 2.5, 5, 10, 20, 40, 60 µM) of cisplatin. Cell viability assessed using MTT assay and data are presented as means ± SEM (n=4). Groups were compared using one-way ANOVA and Dunnett's multiple comparison test. Differences in samples were significant compared to DMSO at P<0.01 (**).

3.4 KS15 and SR8278 do not impact cisplatin cytotoxicity in A549 cells

To investigate the effect of clock-enhancing molecules on cisplatin cytotoxicity in lung cancer cells, an MTT assay was used to test changes in A549 cell viability. Cells were grown to confluency before being treated with KS15 and SR8278 at varying concentrations in the presence of cisplatin (1.25, 2.5, 5, 10, 20, 40, 60 M). The cell viability was determined after 48 hours, and data utilized to create dose-response curves and determine cisplatin IC₅₀ values.

KS15 was tested either alone (at 10, 20, and 50 μ M) or in combination with 10 μ M SR8278. As shown in **Figure 3.9**, there was no significant change in A549 cell survival in response to clock-enhancing molecules and similarly as shown in **Figure 3.10**, no effect was observed on cisplatin IC₅₀ values.



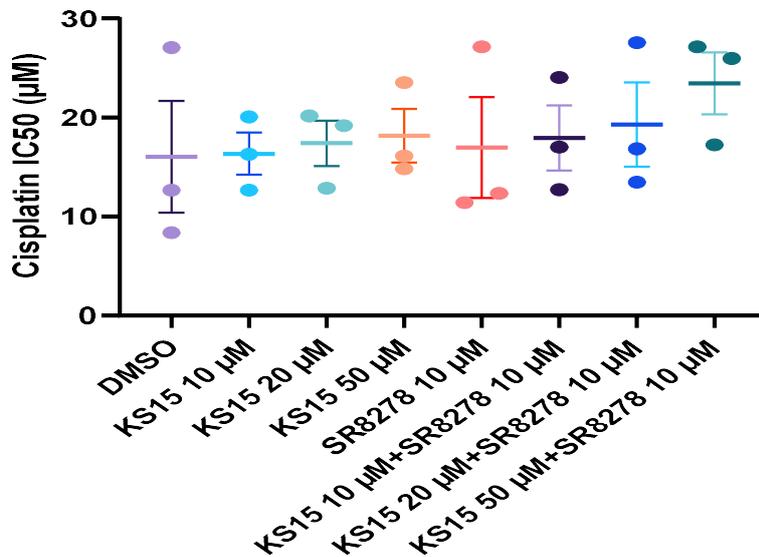


Figure 3.10: KS15 and SR8278 have no significant effect on cisplatin IC50 value in A549 cells. Cisplatin IC50 values in A549 cells that were cultured and treated for 48 hours with vehicle (DMSO) or the indicated concentrations of KS15 and SR8278 with 1.25, 2.5, 5, 10, 20, 40, 60 µM cisplatin. Cell viability was assessed using MTT assays and data are presented as means \pm SEM (n= 3). Groups were compared using one-way ANOVA and Dunnett's multiple comparison test. No significant difference was detected compared to DMSO.

3.5 KS15 and SR8278 modulate the expression profile of clock-controlled genes

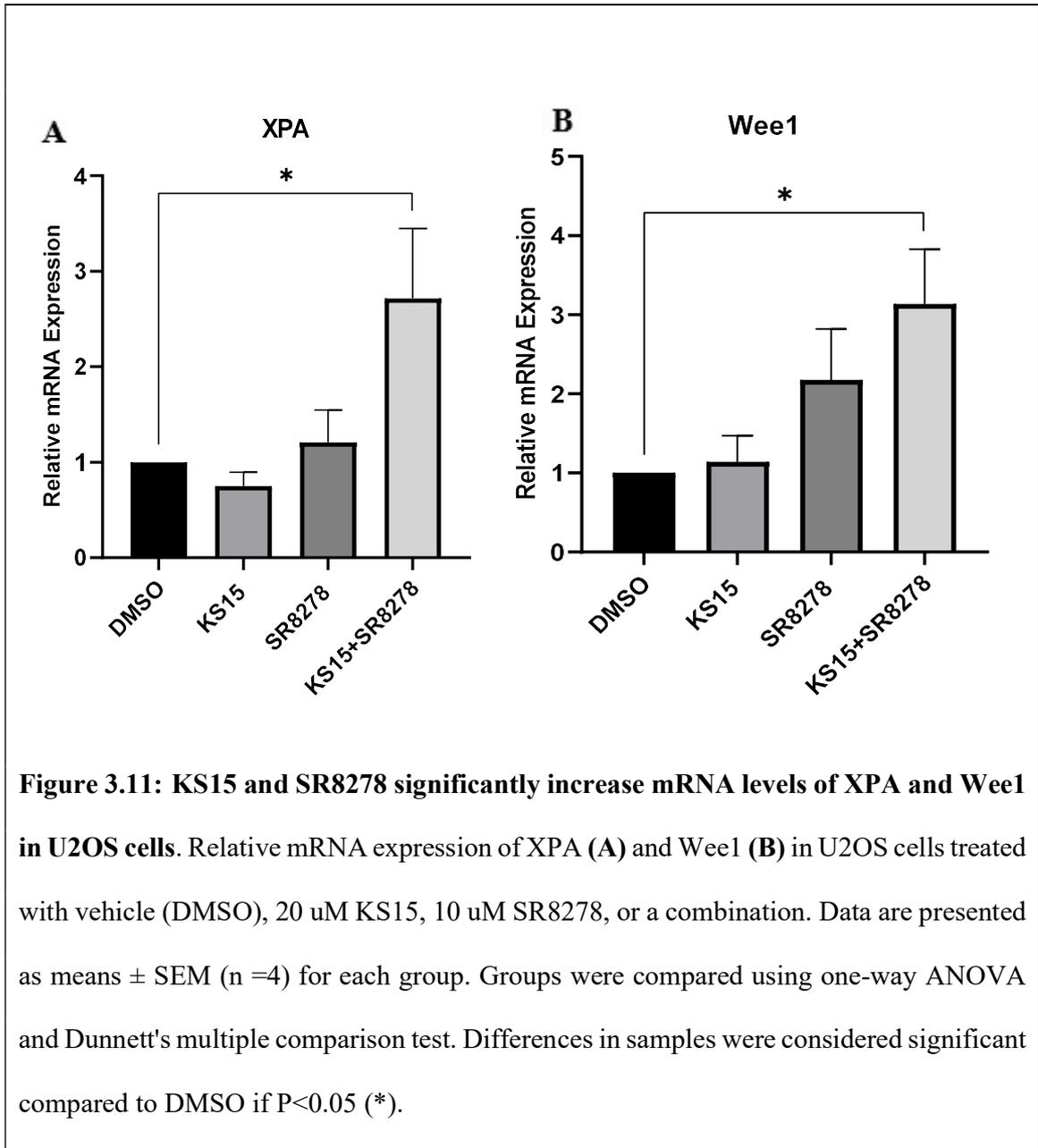
The expression profiles of clock-controlled genes were investigated to determine whether the protective effect of clock-enhancing molecules against cisplatin in U2OS and HaCaT cells (**Figure 3.3** and **Figure 3.7**) is related to circadian regulation of DNA repair and cell-cycle processes. It has been reported that XPA, which is a DNA repair gene and a rate-limiting factor in NER, and Wee1, which is anti-mitotic kinase and a cell cycle regulator, both exhibit circadian oscillation and their expression is regulated by the clock (20, 77). Therefore, it was hypothesized that KS15 and SR8278 could impact the expression of those genes as well as their corresponding proteins.

To test this hypothesis, U2OS cells were exposed to DMSO, 20 μ M KS15, 10 μ M SR8278, or a combination of KS15+SR8278 for 24 hours before being harvested for gene expression analysis by RT-qPCR. Dosing and time of treatment were selected based on the earlier dose-response analysis (3.2). Experiments showed that in comparison to DMSO, KS15+SR8278 treatment resulted in a 2.7-fold increase in the relative mRNA expression of XPA (**Figure 3.11.A**), and a 3.1-fold increase in Wee1 (**Figure 3.11.B**). However, neither KS15 nor SR8278 alone were able to significantly change the XPA and Wee1 gene expression.

After that, protein immunoblotting was performed to see if the changes in gene transcription were also detectable at the protein level. U2OS cells were treated for 24 hours with DMSO, 20 μ M KS15, 10 μ M SR8278, or a combination of KS15+SR8278. Protein lysates from these cells were immunoblotted and results are shown in **Figure 3.12**. A 2-fold increase in XPA and a 1.7-fold increase in Wee1 protein expression were observed with the KS15+SR8278 treatment, which is consistent with gene expression analysis.

However, the change in protein level did not reach a statistical significance as what was seen in gene expression because the time it takes for cellular signaling to affect gene expression is unlikely to be the same as it takes to change protein expression. Therefore, harvesting the cells at different time points or increasing the concentration of clock-enhancing molecules might be needed to achieve a significant difference at the protein level.

These findings demonstrate that KS15 and SR8278 increase the expression of XPA and Wee1 at both gene and protein levels, and this could correlate their protective effect against cisplatin cytotoxicity to the circadian regulation of DNA repair and cell-cycle processes. Interestingly, these results were not observed when the same experiment was done using HaCaT cells. According to **Figure 3.13**, KS15 alone tends to increase XPA and Wee1 protein expression, while SR8278 treatment causes a reduction. Thus, the stimulatory effect seen with the combination KS15+SR8278 in U2OS cells was not observed in HaCaT cells. The different responses observed in U2OS and HaCaT cells may be due to cell type and genetic background differences. However, because these clock modulators limit cytotoxicity in both cell lines, these results suggest that the protective effects of these compounds against cisplatin cytotoxicity may involve additional gene targets besides XPA and Wee1.



