

## David Labate Video Log

0:00	Introduction
0:30	Biological Information
1:35	Life Before Military
1:50	U.S. Air Force/ Enlisted
2:20	Enlisted before he could be drafted
2:47	Basic Training experience
3:50	MOS/ Air Medic
4:00	Special Training
5:20	Adapting to Military Life
6:00	Duty Stations
7:25	Experience in Vietnam
9:45	Unit Commodore
12:50	Location when the war ended
13:15	Return Home
15:10	Readjusting to Civilian Life
17:30	Veteran Organization
17:50	Life After the Military
19:44	Wartime Experiences effect on life
25:05	Life Lessons from the Military
27:13	Feelings on War and the Military
30:06	Message for Future Generations