

Video Log Richard Seifried

00:00	Introduction
00:40	Biographical Information
02:00	Before the Military
03:05	Military Draft – Army
04:30	Boot camp
05:25	Drill sergeant from World War II
06:45	Training in Infantry
07:55	Adjusting to military life
09:40	Military Food
10:10	Off time
12:30	Other Duty stations
14:10	Experience in Korea
18:10	Combat in Korea
19:35	Friendships after Korea
21:10	Keeping in touch with people in United States
22:10	Life after War
23:00	Marriage's
25:20	Homecoming
28:10	Adjusting to civilian life
29:05	Veterans Affiliation
30:00	Life After the Military
33:35	After War time
36:40	Life long lessons
37:35	Thoughts about current war
39:10	Message for listener
39:45	Last messages