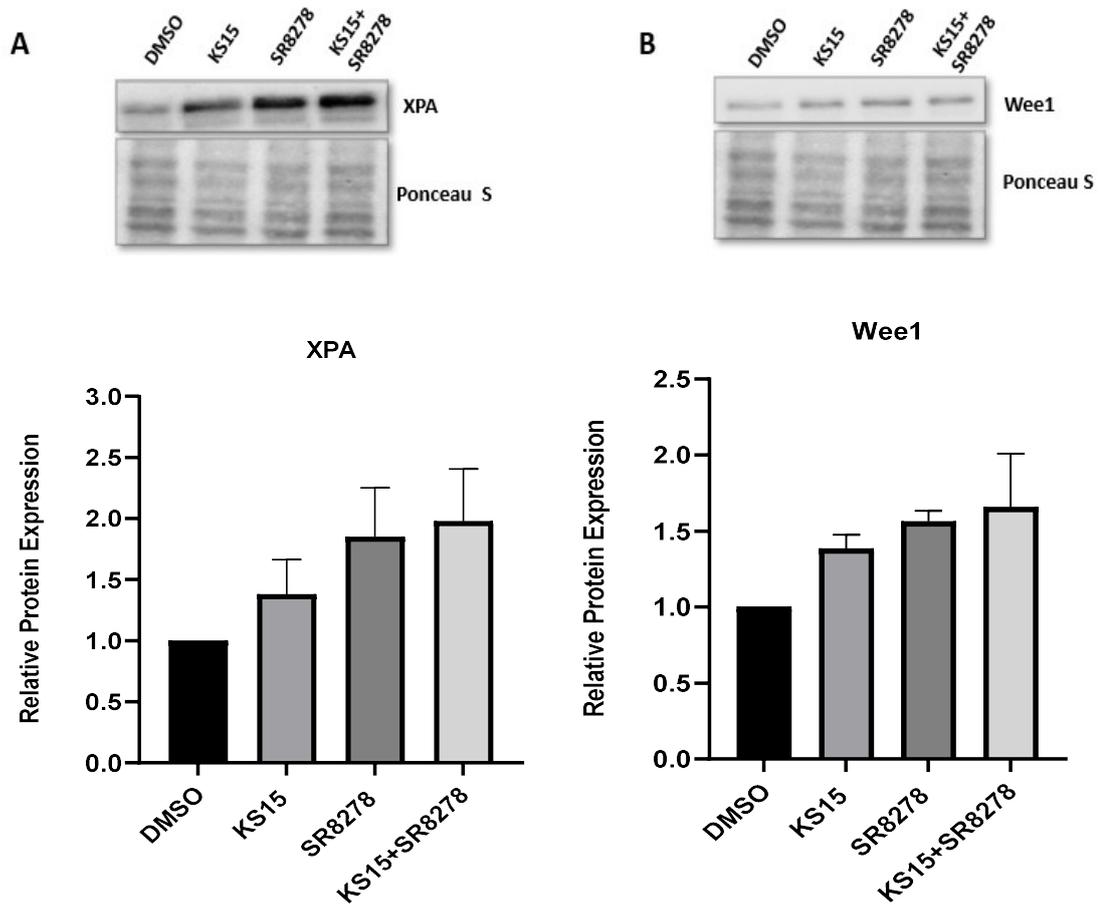
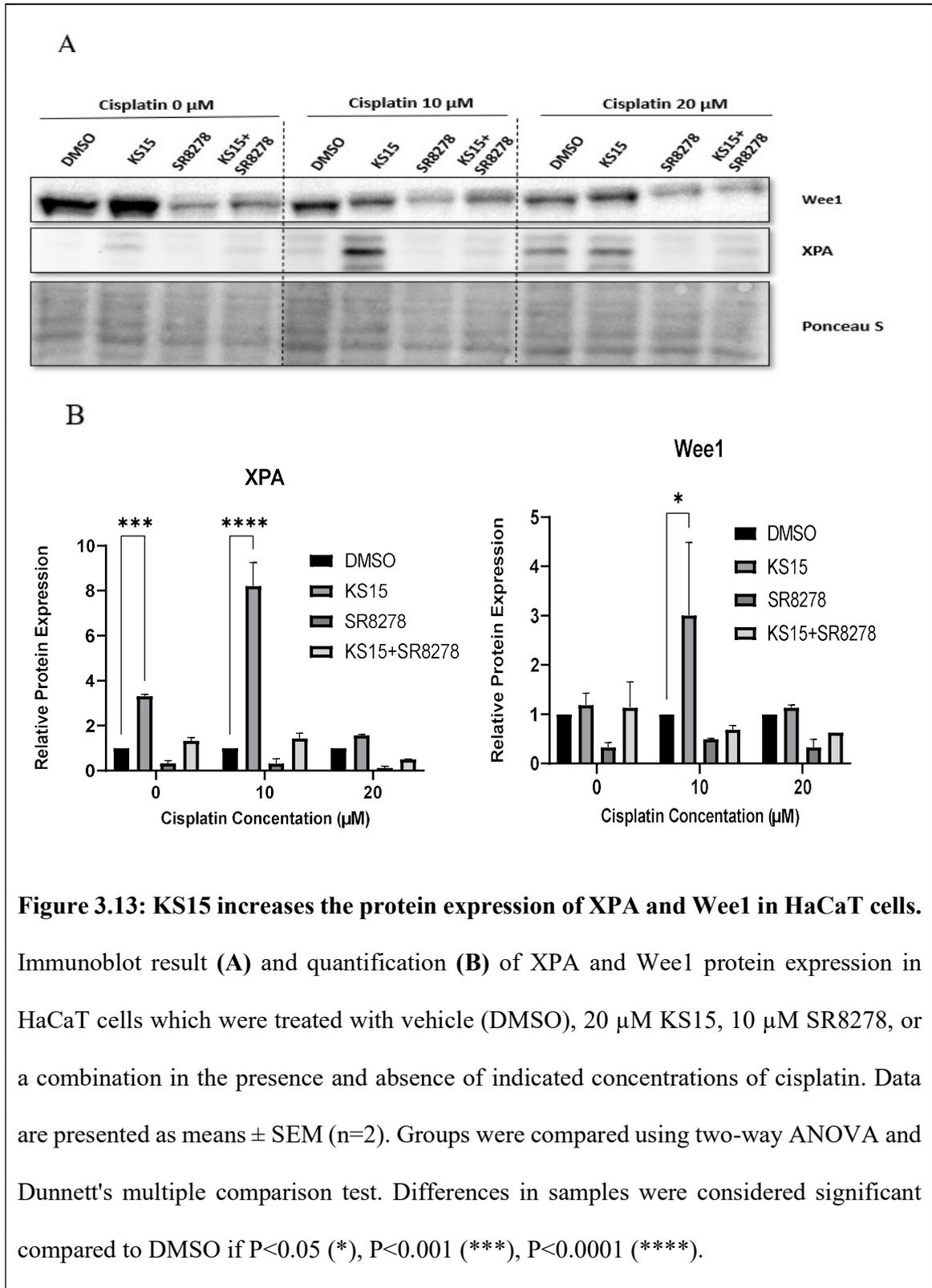
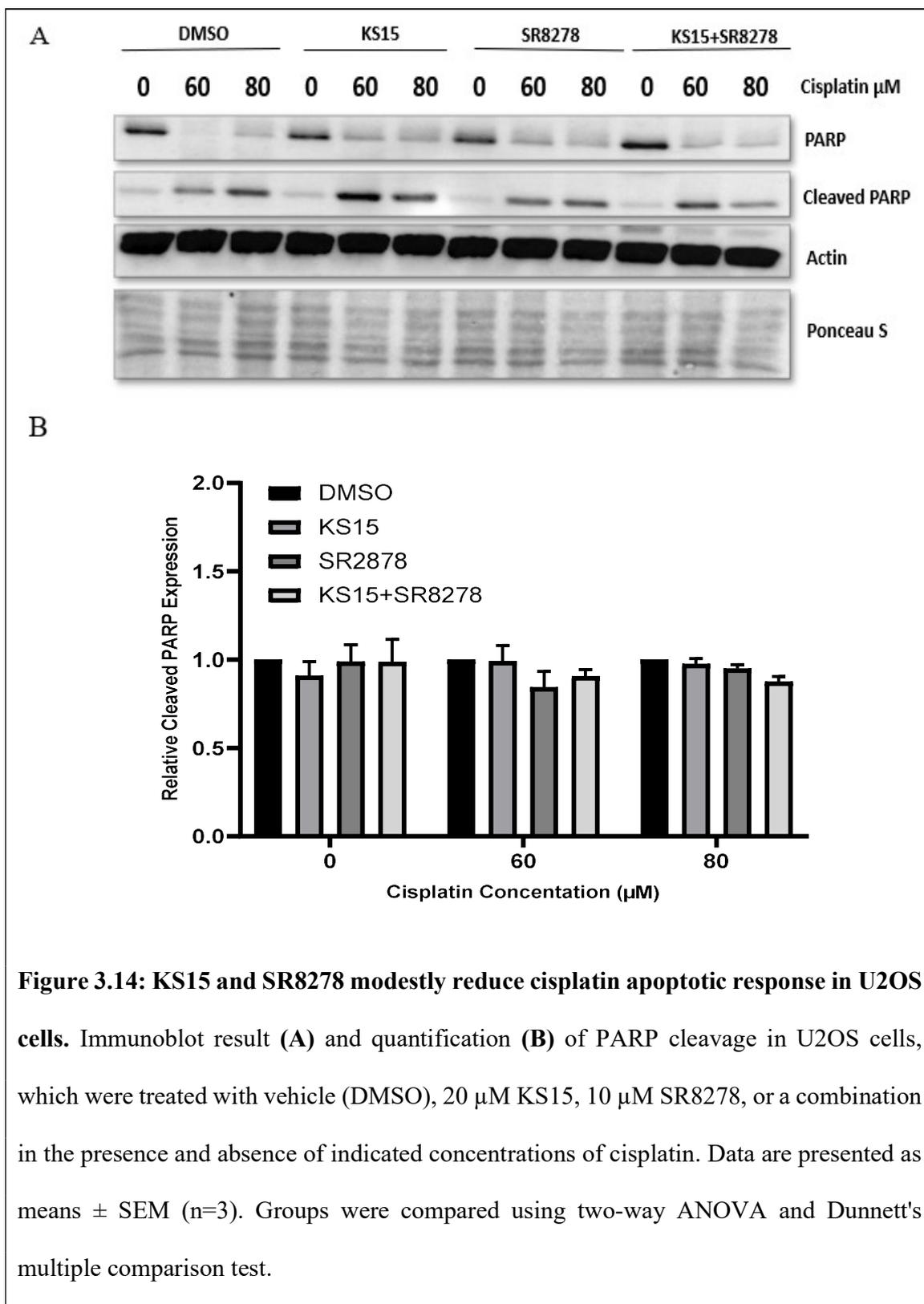


