

## Arthur Teran Video Log

- 00:00 Introduction
- 00:35 Early Life & Family
- 07:40 Joining the Air Force
- 11:10 First Duty Station
- 16:30 Going Overseas
- 22:25 Communicating with Family
- 24:55 Nakhon Phanom
- 29:55 Making the Most
- 33:50 Returning Home
- 36:40 Children & Family
- 39:20 Serving in the National Guard
- 44:20 Veteran Organizations
- 45:10 Lessons Learned
- 48:25 Message to Future Generations