

Ruth Nischwitz-Ewalt Video Log

- 00:00 Introduction
- 00:45 Early Life & Family
- 05:50 Joining the Air Force
- 08:30 Basic Training
- 12:00 Personnel Training
- 13:15 Making Friends at Grissom AFB
- 16:15 Mildenhall, England
- 20:40 Travelling through Europe
- 23:40 To Washington, D.C.
- 27:10 Training for Air Force One
- 31:25 Working Air Force One
- 35:00 Duties & Tempo aboard Air Force One
- 38:45 Moving Back Home
- 44:15 The Pentagon
- 46:40 September 11th
- 54:50 Post-9/11 Service
- 57:20 Retirement
- 64:50 Lessons Learned
- 66:50 On War
- 69:10 Message to Future Generations