Figure 3.12: KS15 and SR8278 increase the protein expression of XPA and Wee1 in U2OS cells. Immunoblot analysis and quantification of XPA (A) and Wee1 (B) protein expression in U2OS cells, which were treated with vehicle (DMSO), 20 μ M KS15, 10 μ M SR8278, or a combination. Data are presented as means \pm SEM (n=3). Groups were compared using one-way ANOVA and Dunnett's multiple comparison test.



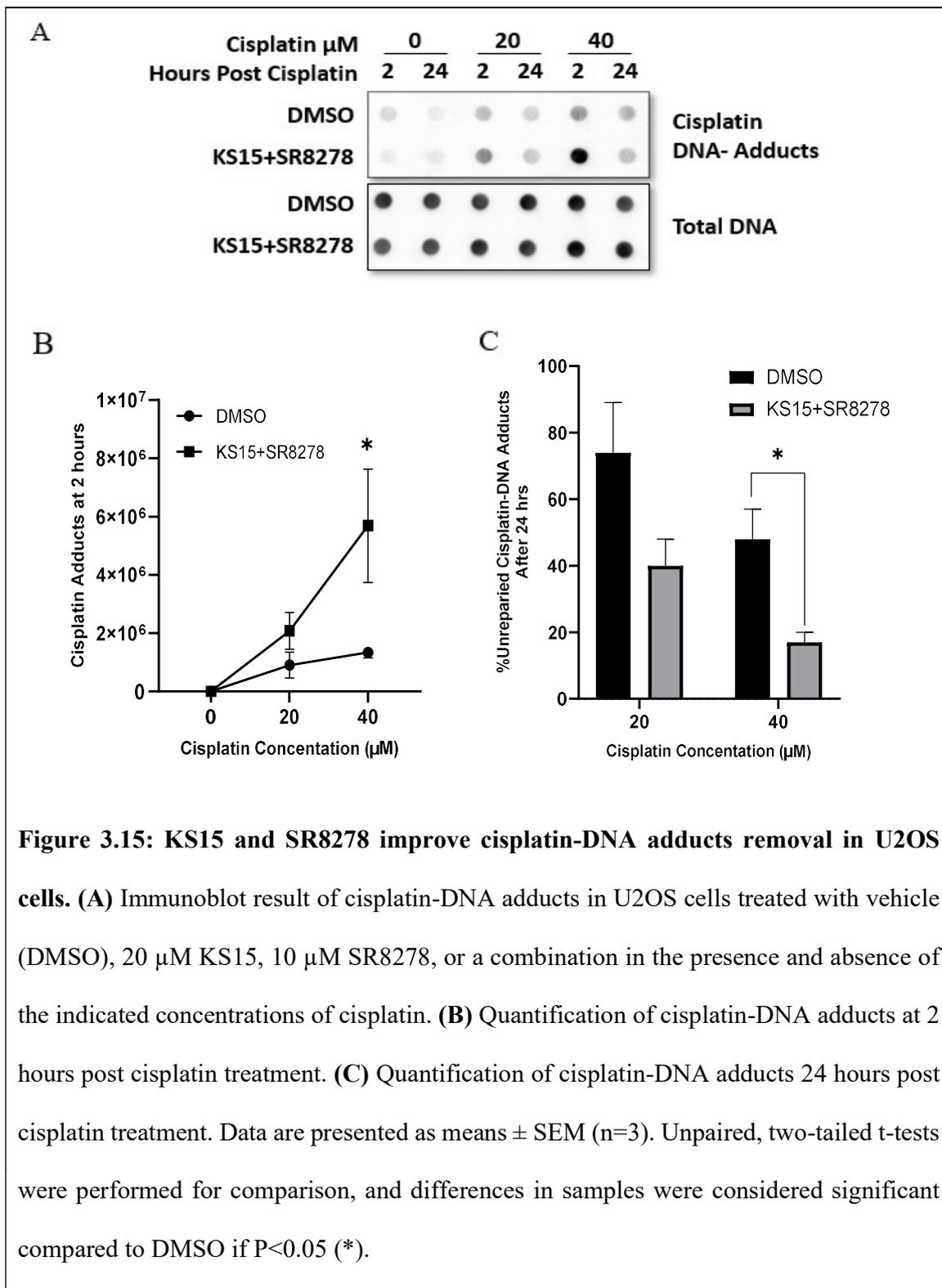
3.6 KS15 and SR8278 modestly reduce cisplatin apoptotic response in U2OS cells

Since cisplatin-induced cell death could be mediated by apoptosis, DNA damage-induced apoptosis following cisplatin treatment was evaluated by comparing PARP cleavage in response to circadian clock modulators. Circadian clock genes have been shown to play a role in cell proliferation, apoptosis, and cell cycle progression (42). Therefore, it was hypothesized that enhancing the circadian clock output using KS15 and SR8278 would impact cisplatin apoptotic response. To test this hypothesis, U2OS cells were treated with DMSO, 20 μ M KS15, 10 μ M SR8278, or a combination of KS15+SR8278 for 24 hours, then cell lysates were immunoblotted to detect apoptotic response using the cleavage of PARP as an indicator of apoptotic signaling. It was observed that KS15 and SR8278 resulted in 0.87-fold less PARP cleavage compared to DMSO at 80 μ M cisplatin as shown in **Figure 3.14**. However, the difference was not substantial and higher concentrations of clock-enhancing molecules might be needed to detect a significant reduction in apoptotic response. It is also possible that the clock drugs limit cisplatin toxicity by preventing a non-apoptotic form of cell death. Nonetheless, these findings indicate that U2OS cells have slightly lower apoptotic signaling in response to clock-enhancing molecules following cisplatin treatment, and this observation is considered consistent with increased cell survival tested earlier (**Section 3.2**).



3.7 KS15 and SR8278 improve cisplatin-DNA adduct removal in U2OS cells

Cisplatin exerts its cytotoxic effect by crosslinking with DNA purine bases and forming bulky DNA adducts; consequently, it induces cellular apoptosis and cell cycle arrest. The severity of cisplatin's toxicity and its efficacy are highly influenced by forming the bulky DNA lesions. Those lesions are primarily repaired by the NER system to minimize the cisplatin-induced DNA damage. To determine whether the clock-enhancing molecules would affect the removal of cisplatin-DNA adducts, U2OS cells were treated with 0, 20, and 40 μM cisplatin in the presence or absence of 20 μM KS15 and 10 μM SR8278. Cells were harvested at 2 and 24 hours post cisplatin treatment and genomic DNA was purified for cisplatin-DNA adduct analysis by immunoblotting. Despite having more cisplatin-DNA adducts at 2 hours (**Figure 3.15.B**), the KS15 and SR8278 combination resulted in a significant improvement in the cisplatin-DNA adduct removal 24 hours post cisplatin treatment. At 40 μM cisplatin, 17% of unrepaired DNA- adducts remained in KS15 and SR8278 treated cells compared to 48% in DMSO treated ones (**Figure 3.15.C**). These findings are consistent with what was previously shown (**Section 3.5**) about how clock-enhancing molecules increase the expression of DNA repair protein (XPA), which is a key factor in the NER system.



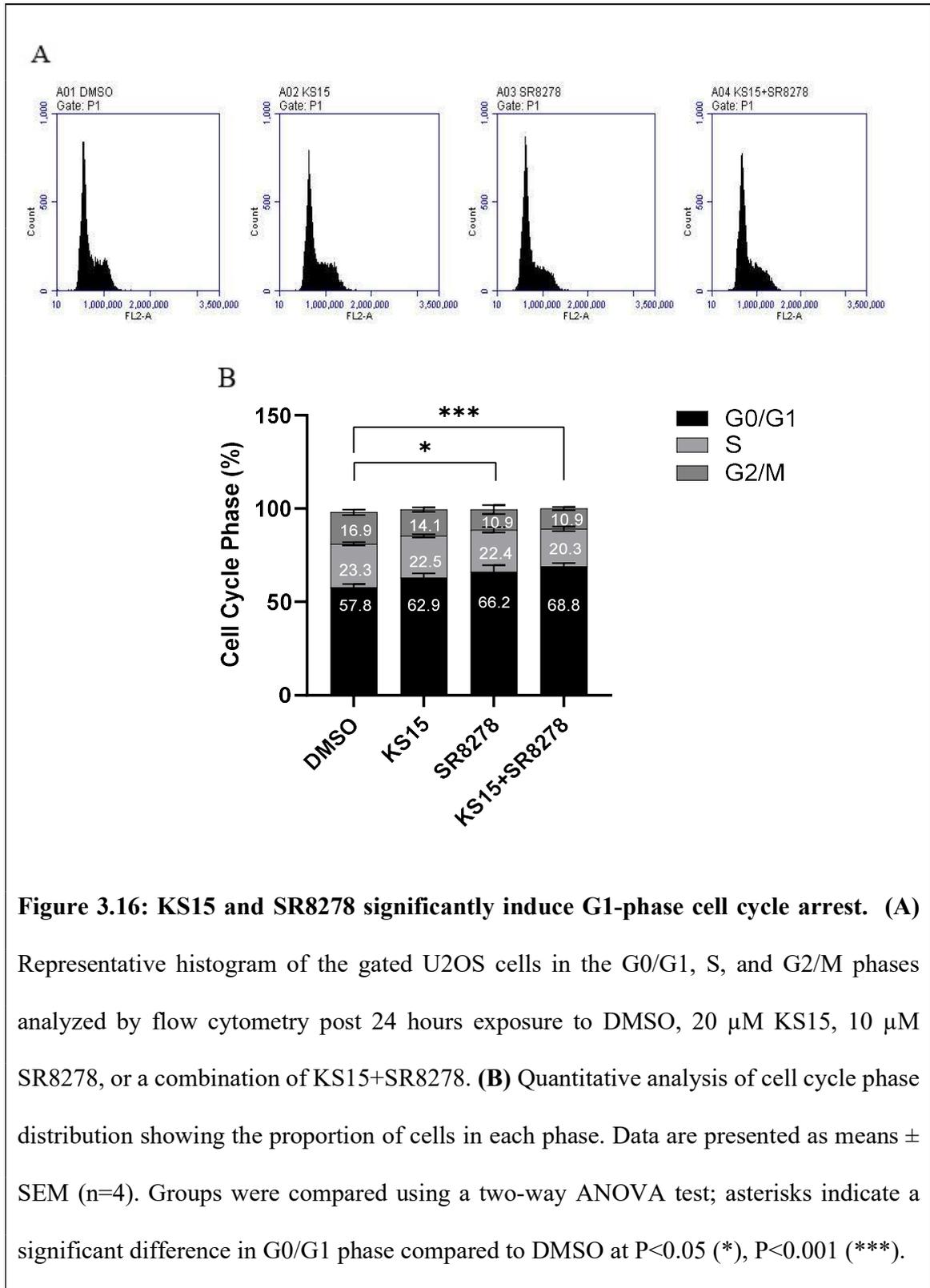
3.8 KS15 and SR8278 induce G1-phase cell cycle arrest and inhibit cell cycle progression

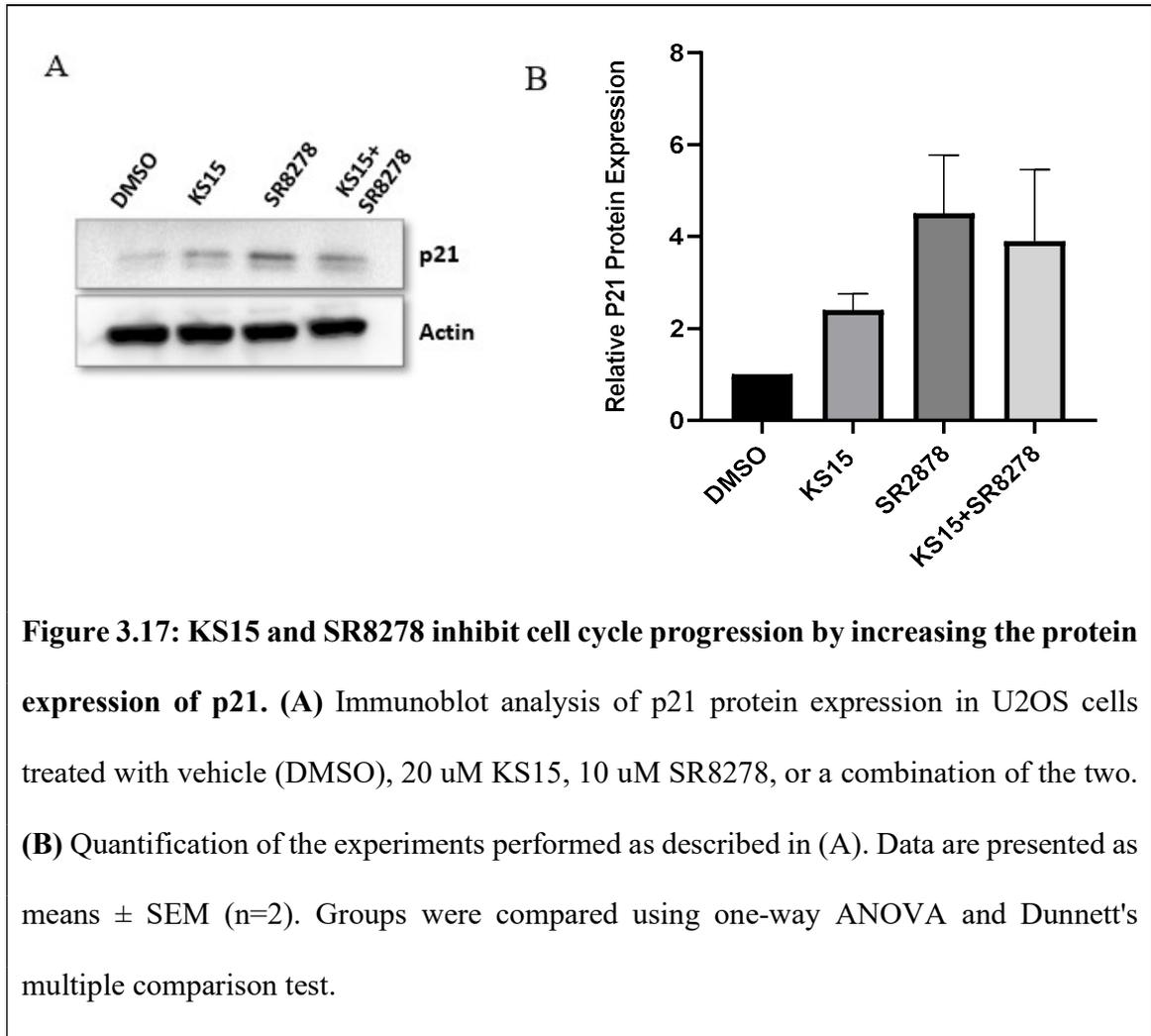
Because cell cycle arrest maintains genome integrity and allows cells to repair DNA damage before replication occurs, it was hypothesized that KS15 and SR8278 would affect the cell cycle distribution as part of their protective effect against cisplatin-induced DNA damage. To test this hypothesis, flow cytometry was used to analyze the changes in cell cycle distribution following the KS15 and SR8278 exposure. U2OS cells were treated with DMSO, 20 μ M KS15, 10 μ M SR8278, or a combination of KS15+SR8278 for 24 hours and then harvested, fixed with ethanol, stained using propidium iodide solution and analyzed for their DNA content using the flow cytometer. As shown in **Figure 3.16**, a significant arrest in the G1 phase was observed after KS15 and SR8278 treatment. 68.8% of cells were accumulating in the G1 phase post KS15 and SR8278 exposure compared to 57.8% in DMSO treated cells. Additionally, treated cells with KS15 and SR8278 showed a concomitant decrease in the proportion of cells in the G2/M phase compared to DMSO, with 10.9% versus 16.9%, respectively.

Furthermore, the clock has been shown to control the G1/S checkpoint by regulating the cyclin-dependent kinase inhibitor protein p21, which inhibits cell cycle progression and has been shown to be positively regulated by the CLOCK-BMAL1 gene (35). Therefore, to further examine the effect of clock-enhancing molecules on cell cycle progression, the expression profile of p21 was investigated. U2OS cells were treated for 24 hours with DMSO, 20 μ M KS15, 10 μ M SR8278, or a combination of KS15+SR8278, then protein lysates from these cells were immunoblotted. As shown in **Figure 3.17**, KS15 and SR8278 combination increased the p21 protein expression up to 3.9-fold change

compared to DMSO, which indicates that KS15 and SR8278 inhibit cell cycle progression by increasing the expression of the cyclin-dependent kinase inhibitor protein p21.

Overall, the results of this section support earlier findings (**Section 3.5**) about how clock-enhancing molecules increase the expression of the anti-mitotic kinase Wee1, and consistent with research studies that implicated the clock in the regulation of p20 and p21 proteins, which are expected to cause a cell cycle arrest (35, 36).





4 DISCUSSION AND CONCLUSION

Due to the toxicity associated with cisplatin treatment, which is a significant limitation of cisplatin use, it is becoming essential to identify strategies that maximize its efficacy while minimizing side effects. Chronochemotherapy, which modifies cisplatin toxicity by changing the administration time to when it has the least DNA-damaging effect, is a promising approach for enhancing cisplatin therapeutic outcome (11–13). Cisplatin exerts its cytotoxic effect by crosslinking with DNA purine bases and forming bulky DNA adducts; consequently, it induces cellular apoptosis and cell cycle arrest, and since cisplatin-induced DNA damage is primarily repaired by the NER pathway, the circadian regulation of the NER system is thought to be responsible for cisplatin toxicity chronomodulation. Moreover, the circadian oscillation of XPA influences the repair of cisplatin-DNA adducts by the NER system, and as a result, it modulates the associated cisplatin toxicity (18, 19). Based on that, circadian rhythm modulation offers a potential mechanism for enhancing cisplatin tolerability and treatment outcomes by improving the cellular response to cisplatin-induced DNA damage. However, among the circadian clock modulation strategies, there has not been much research done on using pharmacological modulation of the circadian clock to optimize cisplatin use.

Here we use an in-vitro model to see whether the circadian modulation via clock-enhancing molecules can be used to improve cisplatin tolerability. We find that clock modulation using KS15 and SR8278 molecules significantly increases the cell viability of both U2OS and HaCaT cells post cisplatin exposure (**Figure 3.4** and **Figure 3.7**). This effect seems to be a dose-dependent effect and associated with higher cisplatin IC₅₀ values, suggesting that KS15 and SR8278 clock enhancement protect those cells against cisplatin

cytotoxicity (**Figure 3.5** and **Figure 3.8**). On the other hand, A549 cell viability and sensitivity to cisplatin are not affected by KS15 and SR8278 (**Figure 3.9** and **Figure 3.10**). Each cell line's different characteristics and genetic backgrounds could explain the variation in response to clock modulation. For example, A549 cells are deficient in cyclin-dependent kinase inhibitor 2A, a tumor suppressor gene that encodes two splice variants triggering G1-phase cell cycle arrest (78). Also, HaCaT cells have a p53 mutational spectrum similar to that of ultraviolet light-induced mutations (79). It will therefore be important to investigate the protective effects of KS15 and SR8278 in response to cisplatin on a broader panel of cell lines, including normal and primary cells, before being tested in mouse models.

To better understand the mechanism underlying the KS15 and SR8278 protective role against cisplatin toxicity, we investigate the changes in the expression profile of specific clock-controlled genes and proteins. U2OS cells are becoming less sensitive to cisplatin cytotoxicity post KS15 and SR8278 treatment, possibly associated with improved DNA repair capacity induced by enhanced circadian clock output. We find that clock enhancement via KS15 and SR8278 led to a significant increase in the expression of XPA and Wee1 at both the mRNA and protein levels (**Figure 3.11** and **Figure 3.12**). Our data suggest that the decreased susceptibility to cisplatin induced by KS15 and SR8278 results from increased expression of DNA repair protein XPA and anti-mitotic kinase Wee1. This is consistent with the role of XPA and Wee1 in cisplatin-induced DNA damage repair and in line with research studies demonstrated that both XPA and Wee1 exhibit circadian oscillation and their expression is regulated by the clock (20, 77). In HaCaT cells, on the other hand, KS15 alone appears to increase XPA and Wee1 protein expression, while

SR8278 treatment results in a decrease in expression (**Figure 3.13**). The variation in response observed in U2OS and HaCaT cells could arise due to the cell type and genetic background differences. Nonetheless, since the clock modulators reduce cytotoxicity in both cell lines, these findings indicate that the protective effect of clock-enhancing molecules against cisplatin toxicity may include genes other than XPA and Wee1. A large-scale genome-wide gene expression analysis by RNA tracking could be useful to better understand the diverse sets of genes impacted by these molecules.

Another finding is that clock-enhancing molecules modestly reduce the cisplatin apoptotic response in U2OS cells. Cisplatin-induced apoptosis was assessed by PARP cleavage, and KS15+SR8278 clock modulation resulted in a slightly lower apoptotic signaling detected 24 hours post cisplatin treatment (**Figure 3.14**). This observation is consistent with increased cell survival; however, it is still possible that the clock drugs are limiting cisplatin toxicity by preventing a non-apoptotic form of cell death. Furthermore, we identify the functional consequences of clock-enhancing molecules on cisplatin-DNA adduct repair and cell cycle progression. The formation of bulky DNA lesions and the cellular capacity to repair those lesions via the NER pathway significantly impact cisplatin's toxicity (18, 19). Based on the finding that the clock-enhancing molecules increase the expression of NER essential protein, XPA, it is expected that they would impact the removal of cisplatin-DNA adduct. Our data demonstrate that KS15 and SR8278 significantly improve cisplatin-DNA adduct removal 24 hours post cisplatin treatment (**Figure 3.15.C**). Paradoxically, at 2 hours after cisplatin exposure, more DNA adducts were detected with KS15 and SR8278 treatments (**Figure 3.15.B**), which is unexpected and warrants further investigation. It will be valuable to see whether this effect is caused

by KS15, SR8278, or a combination of the two, and since it occurs rapidly within two hours of cisplatin therapy, it is unlikely to be due to changes in gene expression. Changes in transporter activity could have altered cisplatin cellular uptake, which may be a possible explanation of the two-hour effect. It has been shown that there is a circadian variation on the expression of cisplatin transporters, including OCT2, MRP1, and ATP7A, which might indicate that cisplatin cellular uptake is controlled by the clock (79).

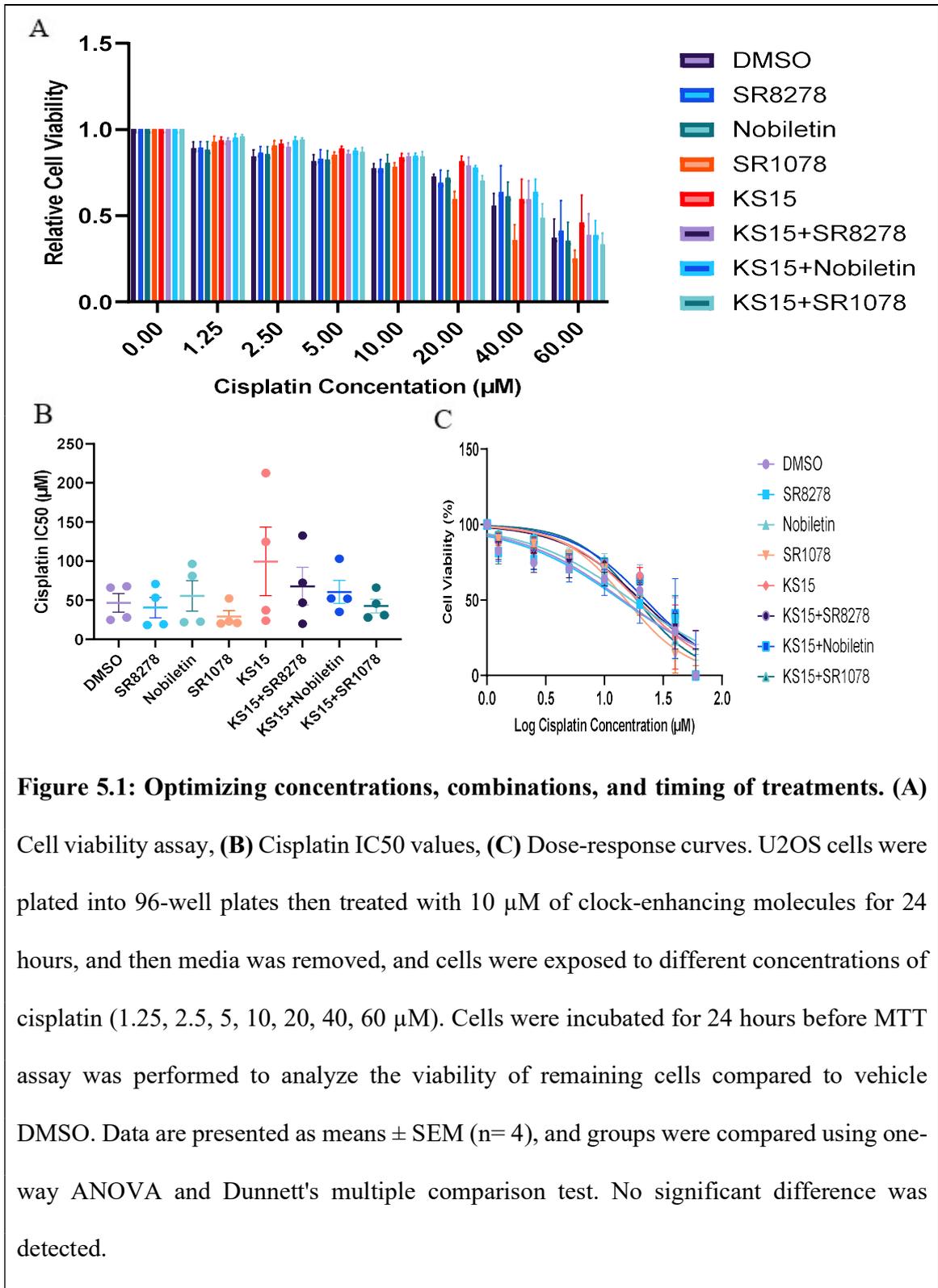
Lastly, the evidence suggests that the clock controls the cell cycle by regulating the DNA damage checkpoints (31–34). Therefore, we investigate the effect of clock-enhancing molecules on the cell cycle progression, and our data suggest that the protective effect of KS15 and SR8278 against cisplatin cytotoxicity is at least partly due to their ability to inhibit cell cycle progression and induce a G1 phase cell cycle arrest, giving cells time to repair crucial DNA damage before replication. A significant arrest in the G1 phase was observed after KS15 and SR8278 treatment with a concomitant decrease in the proportion of cells in the G2/M phase (**Figure 3.16**). Furthermore, KS15 and SR8278 increased the protein expression of p21, which inhibits cell cycle progression through inhibiting the cyclin-dependent kinase activity (**Figure 3.17**). These findings are in line with the detected elevation in the anti-mitotic kinase Wee1 and consistent with research studies that implicated the clock in the regulation of p20 and p21 proteins, which are expected to cause a cell cycle arrest (35, 36).

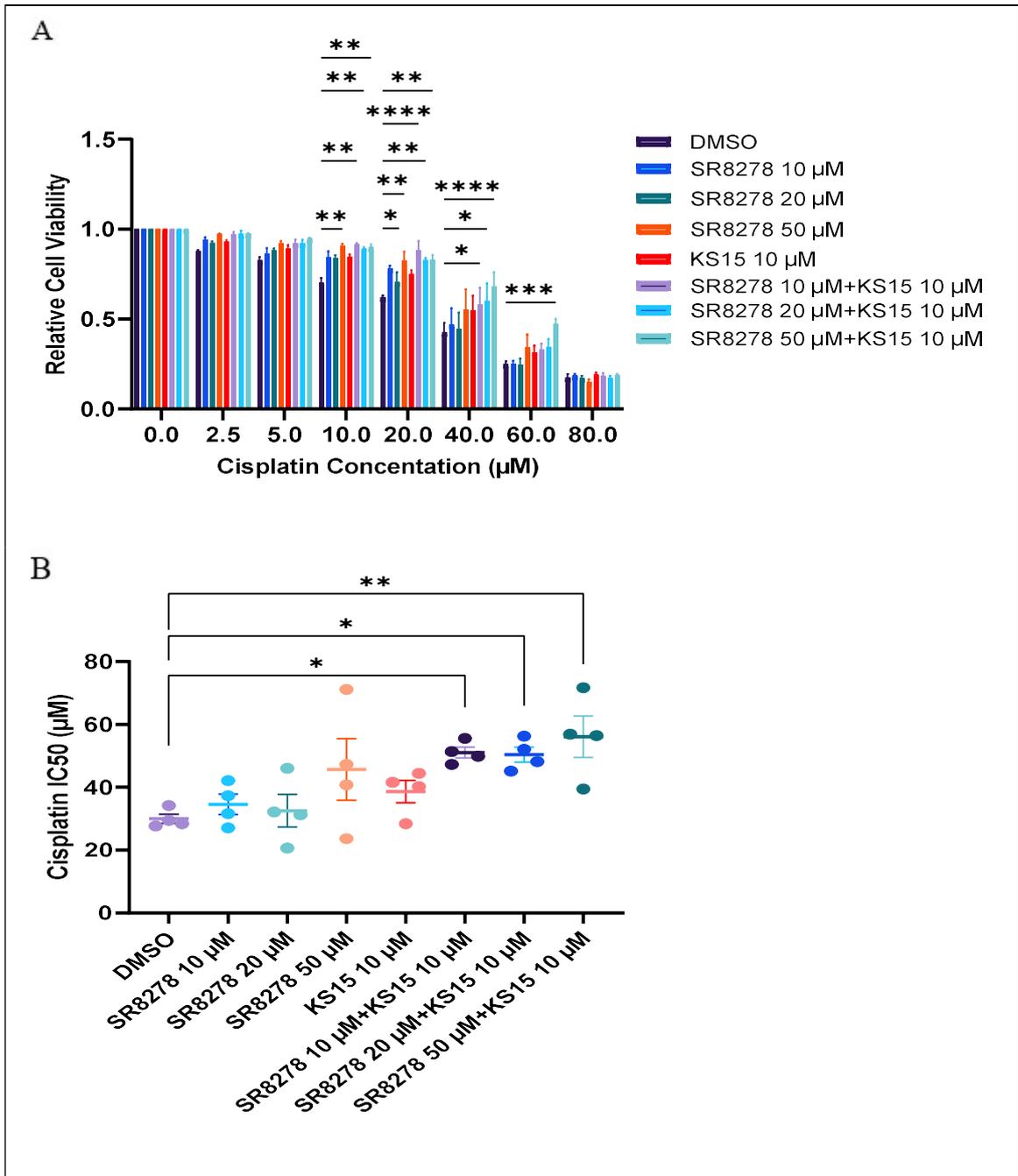
It is noteworthy that while mammalian cells retain their circadian rhythmicity in a tissue culture setting, individual cells can be out of phase with one another resulting in a non-synchronized circadian rhythm (73). In this project, we do not use any *in-vitro* circadian synchronization by serum shock or dexamethasone that synchronizes the phases

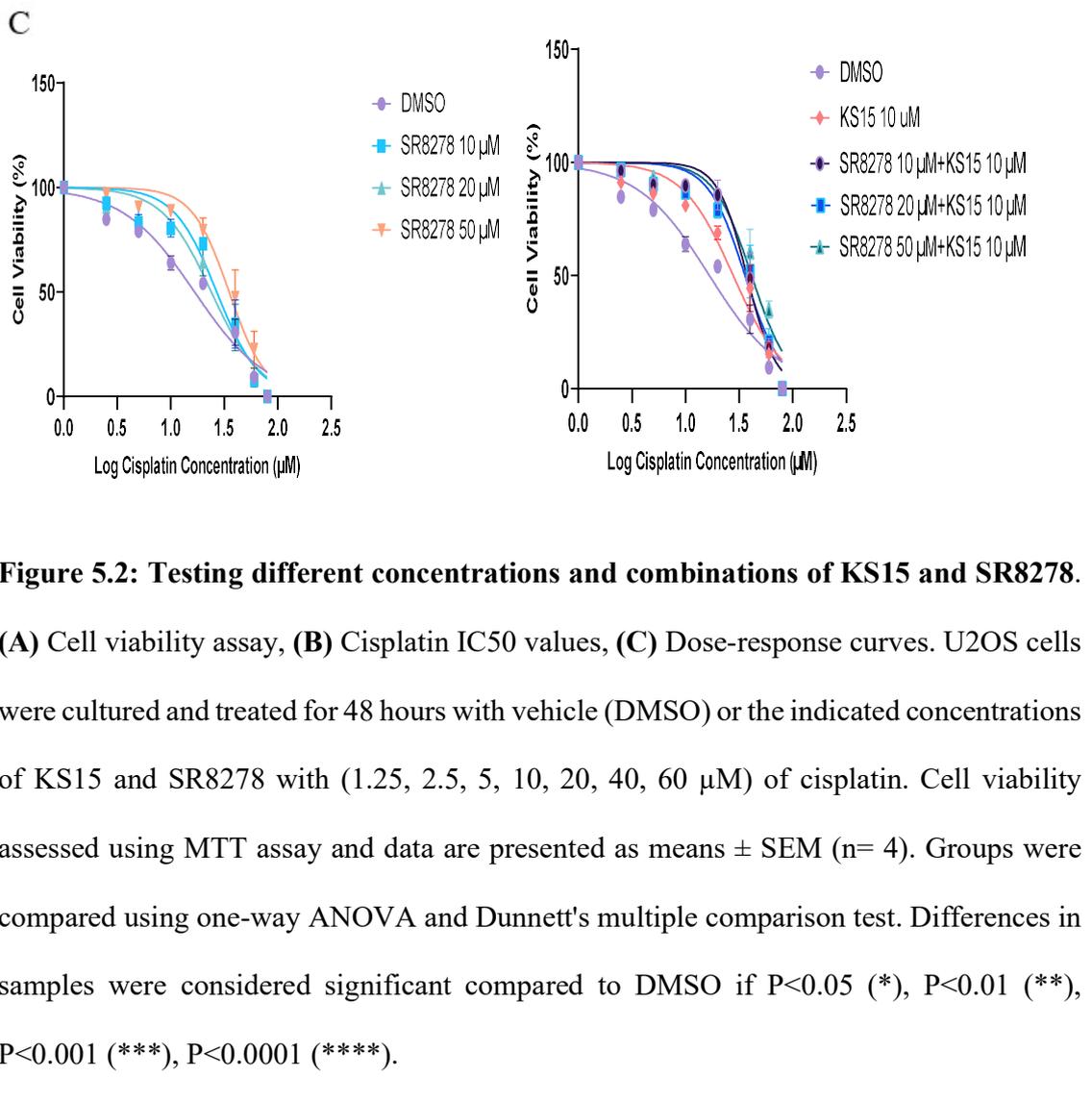
of the cells, and the culture as a whole becomes a synchronized circadian system (80, 81). However, our model responded well to the clock modulation, and changes in clock-controlled processes were detected. Nonetheless, it will still be interesting to test the clock-enhancing molecules in a synchronized system, and before moving to *in-vivo* studies either in mice or humans, it will likely be important to see if the clock modulator timing during the day will impact the outcome.

In conclusion, our results here indicate that circadian clock enhancement via small molecules KS15 and SR8278 attenuates cisplatin cytotoxicity by improving the cellular DNA repair capacity. This effect is likely due to the clock regulation of the DNA repair pathway and cell cycle progression, which results in a better repair of cisplatin-induced DNA adducts. Besides, our findings suggest that the use of circadian clock modulators has promising implications as a novel strategy for improving cancer care and treatment outcomes.

5 SUPPLEMENTAL MATERIAL







6 REFERENCES

1. Dasari S, Bernard Tchounwou P. 2014. Cisplatin in cancer therapy: Molecular mechanisms of action. *Eur. J. Pharmacol.* 740:364–78
2. Kelland L. 2007. The resurgence of platinum-based cancer chemotherapy. *Nat. Rev. Cancer.* 7(8):573–84
3. Makovec T. 2019. Cisplatin and beyond: Molecular mechanisms of action and drug resistance development in cancer chemotherapy. *Radiol. Oncol.* 53(2):148–58
4. Wang Z, Zhu G. 2018. DNA Damage Repair Pathways and Repair of Cisplatin-Induced DNA Damage. In *Reference Module in Chemistry, Molecular Sciences and Chemical Engineering*. Elsevier
5. Jamieson ER, Lippard SJ. 1999. Structure, recognition, and processing of cisplatin-DNA adducts. *Chem. Rev.* 99(9):2467–98
6. O’Grady S, Finn SP, Cuffe S, Richard DJ, O’Byrne KJ, Barr MP. 2014. The role of DNA repair pathways in cisplatin resistant lung cancer. *Cancer Treat. Rev.* 40(10):1161–70
7. Rabik CA, Dolan ME. 2007. Molecular mechanisms of resistance and toxicity associated with platinating agents. *Cancer Treat. Rev.* 33(1):9–23
8. Zha M, Tian T, Xu W, Liu S, Jia J, et al. 2020. The circadian clock gene Bmal1 facilitates cisplatin-induced renal injury and hepatization. *Cell Death Dis.* 11(6):1–

9. Jung Y, Lippard SJ. 2007. Direct cellular responses to platinum-induced DNA damage. *Chem. Rev.* 107(5):1387–1407
10. Lévi F, Okyar A, Dulong S, Innominato PF, Clairambault J. 2010. Circadian Timing in Cancer Treatments. *Annu. Rev. Pharmacol. Toxicol.* 50(1):377–421
11. Levi F, Okyar A, Dulong S, Innominato PF, Clairambault J. 2010. Circadian timing in cancer treatments. *Annu. Rev. Pharmacol. Toxicol.* 50:377–421
12. Hrushesky WJM. 1985. Circadian timing of cancer chemotherapy. *Science (80-.).* 228(4695):73–75
13. Li J, Chen R, Ji M, Zou SL, Zhu LN. 2015. Cisplatin-based chronotherapy for advanced non-small cell lung cancer patients: A randomized controlled study and its pharmacokinetics analysis. *Cancer Chemother. Pharmacol.* 76(3):651–55
14. Chen D, Cheng J, Yang K, Ma Y, Yang F. 2013. Retrospective analysis of chronomodulated chemotherapy versus conventional chemotherapy with paclitaxel, carboplatin, and 5-fluorouracil in patients with recurrent and/or metastatic head and neck squamous cell carcinoma. *Onco. Targets. Ther.* 6:1507–14
15. Li J, Chen R, Ji M, Zou SL, Zhu LN. 2015. Cisplatin-based chronotherapy for advanced non-small cell lung cancer patients: A randomized controlled study and its pharmacokinetics analysis. *Cancer Chemother. Pharmacol.* 76(3):651–55
16. Boughattas NA, Levi F, Fournier C, Lemaigre G, Roulon A, et al. 1989. Circadian Rhythm in Toxicities and Tissue Uptake of 1,2-Diammino-cyclohexane(fra/is-)oxalatoplatinum(II) in Mice¹

17. Dakup PP, Porter KI, Little AA, Gajula RP, Zhang H, et al. 2018. The circadian clock regulates cisplatin-induced toxicity and tumor regression in melanoma mouse and human models. *Oncotarget*. 9(18):14524–38
18. Kang TH, Lindsey-Boltz LA, Reardon JT, Sancar A. 2010. Circadian control of XPA and excision repair of cisplatin-DNA damage by cryptochrome and HERC2 ubiquitin ligase. *Proc. Natl. Acad. Sci. U. S. A.* 107(11):4890–95
19. Kang TH, Reardon JT, Sancar A. 2011. Regulation of nucleotide excision repair activity by transcriptional and post-transcriptional control of the XPA protein. *Nucleic Acids Res.* 39(8):3176–87
20. Kang TH, Reardon JT, Kemp M, Sancar A. 2009. Circadian oscillation of nucleotide excision repair in mammalian brain. *Proc. Natl. Acad. Sci. U. S. A.* 106(8):2864–67
21. Altinok A, Lévi F, Goldbeter A. 2009. Identifying mechanisms of chronotolerance and chronoefficacy for the anticancer drugs 5-fluorouracil and oxaliplatin by computational modeling. *Eur. J. Pharm. Sci.* 36(1):20–38
22. Ancoli-Israel S, Rissling M, Neikrug A, Trofimenko V, Natarajan L, et al. 2012. Light treatment prevents fatigue in women undergoing chemotherapy for breast cancer. *Support. Care Cancer*. 20(6):1211–19
23. Wulund L, Reddy AB. 2015. A brief history of circadian time: The emergence of redox oscillations as a novel component of biological rhythms. *Perspect. Sci.* 6:27–37
24. Konopka RJ, Benzer S. 1971. Clock mutants of *Drosophila melanogaster*. *Proc.*

Natl. Acad. Sci. U. S. A. 68(9):2112–16

25. Block KI. 2018. The Circadian System and Cancer: It's About Time! *Integr. Cancer Ther.* 17(1):3–4
26. Mohawk JA, Green CB, Takahashi JS. 2012. Central and peripheral circadian clocks in mammals. *Annu. Rev. Neurosci.* 35:445–62
27. Richards J, Gumz ML. 2012. Advances in understanding the peripheral circadian clocks. *FASEB J.* 26(9):3602–13
28. Cha HK, Chung S, Lim HY, Jung JW, Son GH. 2019. Small molecule modulators of the circadian molecular clock with implications for neuropsychiatric diseases. *Front. Mol. Neurosci.* 11:496
29. Huang RC. 2018. The discoveries of molecular mechanisms for the circadian rhythm: The 2017 Nobel Prize in Physiology or Medicine. *Biomed. J.* 41(1):5–8
30. Patke A, Young MW, Axelrod S. 2020. Molecular mechanisms and physiological importance of circadian rhythms. *Nat. Rev. Mol. Cell Biol.* 21(2):67–84
31. Hunt T, Sassone-Corsi P. 2007. Riding Tandem: Circadian Clocks and the Cell Cycle. *Cell.* 129(3):461–64
32. Farshadi E, van der Horst GTJ, Chaves I. 2020. Molecular Links between the Circadian Clock and the Cell Cycle. *J. Mol. Biol.* 432(12):3515–24
33. Feillet C, van der Horst GTJ, Levi F, Rand DA, Delaunay F. 2015. Coupling between the circadian clock and cell cycle oscillators: Implication for healthy cells and malignant growth. *Front. Neurol.* 6(MAY):96

34. Masri S, Cervantes M, Sassone-Corsi P. 2013. The circadian clock and cell cycle: Interconnected biological circuits. *Curr. Opin. Cell Biol.* 25(6):730–34
35. Gréchez-Cassiau A, Rayet B, Guillaumond F, Teboul M, Delaunay F. 2008. The circadian clock component BMAL1 is a critical regulator of p21 WAF1/CIP1 expression and hepatocyte proliferation. *J. Biol. Chem.* 283(8):4535–42
36. Laranjeiro R, Tamai TK, Peyric E, Krusche P, Ott S, Whitmore D. 2013. Cyclin-dependent kinase inhibitor p20 controls circadian cell-cycle timing. *Proc. Natl. Acad. Sci. U. S. A.* 110(17):6835–40
37. Matsuo T, Yamaguchi S, Mitsui S, Emi A, Shimoda F, Okamura H. 2003. Control mechanism of the circadian clock for timing of cell division in vivo. *Science (80-)*. 302(5643):255–59
38. Donaldson KL, Goolsby GL, Wahl AF. 1994. Cytotoxicity of the anticancer agents cisplatin and taxol during cell proliferation and the cell cycle. *Int. J. Cancer.* 57(6):847–55
39. Sorenson CM, Eastman A. 1988. Mechanism of cis-Diamminedichloroplatinum(II)-induced Cytotoxicity: Role of G2 Arrest and DNA Double-Strand Breaks. *Cancer Res.* 48(16):
40. Han JY, Chung YJ, Park SW, Kim JS, Rhyu MG, et al. 1999. The relationship between cisplatin-induced apoptosis and p53, bcl-2 and bax expression in human lung cancer cells. *Korean J. Intern. Med.* 14(1):42–52
41. Sancar A, Ozturk N, Lee JH, Gaddameedhi S. 2009. Loss of cryptochrome reduces

- cancer risk in p53 mutant mice. *Proc. Natl. Acad. Sci. U. S. A.* 106(8):2841–46
42. Wang Q, Ao Y, Yang K, Tang H, Chen D. 2016. Circadian clock gene *Per2* plays an important role in cell proliferation, apoptosis and cell cycle progression in human oral squamous cell carcinoma. *Oncol. Rep.* 35(6):3387–94
 43. Maywood ES, O’Neill J, Wong GKY, Reddy AB, Hastings MH. 2006. Circadian timing in health and disease. *Prog. Brain Res.* 153:253–69
 44. Takahashi JS, Hong HK, Ko CH, McDearmon EL. 2008. The genetics of mammalian circadian order and disorder: Implications for physiology and disease. *Nat. Rev. Genet.* 9(10):764–75
 45. Bechtold DA, Gibbs JE, Loudon ASI. 2010. Circadian dysfunction in disease. *Trends Pharmacol. Sci.* 31(5):191–98
 46. Giacchetti S, Dugué PA, Innominato PF, Bjarnason GA, Focan C, et al. 2012. Sex moderates circadian chemotherapy effects on survival of patients with metastatic colorectal cancer: A meta-analysis. *Ann. Oncol.* 23(12):3110–16
 47. Lévi F, Dugué PA, Innominato P, Karaboué A, Dispersyn G, et al. 2014. Wrist actimetry circadian rhythm as a robust predictor of colorectal cancer patients survival. *Chronobiol. Int.* 31(8):891–900
 48. Sephton SE, Lush E, Dedert EA, Floyd AR, Rebholz WN, et al. 2013. Diurnal cortisol rhythm as a predictor of lung cancer survival. *Brain. Behav. Immun.* 30(SUPPL.):S163–70
 49. Ruan W, Yuan X, Eltzschig HK. 2021. Circadian rhythm as a therapeutic target.

Nat. Rev. Drug Discov., pp. 1–21

50. Sulli G, Manoogian ENC, Taub PR, Panda S. 2018. Training the Circadian Clock, Clocking the Drugs, and Drugging the Clock to Prevent, Manage, and Treat Chronic Diseases. *Trends Pharmacol. Sci.* 39(9):812–27
51. Zadik Y, Arany PR, Fregnani ER, Bossi P, Antunes HS, et al. 2019. Systematic review of photobiomodulation for the management of oral mucositis in cancer patients and clinical practice guidelines. *Support. Care Cancer.* 27(10):3969–83
52. Johnson JA, Garland SN, Carlson LE, Savard J, Simpson JSA, et al. 2018. Bright light therapy improves cancer-related fatigue in cancer survivors: a randomized controlled trial. *J. Cancer Surviv.* 12(2):206–15
53. Neikrug AB, Rissling M, Trofimenko V, Liu L, Natarajan L, et al. 2012. Bright Light Therapy Protects Women from Circadian Rhythm Desynchronization During Chemotherapy for Breast Cancer. *Behav. Sleep Med.* 10(3):202–16
54. National Library of Medicine (U.S.). 2020-2024. *The Effects of Light Therapy to Treat Cancer-related Side Effects.* Identifier: NCT04418856. <https://clinicaltrials.gov/ct2/show/study/NCT04418856#wrapper>
55. Lévi F, Zidani R, Misset JL. 1997. Randomised multicentre trial of chronotherapy with oxaliplatin, fluorouracil, and folinic acid in metastatic colorectal cancer. *Lancet.* 350(9079):681–86
56. Lévi FA, Zidani R, Vannetzel JM, Perpoint B, Focan C, et al. 1994. Chronomodulated versus fixed-infusion - rate delivery of ambulatory chemotherapy

- with oxaliplatin, fluorouracil, and folinic acid (leucovorin) in patients with colorectal cancer metastases: A randomized multi-institutional trial. *J. Natl. Cancer Inst.* 86(21):1608–17
57. National Library of Medicine (U.S.). 2016-2022. *Temozolomide Chronotherapy for High Grade Glioma*. Identifier: NCT02781792. <https://clinicaltrials.gov/ct2/show/NCT02781792>
58. Selfridge JM, Gotoh T, Schiffhauer S, Liu JJ, Stauffer PE, et al. 2016. Chronotherapy: Intuitive, Sound, Founded...But Not Broadly Applied. *Drugs*. 76(16):1507–21
59. Ballesta A, Innominato PF, Dallmann R, Rand DA, Lévi FA. 2017. Systems chronotherapeutics. *Pharmacol. Rev.* 69(2):161–99
60. Chen Z, Yoo SH, Takahashi JS. 2013. Small molecule modifiers of circadian clocks. *Cell. Mol. Life Sci.* 70(16):2985–98
61. Kojetin DJ, Burris TP. 2014. REV-ERB and ROR nuclear receptors as drug targets. *Nat. Rev. Drug Discov.* 13(3):197–216
62. Jang J, Chung S, Choi Y, Lim HY, Son Y, et al. 2018. The cryptochrome inhibitor KS15 enhances E-box-mediated transcription by disrupting the feedback action of a circadian transcription-repressor complex. *Life Sci.* 200:49–55
63. Chun SK, Jang J, Chung S, Yun H, Kim NJ, et al. 2014. Identification and validation of cryptochrome inhibitors that modulate the molecular circadian clock. *ACS Chem. Biol.* 9(3):703–10

64. Chun SK, Chung S, Kim HD, Lee JH, Jang J, et al. 2015. A synthetic cryptochrome inhibitor induces anti-proliferative effects and increases chemosensitivity in human breast cancer cells. *Biochem. Biophys. Res. Commun.* 467(2):441–46
65. Wang Y, Kumar N, Nuhant P, Cameron MD, Istrate MA, et al. 2010. Identification of SR1078, a synthetic agonist for the orphan nuclear receptors ROR α and ROR γ . *ACS Chem. Biol.* 5(11):1029–34
66. Shinozaki A, Misawa K, Ikeda Y, Haraguchi A, Kamagata M, et al. 2017. Potent Effects of Flavonoid Nobiletin on Amplitude, Period, and Phase of the Circadian Clock Rhythm in PER2::LUCIFERASE Mouse Embryonic Fibroblasts. *PLoS One.* 12(2):e0170904
67. Wang Y, Solt LA, Kojetin DJ, Burris TP. 2012. Regulation of p53 Stability and Apoptosis by a ROR Agonist. *PLoS One.* 7(4):e34921
68. Zhu Y, McAvoy S, Kuhn R, Smith DI. 2006. RORA, a large common fragile site gene, is involved in cellular stress response. *Oncogene.* 25(20):2901–8
69. Kojetin D, Wang Y, Kamenecka TM, Burris TP. 2011. Identification of SR8278, a synthetic antagonist of the nuclear heme receptor REV-ERB. *ACS Chem. Biol.* 6(2):131–34
70. Tao L, Yu H, Liang R, Jia R, Wang J, et al. 2019. Rev-erb α inhibits proliferation by reducing glycolytic flux and pentose phosphate pathway in human gastric cancer cells. *Oncogenesis.* 8(10):
71. Wang Y, Kojetin D, Burris TP. 2015. Anti-proliferative actions of a synthetic REV-

- ERB α / β agonist in breast cancer cells. *Biochem. Pharmacol.* 96(4):315–22
72. Cha HK, Chung S, Lim HY, Jung JW, Son GH. 2019. Small molecule modulators of the circadian molecular clock with implications for neuropsychiatric diseases
73. Nagoshi E, Brown SA, Dibner C, Kornmann B, Schibler U. 2005. Circadian gene expression in cultured cells. *Methods Enzymol.* 393:543–57
74. Shinozaki A, Misawa K, Ikeda Y, Haraguchi A, Kamagata M, et al. 2017. Potent effects of flavonoid nobiletin on amplitude, period, and phase of the circadian clock rhythm in PER2::LUCIFERASE mouse embryonic fibroblasts. *PLoS One.* 12(2):1–17
75. He B, Nohara K, Park N, Park YS, Guillory B, et al. 2016. The Small Molecule Nobiletin Targets the Molecular Oscillator to Enhance Circadian Rhythms and Protect against Metabolic Syndrome. *Cell Metab.* 23(4):610–21
76. Kojetin D, Wang Y, Kamenecka TM, Burris TP. 2011. Identification of SR8278, a synthetic antagonist of the nuclear heme receptor REV-ERB. *ACS Chem. Biol.* 6(2):131–34
77. Matsuo T, Yamaguchi S, Mitsui S, Emi A, Shimoda F, Okamura H. 2003. Control mechanism of the circadian clock for timing of cell division in vivo. *Science (80-.).* 302(5643):255–59
78. Zhang W, Zhu J, Bai J, Jiang H, Liu F, et al. 2010. Comparison of the inhibitory effects of three transcriptional variants of CDKN2A in human lung cancer cell line A549. *J. Exp. Clin. Cancer Res.* 29(1):

79. Lehman TA, Modali R, Boukamp P, Stanek J, Bennett WP, et al. 1993. P53 mutations in human immortalized epithelial cell lines. *Carcinogenesis*. 14(5):833–39
80. Balsalobre A, Damiola F, Schibler U. 1998. A serum shock induces circadian gene expression in mammalian tissue culture cells. *Cell*. 93(6):929–37
81. Balsalobre A, Brown SA, Marcacci L, Tronche F, Kellendonk C, et al. 2000. Resetting of circadian time in peripheral tissues by glucocorticoid signaling. *Science* (80-). 289(5488):2344–47